

Use these tips to make Halloween special for your child

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Halloween is an event that most young children enjoy. It's an event when children can actually dress up to be the favorite cartoon character or hero that they admire. Children often tell their parents which costume they would like to wear. They usually start talking about the celebration far in advance so the parents will have their favorite costume available when the time arrives.

Many communities are now making efforts to provide wholesome activities for the youngsters so they will not have to go from door to door trick and treating because, this is becoming more dangerous with each passing year.

There are all kinds of inexpensive things that parents can do for interesting treats, costumes and decorations for Halloween.

An ordinary brown paper bag can be made into a decorative treat bag by having the children use construction paper to cut out a large pumpkin or black cat and glue this onto the paper bag. The child might want to simply draw a picture on a paper bag. Then the child can staple handles on the bag. The handles could be made out of an extra bag by cutting a straight rectangular strip. Large paper bags can also be used to make costumes for smaller children. Masks may also be cut out of brown paper bags.

Some of the fabric shops have pre-printed panel costumes for the front and back of costumes such as headpieces and treat bags. You buy the panel, cut out the pieces and follow the instructions in sewing these together. This is a simple process; therefore you do not have to be a skilled seamstress to sew the seams.

There are also makeup kits that can be purchased to make a false face consisting of eyelashes, special coloring cream, lipstick and mascara. You just paint the face in any way desired.

For decorating jack-o'-lanterns you can use scarecrows, stuffed ghosts and other characters made from sheets. You can make spiderwebs from angel hair and colorful mobiles. Try making a black cat by sketching a cat on newspaper for a pattern. When you have satisfied yourself in designing the cat, then

transfer it to fabric.

Cut two pieces alike. Then sew the pieces wrong sides together. Leave an opening and turn the pieces to the right side. Stuff the cat

with cotton, and sew the opening together by slipstitching. Tie a bow around the neck. of the cat. This is a cat that can be used as decoration or as a pillow.

Check with the local churches, neighbors and recreation centers for Halloween events. Check your newspaper and listen to television for other information concerning

very interesting Halloween events.

Remember that you can involve your child in making something special for Halloween. It can be something that the child will enjoy after

the Halloween celebration is over. Creating something with your own hands and on your sewing machine can be a highly rewarding experience for both you and your child.



Falls

EXTRA LOW PRICES!

Food Lion wishes you and your family a safe and Happy Halloween!

USDA Choice Beef

T-BONE/PORTERHOUSE/ BONELESS SIRLOIN STEAKS

Prices in this ad good thru Sunday, November 1, 1987



USDA CHOICE



Please watch for Trick Or Treaters!

\$2.98

Lb.

USDA Choice Beef Bottom

ROUND ROASTS

\$1.98

Lb.

U.S. No. 1 - White

POTATOES

\$1.99

20 Lb. Bag

USDA Choice Beef

LONDON BROIL/ TOP ROUND ROASTS

\$2.58

Lb.

Snow

WHITE CAULIFLOWER

99¢

Head

Golden

RIPE BANANAS

4 Lbs. / \$1

2 Liter

Coca Cola

\$1.19

Cherry Coke, Coke Classic
Diet Coke, Caffeine Free Diet Coke \$1.29

Miller Beer

\$4.99

Pkg. of 12 - 12 Oz. Cans

Gallo Wine

\$3.19

1.5 Liter - Chab. Blanc, Pk. Chab., Red Rose, Rhine, Burg., Vin Rose

Fresh Green Broccoli

79¢

Bunch

EXTRA LOW PRICES ... Everyday

Apple Juice

\$1.19

64 Oz. - White House

Stokely Vegetables

3/99¢

14 Oz. - Cut Or French Style Green Beans/15 Oz. - Whole Kernel Or Cream Style Corn/14.5 Oz. Honey Pod Peas

Corn-On The-Cob

89¢

Green Giant - 6 Ct. Frozen

Food Lion Yogurt

3/\$1

8 Oz. - Assorted

Luck's Beans

3/\$1

15 Oz. - Blackeye Peas Pintos/Great Northern

Frozen Dinners

\$1.59

2 Lb. - Freezer Queen

Merico Biscuits

3/\$1

12 Oz. - Butter Flavor Texas Style

Pet Ritz Cobblers

\$1.89

Frozen
26 Oz. - Strawberry/Cherry/Blackberry/Peach

Mardi Gras Towels

59¢

Large Roll

Dawn Detergent

99¢

22 Oz.

Food Lion Candy

99¢

Bag
Great Halloween Treats!

Nestle Candy Bars

3/89¢

\$100 Grand Bar/Crunch Bar/Raisinets/Goobers/Almond Bar/Milk Chocolate Bar/White Alpine Chocolate/Original Chunky/Oh Henry Bar

4948 Country Club Road
1236 Waughtown Street
638 Peters Creek Parkway

7760 Silas Creek Parkway
at University Parkway
3604 Reynolds Road

3505 N. Patterson Ave.
in
Northside Shopping Center

550 Claremont Avenue
Lewisville-Clemmons
Road - Clemmons

Shallowford Road - Lewisville
100 Bermuda Quay in Bermuda
Quay Center - Advance

703 Jonestown Road
in
Westchester Plaza

Health promotion session for blacks planned in Atlanta

The first national conference on Promoting the Health of Black Americans will be held Nov. 13 to 14 in Atlanta.

More than 400 hundred lay and professional people will review identified health risk factors of black Americans and investigate dozens of positive action programs addressing those risk factors which have been created and implemented at all levels of society.

Twenty-four speakers and presenters will join with representatives of more than 70 cooperating organizations and registrants from a wide range of disciplines to discuss the evolution of health promotion for black Americans.

The conference on Promoting the Health of Black Americans is presented by the National Center for Health Education in New York City. Impetus for conference came from "The Report of the Secretary's Task Force on Black and Minority Health" and "Prevention of Disease, Disability and Death in Blacks and Other Minorities".

Harold M. Davis, M.D., says the conference structure is unique and responsive.

"We wanted a format that would allow dramatic and dynamic input by everyone attending. With a series of seminar sessions and breakout sessions, we have that," Davis says.