

# 1987 COMMUNITY SERVICE AWARD

## Dr. H.R. Malloy: A man who commits his soul and spirit

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### Dr. H. Rembert Malloy's

devotion to the city of Winston-Salem was apparent when in 1944 he turned down an offer to head the department of surgery at the prestigious Meharry Medical College, in Nashville, Tenn., in favor of private practice in Winston-Salem.

"I knew they could find someone else to go to Meharry, but they couldn't find someone with my training to go to Winston-Salem," says Malloy.

And so he returned to the place he had called home since he was 10 years old. He retired Dec. 2, 1980, after 35 years of active practice as a general surgeon, and has devoted his life since to community service.

Born in Hamlet on July 19, 1913, Malloy spent the early years of his childhood in Brunswick, Georgia. He has fond memories of riding the streetcar with his mother to Sunday School at 3 p.m.

Malloy is a religious man and says so proudly. He says that when he was in medical school, no matter what time he came in on Saturday night, he went to church on Sunday morning. He now spends most of his free time working for the church and other philanthropic endeavors. He is superintendent of the Sunday School at United Metropolitan Baptist Church and has been a member of the church's Board of Trustees since



1948. He teaches Bible study at St. Paul Methodist Church and is assistant educational director of Forsyth Co. Baptist Sunday School Union.

He rises at 6 a.m. each day and holds private devotional services for about an hour. Then he usually takes a 4 1/2 mile walk, after which he returns home -- sometimes to ready himself for a speaking engagement, such as the one he has on Friday when he speaks to the Ashley Middle School on the life of Dr. Charles Drew.

Drew, the famous physician, surgeon and medical researcher who founded the American Red Cross blood bank, was a personal friend of Malloy's. They were such close associates that who they knew then soon came to refer to Drew as "Big Red" and to Malloy as "Little Red."

Malloy was a student of Drew's at Howard University, where he received his M.D. degree. He returned to teach at Howard University after an internship at Kaie Biting Reynolds Memorial Hospital.

"Dr. Drew was the type of man who, when he went on vacation, would come to work at 8 a.m. instead of 7 a.m. and would leave at 4 p.m. instead of 5 p.m.," says Malloy.

He remembers Drew as a sort of father figure "who looked after his residents." When Malloy decided against Meharry in favor of Winston-Salem, Drew came to Winston-Salem to look it over and make sure that Malloy was making the right decision.

Malloy's father was also a physician and looked



(Top) Dr. H. R. Malloy poses in his library at home near photos of deceased wife, Elaine, and early childhood photo of son H. R. Malloy Jr. (Below: right) A pensive Malloy sits near window ledge where several Bibles are stacked. Each morning Malloy, who is superintendent of his church Sunday school, holds private devotional services for about an hour. (photos by Angela Wright)

forward to his son's return to the Twin City. The elder Malloy encouraged his son to specialize and thus helped to create the first Afro-American surgeon in the south to limit his practice to surgery.

Establishing a private practice was not difficult for Malloy. Not only was Winston-Salem his hometown, but also he had worked for two summers at the Reynolds Tobacco Co. where he met many of his future patients.

"This community has been great to me," said Malloy. "Not only to me but also to my father. Hardly a day goes by now that some patient doesn't call me for advice."

Malloy, who has been recognized with numerous professional honors and has been an author or co-author of more than a dozen scientific articles, was distinguished in his profession by having performed a rare operation in 1948 on a newly born baby.

The baby, born with its intestines on the outside of its body, had been delivered by Malloy's father two hours and 30 minutes before the surgery. Such cases were said to occur at a rate of one in every 6,000 births and, at the time of Malloy's operation, only 96 such cases were documented in medical records. There was a 50 percent chance the infant would die after the operation. But the operation was a success and Malloy prepared a case history which was published in The Journal of the National Medical Association.

Malloy's scientific publications include: "The Early Diagnosis Of Intestinal Obstruction," "The Use Of Black Silk As A Suture Material In Pelvic Surgery," "Early Rising Following Major Surgery," "The Use Of Vitamin B Complex and Vitamin C In The Post-Operative Patient," "Surgery In Patients Of Advanced Age," "Mediastinal Tumors," and "Multiple Primary Carcinomas."

Some of the works for which Malloy was co-author are: "Aneurysms Of The Hepatic Artery," "Ectopic Pregnancy, A Critical Analysis," and "Operating Room Deaths."

