



Sale Prices
Good Thru
May 19

NATURE'S BOUNTY®
Natural Vitamins

Spring Sale

THE FINEST NATURAL SUPPLEMENTS WITH
NO SUGAR, STARCH OR PRESERVATIVES



NATURAL-ORGANIC B-COMPLEX+ C Time Release Formula 100 TABLETS Mfg. Sugg. Retail \$7.65 SALE PRICE \$4.89	NATURAL-ORGANIC B-100® Super Potent B-Complex Vitamin 50 TABLETS Mfg. Sugg. Retail \$7.70 SALE PRICE \$4.99	NATURAL BETA-CAROTENE 25,000 I.U. Vitamin A 100 CAPSULES Mfg. Sugg. Retail \$5.95 SALE PRICE \$3.89
NATURAL E-400 I.U. d-Alpha Tocopheryl 100 CAPSULES Mfg. Sugg. Retail \$9.95 SALE PRICE \$6.19	Children's Chewable Vitamins with Iron Comparable to Flintstone Plus Iron All Natural Flavor, Color, Sweetener 100 TABLETS Mfg. Sugg. Retail \$3.95 SALE PRICE \$2.59	NATURAL C-500 mg. with Rose Hips 100 TABLETS Mfg. Sugg. Retail \$4.30 SALE PRICE \$2.69
NATURAL BOLOMITE 250 TABLETS Mfg. Sugg. Retail \$3.10 SALE PRICE \$1.89	ALL NATURAL WATER PILL with Potassium 50 TABLETS Mfg. Sugg. Retail \$5.00 SALE PRICE \$3.19	NATURAL ZINC 25 mg. 100 TABLETS Mfg. Sugg. Retail \$2.50 SALE PRICE \$1.49

FREE Natural VITAMIN E-SOAP
for every 2 bottles of Nature's Bounty
Spring Sale Items purchased.



WE'RE FOR SAVING YOU MORE!

FOOD FAIR

WE GLADLY
ACCEPT
FOOD
STAMPS

FRESH "GRADE A" LARGE



EGGS
79¢
PER DOZEN

YOUR TOTAL DISCOUNT FOOD STORES

QUANTITY
RIGHTS
RESERVED

TATERLAN' SHOESTRING
POTATOES

2 \$1
20 oz
PKGS



WE'RE FOR YOU!

SAVE ON HUNT'S
KETCHUP 24 OZ **79¢**
DIXIE CRYSTALS
SUGAR 5 LB BAG **\$1.59**

BANQUET MEAT

PIES
4 \$1
8 OZ.
PKGS.



CHICKEN, TURKEY, BEEF, MACARONI
& CHEESE, SPAGHETTI WITH MEAT

MCKENZIE'S CHOPPED
BROCCOLI 2 10 oz. **\$1**
PET CHOCOLATE, COCONUT, OR LEMON
CREAM PIES 14 oz. PKG. **59¢**

PRICES IN
THIS AD
GOOD THRU
MAY 12

FLAVORFUL RIPE

BANANAS

LB **25¢**

SAVE! SAVE!



NEW WHITE FLORIDA
POTATOES **79¢**
5 LB. BAG JUST
YELLOW CROOKNECK
SQUASH LB. **19¢**

PAGE BATHROOM
TISSUE 4 ROLL PAK **63¢**
PAGE PAPER
TOWELS JUMBO ROLL **43¢**

GWALTNEY'S SLICED

BACON
\$1.49
LB
PKG

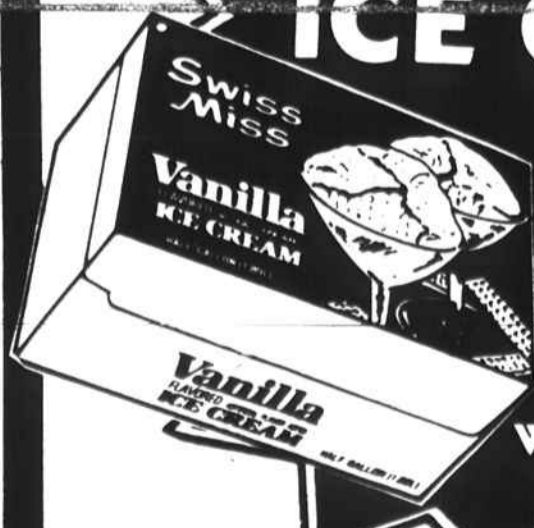


WE'RE FOR YOU!

FRESH LEAN GROUND
CHUCK POUND **\$1.69**
CHOICE BONELESS STEW
BEEF POUND **\$1.59**

ALL FLAVORS SWISS MISS
ICE CREAM

\$1.09
HALF
GAL



WE'RE FOR YOU!

REGULAR OR DIET
COKES 16 oz. 8 BOT. CTN **\$1.69**
TAB, MELLOW YELLOW,
AND REG. OR DIET
COKES 6 12 oz. CANS **\$1.69**

LUCKY LEAF APPLE

SAUCE
3 \$1
16 oz
CANS
FOR



WE'RE FOR YOU!

Reynolds Manor

281 S. Stratford Rd.



Corporation Parkway

CLEANERS LAUNDRETS

Wachovia Bldg.
(Garage Level)

501 E. Third St.



Vineyard Plaza

Oldtown Shopping Ctr.

store your
furs and woolens

in *Camel City*

Cold Storage Vault



Moth Proof ★ Fire Proof ★ Insured

— **REMEMBER** —

YOUR WINTER WARDROBE
COST A LOT OF MONEY —
YOU CAN "INSURE YOUR
INVESTMENT" BY STORING
THEM WITH US DURING HOT
SUMMER MONTHS.

COMPLETE LAUNDRY & DRYCLEANING
PICKUP & DELIVERY SERVICE 722-6196

CALL
TODAY **722-6196**
PICK-UP AND DELIVERY SERVICE

PRICES GOOD ALSO AT THE DISCOUNT HOUSE ON N. PATTERSON AVE.