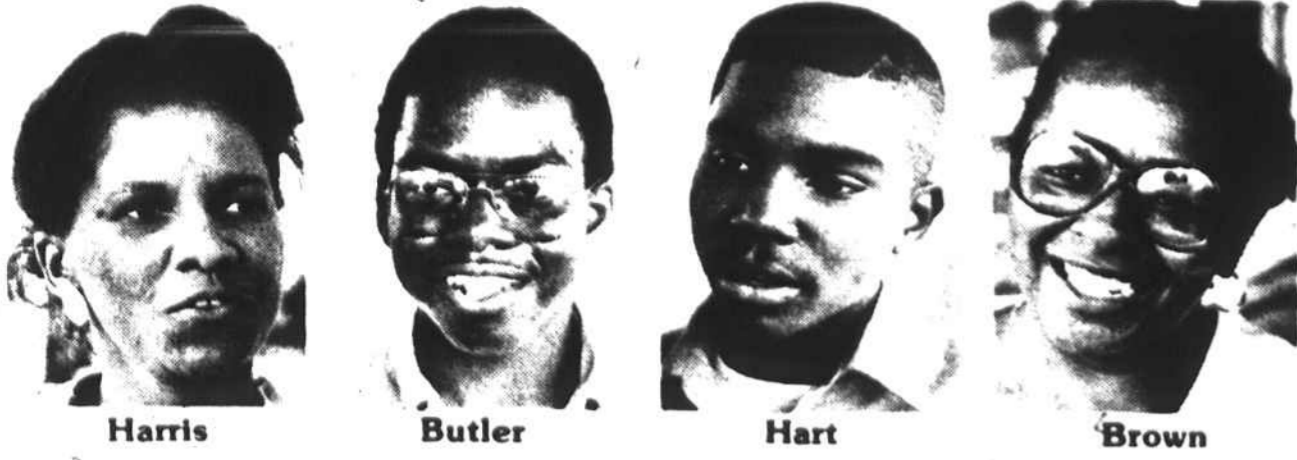


**Chronicle Camera**



Harris

Butler

Hart

Brown

**Opinions on the Soviet boycott**

By AUDREY L. WILLIAMS  
Chronicle Staff Writer

The *Chronicle* polled citizens and asked their opinion of the Soviet-led boycott on the Los Angeles Olympics, which so far has prompted nine of the communist country's allies to pull out.

**Larry Butler, student at Anderson High School:** "I don't think the Olympics will mean as much without Russia because they give us most of our competition."

**Gerald Hart, student at Anderson High:** "The reason the Russians did it is because we did it (four years ago). I think they pulled out just to get back at us."

**Pat Harris, teacher:** "I think it's unfair to the young people. They should be able to show their ability, but that's the way society is. Politics is the real problem."

**Veronica Kirby, unemployed:** "Let them pull out and go on with the Olympics as planned. There's no need for Reagan to worry about it."

**Louis J. Simon, press operator:** "The Soviets are getting back at America for what we did four years ago. It's hurting the athletes bad. They'll be the ones who'll have to suffer."

**Estella Brown, employee at Revco:** "I feel as if the Soviets and the other countries had their reasons for pulling out. It's more than what the public knows. When that many countries pull out of the Olympics, a lot of things are going on under the table that we don't know about, so it's their way of rebelling."

**Dannie Shuler, student at West Forsyth High:** "By doing that, the Olympics might not even be worth watching. It really hurts the young people because they don't have a chance to show what they've got. That's four years of training down the drain."

**Angie Estes, student at Southwest Junior High:** "It will mean less people to compete against. The U.S. will have a better chance of winning, but they're not giving their young people a chance."

**Fred Lash, student at South Park High:** "It's really bad. I think they should stay in the Olympics."

**Laura Patton, employee at Winston-Salem Convalescent Center:** "They're going to pull out one a day until everybody leaves. The Soviets are showing their power by doing this. It's like putting a knife in and turning it around."

**Better Living**

**You can travel on a budget**

By JOANNE FALLS  
Home Economics Ext. Agt.