Malloy is not overly impressed with the increasing number of Afro-American college students majoring in the sciences and enrolling in medical schools. He says he believes that too many of the students are going into the medical field and other technical fields primarily to make money.

"You need to go into a field because it is something you enjoy and not to make money," said Malloy. "No matter what you do if you don't like it, you're underpaid."

He said that during his 35-year practice, he possibly sent no more than 10 students to patients. "I felt that they knew they owed me and that if they could pay me they would," he said. "If I could collect what I charged, I'd be well-off."

But there is neither bitterness nor regret in these statements. Malloy says that he is a man whom the Lord has blessed and that he has always had what he needed.

"God had been good enough to let me have a warm house, plenty to eat and I wasn't suffering," he

said. "So, I felt that I should try to show the same compassion for others."

Malloy's compassion for others is evident by the myriad of causes to which he donates his time. He is a member of: the board of directors of the Triad area Alzheimer's Disease and Related Disorders Association, the board of management of the Winston-Lake YMCA, the Domiciliary Home and Community Advisory Committee, the board of directors of the Special Olympics of Forsyth County, the utilization committee of the Silas Creek Manor Convalescent Center (for 23 years), and the utilization committee of the Winston-Salem Convalescent Center. He is also a volunteer worker at the Bethesda Center for the Homeless and was a volunteer worker with the Christmas Clearinghouse this past year. Malloy also is a layworker with the Exchange Club Child Abuse Prevention Center (SCAN -- Stop Child Abuse Now).

In spite of Malloy's multitudinous civic commitments, the 74-year-old widower still finds time for quiet self-amusement. He enjoys swimming and working in his yard, although the mere mention of a garden is enough to draw a vehement reaction. He recalls with great distaste that his father had a garden with 800 heads of collards. Malloy said it was his responsibility to water the collards twice a day -- before and after school -- with a tin cup and a bucket. He now limits his yard activity to cutting the grass and shrubbery and raking leaves. This past fall he gathered 93 bushels of leaves from his yard.

The Malloy family was always an outdoors family. Malloy, his wife Elaine, and their only child, Henry Rembert Malloy, Jr., often went on picnics, even after his wife became ill and was confined to a wheelchair.

Malloy believes it was an aborted picnic that convinced his son, who was then about seven years old, not to follow the family tradition of becoming a doctor.

"As we were leaving for the picnic, I got a call to see about a woman with an ectopic pregnancy," he said. "I believe my son decided right then and there that anything that could prevent him from going on a picnic was not desirable."

His son lives in Chapel Hill. The family tree reads like something from "Ripley's Believe It Or Not." Malloy is an only child, his son is an only child, and his grandson is an only child.

Malloy's father was one of 10 boys; only five of the 10 boys had children and only one of the five had more than one child. He says he is most proud of his

grandson who is a freshman communications major at the University of Tampa, Fla.

He is also proud of some of his personal achievements, such as being appointed to the board of directors of First Union National Bank and being appointed to the faculty of Bowman Gray School of Medicine.

But, he says his crowning achievement is being superintendent of the Sunday School at Union Metropolitan Baptist Church.

"I am very proud of the way classes have progressed," said Malloy.

The Pastor of Union Metropolitan, Rev. J. D. Ballard, says Malloy does a lot of "very positive things" for the church.

"He just contributed a piece of property valued at \$31,000 to the church," said Ballard. He said the church planned to develop a home for the elderly on the property.

"He does a lot of down-to-earth things," he said. "He volunteers every week to help with the homeless persons housed in the church."

Malloy recalled a recent encounter with a homeless man. He said "Bobby" had lived in a shelter for the homeless for three years and had been ill for some time. But when he saw "Bobby" recently, he looked well and Malloy told him so.

"Bobby said 'Yeah, if you trust in the Lord, everything will turn out right,'" said Malloy. "If a man who has been without a home for three years could have such faith, certainly the rest of us can."

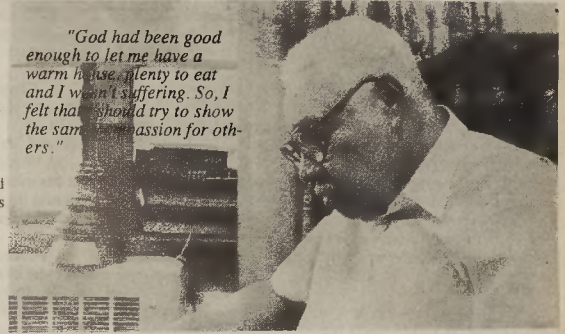
Malloy's childhood friend and long-time associate, Kenneth R. Williams, says Malloy is a "remarkable, very well trained individual."

