Your child: Make the most of these first opportunities

By JOANNE J. FALLS Home Economics Extension Agent

The first few days of school for the preschool child and/or firstgrader can be a crucial time for both the child and the parents.

The child is facing those first years of independence, and this can be quite frightening to the young child. The adult should do whatever is possible not to add to the child's fright.

It's easier to help the child through this new experience by reassuring the child that he will meet new friends, learn new things and have plenty of books and educa-

tional toys that will be a lot of fun.

It will be much easier on the parent and the child to visit the school in advance togethet to meet the teacher and

to become Falls familiar with

the environment. This is the reason school systems sometimes have open houses before school opens.

Parents should not pass up the apportunity to visit the school and the teacher. By visiting the school, the parent's uncertainties will be satisfied as well as the child's.

During a visit to the school, the parents should pay attention to the following:

strong leadership among the teachers and principals.

the safety and orderliness of the surroundings.

positive attitudes of the teacher and whether the teacher shows a high level of interest in all students.

The parents should follow up with the teacher from time to

Spotlight

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that the Eagles had last season was getting the ball in on short gardage situations. It came back to haunt East again last week.

"We've had a problem getting the ball in from 10 yards out," Pearson said. "That's one of the things we need to work on."

Mount Tabor, on the other hand, seemed to be taking care of dusiness - at least in the first week of the season.

Thanks to Cunningham.

Report

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Vernon Dillard - Sophomore guard, -2, 255, Winston-Salem (North Forsyth). he hometown player got the call as a reshman and did a steady job.

Barry Turner -- Senior center, 6-2, 261, statesville (North Iredell). Turner was sustled into action last year because threetime all-CIAA star Danny Moore was inpred. He responded by being named first am all-conference.

Leslie Tanner - Junior guard, 6-3, 225, renton, N.J. (Central). Tanner was a ackup to Tommy Crews last season.

Darren Peebles - Sophomore tackle, 5, 275, Advance (Davie County). geebles was second team all-conference hst season and made the preseason first

Special Teams

Tyrone Smith - Junior place-kicker. §-3, 205, Newark, N.J. (Central). Preseason all-CIAA, Smith is coming off a subpar season (18-of-31 in PATs and 6-of-13 in FG), but he had been sensa-

tional as a freshman. Vincent Jones - Sophomore punter, -9, 170, Laurens, S.C. (District 55). Jones, a left-footer, was third in the con-

ference with a 38.8-yard average.

time to assess the progress of the learn as much as possible. child.

A child learns faster than ever during those earlier years of school. Parents should make a special effort to help the child

Read to the child during those earlier years. Set an example as a parent by reading yourself.

Provide learning experiences for the child. Let the child help

you measure ingredients while you are cooking. Have a yardstick growth chart so that the child can plot his height and see how fast he is growing.

Provide counting experiences

and adding and subtraction experiences for the child. This will reinforce the child's learning and help him to see the realities of what he or she is learning in school.

Provide show-and-tell opportunities which will help the child communicate more effectively.

In these and other ways, make the child's first years the golden opportunity years.

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