



Cool, colorful and refreshing, Mediterranean Macaroni Salad combines spaghetti sauce and fresh vegetables.

Pasta: A timeless and versatile food

Versatility and economy have made pasta a staple in many American households. Even James Beard, a giant in the food industry, says of pasta, "I never get tired of pasta, any more than I get tired of bread."

Like bread and most staples, pasta needs other ingredients, such as a robust spaghetti sauce, to enhance its flavor. Here are a variety of delightful recipes using spaghetti sauce and pasta for excitingly different dishes.

Mediterranean Macaroni Salad is a cold dish using spaghetti sauce mixed with Italian salad dressing. Corn, ripe olives, red onion, cucumber and cooked macaroni are added to the sauce to make a colorful, refreshingly light meal.

For a hearty, meatless entree, try Vegetable Lasagna. Diced eggplant, zucchini and wine, added to spaghetti sauce, create an unusual flavor combination. Layer lasagna noodles with ricotta, mozzarella and Parmesan cheeses, and top with sauce. Makes an economical dish that serves eight.

Primavera Prosciutto Sauce is a fabulously rich change of pace. Green beans, peas and mushrooms are combined with the spaghetti sauce, heavy cream and prosciutto, and served over your favorite pasta. Perfect for an

elegant, fuss-free meal.

MEDITERRANEAN MACARONI SALAD

- 1 jar (15½ ounces) spaghetti sauce (1 ¾ cups)
- ¼ cup bottled Italian dressing
- ¼ teaspoon crushed red pepper
- 2 cups cooked elbow macaroni
- 1 cup sliced cucumbers, cut in half
- ¾ cup cooked fresh corn, cut from the cob (about 2 small ears) or 1 can (about 8 ounces) whole kernel golden corn, drained
- ½ cup chopped red onion
- ¼ cup quartered pitted ripe olives
- Lettuce leaves

1. In medium bowl, mix well spaghetti sauce, Italian dressing and red pepper.
2. Stir in next 5 ingredients. Cover and refrigerate at least 2 hours to blend flavors.
3. To serve: Line large platter with lettuce leaves; spoon salad onto center of platter. Makes 5 cups or 6 servings.

Count On Kroger

For Variety, Quality And Value Everyday!



Serve 'N' Save
Wieners 12-oz. Pkg. **69¢**

Del Monte Catsup 32-oz. Btl. **79¢**

LIMIT 1 PLEASE
 IN OIL OR SPRING WATER
Star-Kist Chunk Light Tuna 6.5-oz. Can **59¢**

LIMIT 2 PLEASE
Ripe, Sweet Southern Peaches 3 lbs. **\$1**

Kroger 0.5% Lowfat Milk
 Gal. Jug
\$1.49



Kroger Sugar 5-lb. Bag **\$1.49**



NON RETURNABLE BOTTLES.
 MTN. DEW, PEPSI FREE
Diet Pepsi or Pepsi Cola
 2-ltr. Btl.
99¢

Phillips Pork 'N' Beans 16-oz. Cans **3 \$1**



ADVERTISED ITEM POLICY
 Each of these advertised items is required to be readily available for sale in each Kroger Store, except as specifically noted in this ad. If we do run out of an advertised item, we will offer you your choice of a comparable item when available, reflecting the same savings or a rain check which will entitle you to purchase the advertised item at the advertised price within 30 days. Only one vendor coupon will be accepted per item purchased.

TOTAL SATISFACTION GUARANTEE
 Everything you buy at Kroger is guaranteed for your total satisfaction regardless of manufacturer. If you are not satisfied, Kroger will replace your item with the same brand or a comparable brand or refund your purchase price.

COPYRIGHT 1984 THE KROGER CO. ITEMS AND PRICES GOOD SUNDAY, JUNE 17, THROUGH SATURDAY, JUNE 23, 1984, IN WINSTON-SALEM

WE RESERVE THE RIGHT TO LIMIT QUANTITIES. NONE SOLD TO DEALERS.

AT PARKWAY FORD
JUNE IS ESCORT MONTH

1984 ESCORT
THE BEST SELLING CAR IN THE WORLD!
\$5995 DELIVERED **\$99⁰⁰ DOWN**
 (ON APPROVED CREDIT)

1984 LTD BROUGHAM
\$9899

#9439 — Equipped with power seats, AM/FM power windows, AIR COND., wire wheel covers, AT power steering, cruise control, power door locks, and much much more.

1984 CROWN VICTORIA
\$12,899

#8923 — Equipment includes cruise control, AIR COND., power door locks, power seats, AT power steering, power windows, AM/FM, & more.

1984 THUNDERBIRD
\$10,899

Fully equipped with AT, PS, cruise control, AIR COND., power windows, power door locks, etc.

1984 TEMPO
\$8281

Std. 4-cyl. engine, PB, electronic ignition, PS 5-speed manual transaxle, AM/FM stereo radio & much, much more.

\$99 WILL BUY (on approved credit) **Over 300 Cars and Trucks in Stock for Immediate Delivery**

PARKWAY FORD
 2104 Peters Creek Parkway NCL 703 724 5921