Williams, a former chancellor of Winston-Salem State University, said that until about a year ago he and Malloy used to walk together every morning. Williams no longer walks for health reasons.

"He has certainly been a great contributor to the city of Winston-Salem and to medicine in the city of Winston-Salem," he said.

"We are good friends and I'm very fond of him as an individual, so I'm not entirely objective," he said.

Williams doesn't need to be objective; Malloy's achievements speak for themselves. He has been profiled in the "Who's Who Among Black Americans," 1977-78; "Men of Achievement," 1981; and North Carolina Lives," 1962. He is a former president of the John Lane Surgical Society and was a member of the editorial staff of the Journal of the National Medical Association. He is a member of the Beta Kappa Chi Honorary Scientific Society, the Twin City Medical



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Society and the National Medical Association.

His list of scientific honors, community honors, hospital appointments and professional society memberships is almost endless. His list of accomplishments now include being the first person to be honored by the Chronicle with a Community Service Award.

Malloy says he is delighted at being chosen to receive the award.

"This is a wonderful thing the Chronicle is doing," he said. "Many people have contributed to the community and it's not that you do it for the 'thanks,' but you like to know that what you're doing is appreciated."

When asked how he wants to be remembered, Malloy replied, "I want people to say I was a nice guy. I want them to remember me as a man who, whenever anyone called on me for help, I did try to help."

## The voices and views of those who made the news in 1987

*"There will be a ripple effect felt throughout the black community. It's truly going to be a loss to the community and the state but one that we obviously will have to adjust to."* Wil Jenkins on RJR's departure from the Twin City.

*"We may never get a black mayor. Blacks have never gotten anything out of the overall city."* Alderman Patrick T. Hairston on the aldermen's decision to consider the annexation of predominately white areas.

*"Even though we don't have the most positive opinion of him at this time, we want to work with him to make him the best chief."* NAACP President Walter Marshall commenting on the selection of George L. Sweat as the city's new police chief.

*"If you are black, you may not like me, and I may not particularly care for you, but we'd better get one thing straight: We're all we've got."* Syndicated columnist Tony Brown on black plight.

*"Part of the white mentality is to idolize blacks. ...Having been in jail for an interracial thing I have the freedom now to say those things which I would not have otherwise. That means I respect blacks enough to feel that they are strong enough for me to speak truthfully."* White civil rights

activist Igal Rodenko.

*"They cannot say now that the black is subhuman. He may be obnoxious, he may be pushy, he may be other things, but the civil rights movement established in white eyes that blacks have a certain human dignity that they did not think that they had before."* Igal Rodenko.

*"The real immoral act is that he (Bakker) has ripped off poor folks who were given to believe they were donating to a good cause."* The Rev. John Mendez on Jim Bakker and the PTL scandal.

*"I get on my knees every morning and ask God to keep me sober for that day. ...And I thank him at night for doing it."* Clyde Cutler on his recovery from alcoholism.

*"I guess I have rubbed people the wrong way politically. And I will probably continue to rub people the wrong way."* Former County Commissioner Mazie Woodruff following the rejection of her application for a seat on the county's social services board.

*"Suicide is not a desire to die -- it's a desire not to live, and that's a very big difference."* Psychologist Deborea Winfrey speaking on "Black

Male/Female Relationships."

*"Ours is a voice crying in the wilderness. And we are crying."* Thelma Small, owner of TES, speaking on the transit center debate.

*"All of us (Afro-Americans) are leaders or have the potential to become leaders. It's just a matter of putting that potential into action."* Southeast Ward Alderman Larry Womble speaking on the state of Afro-Americans in Winston-Salem.

*"Many of our people do not know, nor do they want to know, about Africa ...Mother Africa is so strong that when she puts her stamp on you, 400 years of cold weather and frying your hair will not change!"* Activist Stokely Carmichael during a speech at WSSU.

*"Society has a way of shaping what a child does. I'm black, so I should play basketball."* Dancer Mel Tomlinson on the career he didn't choose.

*"This dress is new, this hairstyle is new. But a dress is just a dress, and a hairstyle science don't judge me by the outside."* Jean Burkins speaking to a student lawyers group during her return to Winston-Salem.