Suggestions recommended when choosing orthodontic treatment

Parents generally want to choose the best professional thodontist. possible for their child's health-care needs. When it comes to choosing someone to apply braces or provide other orthodontic treatment for your child, the following suggestions are recommended:

> "Checklist" To Select An Orthodontist

Ask your family dentist to recommend a qualified or-

- Write to the American Association of Orthodontists for a list of qualified orthodontists located in your area. Members of the AAO have limited their practices to this special area of dentistry and have completed at least two continuous additional years of training at an accredited school before they can call themselves an "orthodontic specialist."
- Talk with friends and neighbors who have had suc-
- Make an initial appointment with an orthodontist(s). You can discuss the nature of the problem and whether or not treatment is needed at this time.
- · Choose an orthodontist with whom you feel comfortable. Your child will be making frequent visits (often every four weeks) during treatment.
- Find out if you have orthodontic insurance coverage through your employer. If you are not covered by insurance, write and ask the American Association of Or-

thodontists for the free brochure, "Orthodontic Insurance: Your Employer Can Help.'

• Discuss the total cost of orthodontic treatment for your child. Payments are usually divided into an initial fee and monthly installments which are made over the period of treatment (with no finance or interest charges).

If you have an specific questions about treatment for your child, or for that matter, for yourself, write to the American Association of Orthodontists, 460 North Lindbergh Boulevard, St. Louis, MO 63141.



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