

# People

Community Calendar, Close-Up, Social Notes, Community News

## Close-Up

### Council ponders new ways to improve elderly lifestyles

By SUSAN HUNT  
Chronicle Staff Writer

The Forsyth County Council for Older Adults and 11 other agencies which deal with Winston-Salem's senior citizens are considering what can be done to improve life for older people -- and specifically whether a center to coordinate existing senior citizen programs would help.

In a two-day meeting held Oct. 19 and 20 at the Winston-Salem Friends Meeting, the various groups did a little "creative dreaming."

"Not too many people are familiar with the concept of the Shepherd Center," said Edith Bailey, who works with older people through the Winston-Salem Recreation Department.

The Shepherd Center concept is to increase the power and influence of senior citizens within a framework supported by community churches and synagogues. In no way does it attempt to replace already existing programs, but to utilize these services to provide a broader base of constituents.

The center would link older adults together in conceiving, planning, and implementing the services and programs. It also would help some older citizens to survive and others to find meaning in their lives.

A Shepherd Center focuses on people, responding to their needs and helping them to attain or reorganize their life goals. It is action-oriented and its success is measured by its achievements in the lives of older persons.

Currently, there are approximately 57 Shepherd Centers in 25 states around the country. The Shepherd Center operates in 23 major areas of life, based on specific needs. The Shepherd Center con-

cept suggests four levels of work: Life maintenance, which includes those services which help people survive, such as Meals on Wheels, Home Health Services or companion aides; life enrichment, which includes programs in adult education, volunteer service and support groups; life reconstruction, which includes helping older citizens deal with retirement, widowhood, alcohol recovery and mental health; and life celebration, which includes gatherings and events which give meaning and purpose to the lives

*"It is a growing population whose needs must be met."*

-- B. Maves

of older people.

Adults serve as volunteers in the centers and volunteering is seen as an important means to feel needed and to find a purpose for life, helping both the volunteer and the service recipient.

Volunteers at a Shepherd Center listen and respond to the problems and concerns of a neighborhood's older adults.

The keynote speaker at the meeting was Dr. Paul B. Maves, who noted that "life expectancy has increased since 1900. Consequently there are more senior citizens. It is a growing population whose needs must be considered."

The senior citizens attending the meeting decided early in the conference that "they did like the idea of the Shepherd Concept," Mrs. Bailey said. "The senior citizens need a place that they can call their own. Every other segment of the population has



Gatherings like this one at Sunrise Towers help senior citizens find a meaning and purpose for life (photo by James Parker).

one. A Shepherd Center would meet this need. It would not have to necessarily be a building, but a presence of older adults helping older adults."

The closing session held on Saturday was set up to decide which agencies would be responsible for starting such a center.



Members of the Women Together in Unity recently brought cheer to the members of Knollwood Home. The group is an auxiliary of the Together in Unity.

## Social Notes

### Shut-ins given presents

The Women Together in Unity (WTIU), an auxiliary of the Together In Unity (TIU), visited Knollwood Home on Saturday, Oct. 21, and gave love baskets to the shut-in patients.

The baskets for the women contained footies, lotions, mouthwash, deodorants, kleenex, toothpaste and fruit. The baskets for the men contained socks, aftershave cream and lotions, deodorant, lotions, kleenex, mouthwash, toothpaste

and fruit. Magazines were also given to the patients. The WTIU plans to visit other institutions to spread love and gifts to the shut-ins.

James Davenport, president of TIU, accompanied the women on the trip. Those attending were Ms. Francis Robinson, Ms. Barbara Wardlow, Ms. Mary Shields, Ms. Catherine Carpenter, Ms. Genell Hairston, Ms. Thelma Cooper and Ms. Betty Manning.

### Arts center to sponsor piano, ceramics classes

The Delta Arts Center will sponsor the following classes:

- Children's piano classes are currently being held twice a week on Tuesdays and Thursdays from 4:30 p.m. until 5:30 p.m. Children from six to 14 years old are enrolled in the classes. Lynda Townsend is teaching the classes, which will continue until Nov. 20.

- A ceramics class will meet weekly from 6:30 p.m. until 8:30 p.m. beginning Monday, Oct. 29, and continuing until Monday, Dec. 3. Kathleen Hunt will be the instructor.

To register for any of the

classes or programs, call the Delta Arts Center at 722-2625. The programs are free and open to the public.

An exhibition of watercolor paintings by Lois Mailor Jones, an outstanding illustrator, designer, painter and teacher, is now on display in the Delta Arts Center at 1511 E. Third St. The exhibit will continue until Saturday, Oct. 27.

All programs at the Delta Arts Center are funded in part by grants from the Kate B. Reynolds Poor and Needy Trust Fund, the Winston-Salem Foundation and the James G. Hanes Memorial Foundation.

### Garden club holds luncheon

The Flower Niche Garden Club held its luncheon meeting on Saturday, Oct. 20, at the home of Mrs. Gace Lowery of 1851 Fourth St., N.E.

