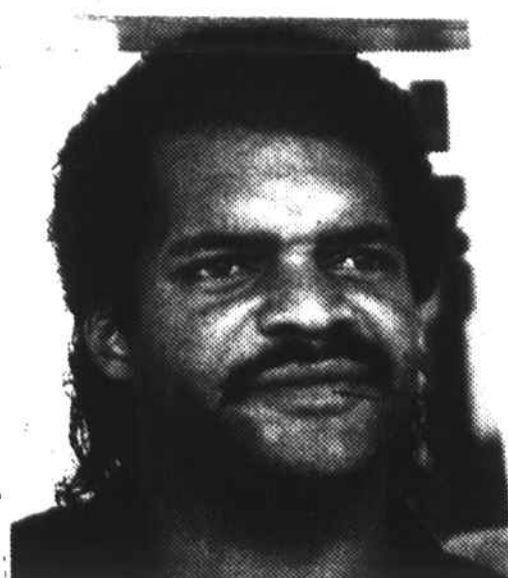




Burns



Mickle



Braddy



Mack

Chronicle Camera

Guilty but insane?

By AUDREY L. WILLIAMS
Chronicle Staff Writer

The *Chronicle* polled residents and asked for their opinions of the "guilty but insane" verdict that can now be handed down in U.S. courts.

Dennis Mickle, maintenance supervisor: "If somebody got sense enough to commit a crime, then I think they should have sense enough to do the time. You're either guilty or you're not. It's all a bunch of crap to me."

Eunice Braddy, unemployed: "If it's a hard enough crime, then the person has got to be crazy anyway. If someone were just to come up and kill a child, they're insane and guilty."

Regina Mack, student at WSSU: "Most people that commit crimes have a reason for it. There should be some type of punishment for people who commit crimes."

Ida Burns, teacher: "It all depends on what the court will do to you when you're insane. If someone has committed a crime, I think they should be punished for it. I don't think they should just let them go."

Dominick Miller, high school student: "It's stupid to even be in court. Whatever you do, it's

wrong, guilty or insane."

Helen Parks, housewife: "You can be guilty and insane. It's logical. Sometimes people do things they wouldn't do if they were in their right minds."

Mary Mitchell, student at WSSU: "A person could be mentally ill at the time of the crime. Who's to determine if they're insane or not? People can pretend to be insane, too, just to get out of things."

Bernadine Shaw, unemployed: "Some people aren't insane, though. If you're guilty, you're just guilty. The verdict doesn't mean you're insane."

Thomas Atkins, salesman: "To me, it really doesn't matter because with the way the court system is today, a person can kill 50 people and be paroled in ten years. Look at Charles Manson, he's definitely crazy and yet he was up for parole."

Marsha Terry, high school student: "The whole insanity thing to me is ridiculous. It's rich people's way of getting their kids out of trouble when they know they're wrong. Guilty, but insane. Guilty by reason of insanity. It's all a hoax."

Better Living

Care for your pillow

By JOANNE FALLS
Home Economics Extension Agent

A comfortable pillow is a treasured and very personal possession. But as pillows age, they lose their resiliency and become matted. Make them last

as long as possible with proper care that includes occasional washing, advises The Soap and Detergent Association.

Pillows are filled with foam rubber, polyester fiberfill, down and/or feathers. For regular care, re-fluff fiberfill, down and feather pillows every morning. The air trapped in the fill adds to sleeping comfort.

Generally, all pillows can be washed whether they are filled with foam, fiberfill, down or feathers. Check manufacturer's care instructions. If machine washing is recommended, use the following procedure: check pillow covers, making sure they are securely stitched. Sew any ripped seams or holes before washing. Partially fill the washer with warm water. Add detergent and agitate to dissolve the

detergent.

Place two pillows opposite each other in the washer to balance the load. Now let washer completely fill with water. Push pillows under water to wet thoroughly. Wash with gentle agitation for four to eight minutes. Stop washer several times to press air from pillows. Do not wash down or feather pillows unless they can be dryer dried.

All pillows can be dried in the dryer, but foam must be dried without heat. Dry foam pillows on the air dry cycle only. For others, use highest temperature setting and dry until pillows are fluffy and free of lumps. Stop dryer occasionally and shake pillows to redistribute the filling.

Down and feather pillows dry very slowly and must be thoroughly dried to prevent mildew. They may take 1 1/2 to 2 hours to dry completely.

Despite good care, pillows eventually become matted. Selecting new pillows is probably one of the most personal purchases a person can make. Preferences vary. Some people like a soft pillow, others prefer support. Any pillow should be purchased to fit individual taste for best possible sleep.

Pillows come in three densities: Please see page B15



Falls

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