

Schools announce reduced-price meal policy

The Winston-Salem/Forsyth County school system recently announced its policy for free and reduced-price meals for children served under the National Lunch and School Breakfast Program.

Application forms are being sent to the homes of all students in a letter to parents. Additional copies are available at the office of each school. The information provided on the application is confidential and will be used only to determine eligibility. Applications may be submitted at any time during the year.

A statement of family income size, including household member names, social security numbers of all adults or an indication that a household member does not have one, is required, as is a signed certification by the parent, guardian or other household adult member that the information provided is correct. An application excluding this information will not be approved. Parents may request assistance from a school official in filling out the form.

Under the provisions of the policy, the principal or his designee will review applications and determine eligibility. If a parent is dissatisfied with the decision of the determining official, he or she may wish to discuss it with the official on an informal basis. If a parent wishes to make a formal appeal, he or she may request a hearing either orally or in writing to Dr. Howard Sosne, assistant superintendent, P.O. Box 2513, Winston-Salem, N.C. 27102.

JOSH BILLINGS Sex ...



I don't know how it is with other folks, but with me, the fall of the Roman empire is a grate deal easier tew bear than a fall on the ice.

Hinkle's erases the high cost of going back to school

#5020 70 Sheet Reg. Ruled Comp. Book
Reg. .99 Now .79

#1212 200 Sheet Reg. Rule Filler Paper
Reg. 1.29 Now .99

#7011 100 Sheet Count Typing Paper
Reg. 1.25 Now .99

Hinkle's Pencils
69¢ a doz.

1" Vango and Canvas Ring Binders Now \$2.99

2" Vango and Canvas Ring Binders Now \$3.55

HINKLE'S

Your Partner in Efficiency!
BOOKSTORES • OFFICE PRODUCTS • COPY PRODUCTS
BUSINESS FURNITURE & DESIGN
ELECTRONIC TYPEWRITERS
PARKWAY PLAZA • REYNOLDA MANOR
WINSTON-SALEM
LOCATIONS ONLY
DOWNTOWN • REYNOLDA MANOR • MT. AIRY • GREENSBORO

(919) 727-8030. An outline of the hearing procedure is on file at each school.

The information on the application may be checked by the school or other officials at any time during the school year.



WINSTON-SALEM
FORSYTH COUNTY
SCHOOLS

Families are required to report income increases by more than \$50 per month or \$600 per year or when the household size decreases. Benefits may be applied for at any time during the school year.

If, during the year, a family member becomes unemployed or if the family's size or income changes, the family should contact the school. Such changes may make the children of the family eligible for additional benefits if the family income falls at or below the required level.

In certain cases, foster care children are eligible for program benefits. Parents should inform the school official if they have foster children in the household. In the operation of child

feeding programs, all children are treated the same regardless of ability to pay. No child is discriminated against because of race, sex, religion, color, national origin, age or handicap.

The Rowan Report.



An incisive social and political commentary by the award winning journalist, Carl T. Rowan. Sponsored by Chrysler Corporation and K mart Corporation.

Listen to the Rowan Report, Monday through Friday at (7:55 A.M.) on

WAAA
"98 Triple A"

SUBSCRIBE
TO THE
Winston-Salem Chronicle

SUBSCRIBE NOW
& PAY **\$13⁵²**
ONLY

Fill out & Mail with payment to:
CIRCULATION DEPARTMENT
WINSTON-SALEM CHRONICLE
P.O. BOX 3154
WINSTON-SALEM, NC 27102
722-8624

Enter my one-year subscription to the Winston-Salem Chronicle. Enclosed is my check/money order for the amount of \$13.52. (Add \$1.00 for out-of-town delivery.)

Name _____

Address _____

City _____ State _____ Zip _____

Kraft

Puts new taste in old favorites.



Hot, delicious corn bread is a great all-time family favorite. And when you add the delicate, buttery flavor of PARKAY Margarine from KRAFT, you're adding something great to something good.

COUNTRY CORNMEAL BREAD

1 cup cornmeal
1 cup flour
4 teaspoons baking powder
1/2 teaspoon salt
2 eggs, beaten

1 cup milk
1/2 cup PARKAY Margarine, melted
1/4 cup honey



Combine dry ingredients. Add combined remaining ingredients, mixing just until moistened. Pour into well-greased 8-inch square pan. Bake at 400° 30 minutes.

When you get down to serious barbecuing, nothing tickles your ribs like tangy KRAFT Barbecue Sauce. A secret blend of 16 savory herbs and spices, KRAFT Barbecue Sauce simmers real cookout flavor into all kinds of meat.

LEMON BARBECUED RIBS

1 cup KRAFT Barbecue Sauce
1 tablespoon lemon juice
1 teaspoon grated lemon rind
2 1/2 to 3 lbs. pork backribs or spareribs



Combine barbecue sauce, juice and rind. Place ribs on greased rack of broiler pan. Bake at 350° 30 minutes. Brush ribs with sauce, continue baking 1 hour, turning and brushing with sauce every 15 minutes. 4 servings.

For a truly soulful, soul-warming meal, even better when you make it with smooth, creamy MIRACLE WHIP Salad Dressing from KRAFT. MIRACLE WHIP Salad Dressing adds extra lively, fresh flavor to any family meal.

CARROT COIN COLESLAW

1 qt. shredded cabbage
1/2 cup thin carrot slices
1/4 cup chopped green pepper
1/4 cup radish slices
MIRACLE WHIP Salad Dressing



Combine cabbage, carrot, green pepper, radishes and enough salad dressing to moisten. Mix lightly. Garnish with green pepper rings, if desired. 6 to 8 servings.

KRAFT

Great Food and Great Food Ideas.



© 1984 KRAFT INC.