American families are turning to budget motels, in large numbers, to cut the cost of vacation travel. For many low-income families the downtown-motel and hotel rates are out of reach because these families have only a very limited amount of money to cover their entire vacation.

For families looking for a clean, comfortable place to sleep without the extra frills, the budget motel is a blessing. Budget motels usually rent for \$30 or less per night for two and many offer special family rates covering families with children.



Falls

Usually, budget motels do not have the following: A fancy lobby, fancy bathrooms, fine soft bath towels, fancy soaps, gourmet restaurants, room service, swimming pools, fancy soft chairs, fancy bedroom furniture.

reservations for you in their motels throughout the United States. Be sure to get your reservations confirmed in writing before you leave home.

Katherine Rodeghier prepared the following chart that lists the number of budget motels in the country, their location, and their toll free telephone numbers. This chart was published in *Consumers Digest*:

Major Budget Motels: Best Western, 1,763 U.S., 1-800-528-1234; Budget Host, 130 U.S.; California 6 (Western 6, Western Saver), 54 West; Comfort Inns, 35 U.S., 1-800-228-5150; Days Inn, 322 U.S., 1-800-325-2525, 1-800-241-3400, 1-800-241-7200; Econo Lodge, 172, 1-800-446-6900; Econo-Travel, East, Midwest, South, Northwest, 1-800-466-8134, 1-800-582-5882; Friendship Inns, 500 U.S., 1-800-453-4511; Imperial 400, 73 U.S., 1-800-368-4400, 1-800-572-2200(VA); Magic Key Inns, 300 U.S., 1-800-541-9312, 1-800-342-3053 (NC); Motel 6, 343 U.S.; Red Carpet Inn, 35 East, South, 1-800-251-1962, 1-800-282-8897 (GA); Red Roof Inns, 99 Midwest, East, South, 1-800-848-7878, 1-800-282-7990 (OH); Regal 8, 50 Midwest, Southwest, 1-800-851-8888; Scottish Inns, 70 East, Midwest, South, 1-800-251-1962, 1-800-282-8897 (GA); Super 8, 157 Midwest, West, Northeast, 1-800-843-1991.

**Coping**

**Overcome fear of people**

By CHARLES FAULKNER  
Syndicated Columnist

Have you ever passed a stranger on the street whom you wanted to get to know but were afraid to speak? Perhaps you saw someone at a party, at work or even at the store. Well, why didn't you speak? You were probably afraid of being rejected. You probably were thinking that your feelings would be terribly hurt if you said "hello" to that person but the person did not return the greeting.

This fear troubles most people. So you are not unusual. But, it doesn't have to be as tormenting as you think. The fact that you took the initiative to speak to the other person means that you are a stronger person than the one who refused to return your greeting. Eventually, someone will show you how delighted they are to meet you. There are as many people in this society who want to meet you as there are people whom you want to meet. But they are as afraid of rejection as you might be. If you continue to be assertive, you will eventually be rewarded.

This is the usual unpleasant scenario of the fearful individual: You see someone you would like to meet but because of your fear of rejection you refrain from introducing yourself. After the person has

left, you say to yourself: "Darn, why didn't I just walk up and say 'hello'? If I ever see that person again, I won't miss the opportunity to get acquainted."

The next day, by sheer coincidence, you meet again. You think: "I'm not going to miss this opportunity to say hello." But, darn it, you still cannot find the nerve to break the ice. Another opportunity gone down the drain. You begin to question yourself as a person. You begin to criticize yourself. This situation repeats itself time and time again until one day you get up enough nerve to break the ice and introduce yourself. But the other person gives you a roll of the eyes and walks right pass you without even acknowledging your presence. You are devastated: "Is there something wrong with me? Am I unattractive? Am I inferior? Will I ever have success with people?"

The basic problem in the above example is that the victimized person has transferred the problems of the world to himself. Instead of concluding that the other person may be at fault, the victim concludes that the other person is fine, but "I'm the one who is inadequate." Following are some brief guidelines that you may use to avoid falling into this

Please see page C6

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