The president, Mrs. Edythe Williams, opened the meeting with the Club Collect. The agenda included committee reports and the outline of the year's activities, which include a plant swap shop, show and tell with Sarah "Sackie" Hamlin, a Christmas dinner party, a pleasure trip in June and a club picnic in July.

Mr. and Mrs. Lowery gave a slide presentation entitled "In-

door and Outdoor Plants" courtesy of the agricultural extension service.

Plants were presented to Mrs. Leola Sadler, a retiree of the local school system, and Ms. Louise Smith, on her election as chairman of the board of trustees at Winston-Salem State University.

Members attending the meeting were Mrs. Carolyn Boyd, Mrs. Gwendolyn Greene, Mrs. Louise McGhee, Mrs. Marian Wooten, Mrs. Bessye Dodson, Mrs. Vivienne Conley, Mrs. Mary Warren, Mrs. Elsie McKoy and Mrs. Bernice Davenport.

### Book Club of Today discusses meaning of faith

The Book Club of Today met on Tuesday evening, Oct. 16, at the home of Mrs. Bronnie Daniels on Tony Drive with Dr. Barbara Phillips presiding. Other hostesses were Dr. Permilla Dunston and Mrs. Ivynell McDaniel.

Following meditations by Mrs. Edna Revels and a short business meeting, Mrs. Emmalene Goodwin, chairman of the worship committee, introduced the panelists who discussed "The Faith We Hold and The Faith We Share." Mrs. Aleise Jessup was

the moderator. Guest speakers were the Rev. Belvin Jessup, pastor of St. Paul United Methodist Church; the Rev. John Mendez, pastor of Emmanuel Baptist Church and associate professor of religion at Shaw University; and Sister Maxine, associate pastor of St. Benedict the Moor Church.

In defining faith, Jessup said it is trust and confidence in the God we serve, believing where we cannot prove. This is true of Protestants, Catholics, Jews and all other religions, he said.

Mendez said a denomination interprets and lives out the faith through its particular persuasion. He then identified the following characteristics of the Baptist faith: personal encounter with God, volunteerism of membership, democratic church government, no priestly class, no ministerial hierarchy, sovereignty of each church and general simplicity which minimizes place and maximizes relationship with God.

Sister Maxine defined faith we hold as that gained through learning how God revealed himself to

and through Old and New Testament characters. The faith we share is what we reveal to our family and friends through our actions and our word, she said.

During the discussion period, there was considerable comment on the electronic church and its controversial influence on society.

Other members attending the meeting were Mrs. Ruth Boone, Mrs. Vivien Bright, Mrs. Modesta Earl, Mrs. Wilma Lassiter, Mrs. Evelyn Sellers, Mrs. Catherine Simmons and Miss Louise Smith.

## COMMUNITY CALENDAR

THURSDAY, OCTOBER 25

- You are invited to attend the Christmas Library Programs entitled "Budget Wise Gifts for the Family" from 10 a.m. until noon at the Forsyth County Agricultural Building.

This step-by-step demonstration will include a variety of useful, unique and simple gifts that anyone would enjoy making and receiving. There will be instruction leaflets available and each person will do a sample during the program to take home as a guideline.

- There will be a Paisley Precinct meeting at 6:30 p.m. at Paisley High School.

- The ACE Department of the Public Library, in cooperation with the Winston-Salem Personnel Association, will sponsor a seminar at 7 p.m. in the auditorium of the main public library. The topic for the seminar tonight will be "The Legal Issues of Being Hired. Job Hunters Have Rights!" The seminar is open and free to the public.

- "A Soldier's Play" by Charles Fuller will be presented at the Reynolds Auditorium at 8 p.m. "A Soldier's Play" is a seasoned vehicle bringing powerful and contemporary new blood to the American Theatre through the talented actors of the Negro Ensemble Company, Inc., of New York. For ticket information call Urban Arts at 722-5293 or 722-0966.

- There will be a hot dog and bean supper in honor of Congressman Steve Neal from 6:30 p.m. until 8 p.m. in the grandstand area of the Dixie Classic Fairgrounds. Tickets may be purchased for \$3 each at the Downtown Family Headquarters on Liberty Street.

FRIDAY, OCTOBER 26

- Friends of Rufus for Governor will hold a reception at the Winston-Salem Sawtooth Center from 6:30 p.m. until 8:30 p.m. Donations are needed and will be accepted at the door.

SATURDAY, OCTOBER 27

- The Winston-Salem Urban League Guild will sponsor a workshop at 10 a.m. in the Senior Citizen Center. The workshop will be led by Ms. Andrais Brandon, who will discuss "charm." Ms. Denise Hill and Ms. Rene Hill will discuss hair and nail care. The workshop is the last in a series presented for the contestants of the Mr-Miss Ebony Fashion Fair Contestants.

SUNDAY, OCTOBER 28

- The local NAACP Youth Chapter will meet at 4 p.m. in the NAACP office located in the Jetway Shopping Center. All youth officers are asked to be present, on time, and to bring a friend to the meeting.

WEDNESDAY, OCTOBER 31

- The United African American Network (UAAN) is sponsoring a Halloween party for all children at 6 p.m. at 1700 N. Liberty St.