## Summer camp: Preparation is key to pleasant stay

By JOANNE J. FALLS Agricultural Extension Agent

Getting a youngster ready for camp requires some careful planning and shopping. Clothing and other gear should be practical, easy-care items that the camper will really use. Camp is no



place for excess baggage!

First-time campers may be understandably nervous. A trial run at a close friend's or relative's



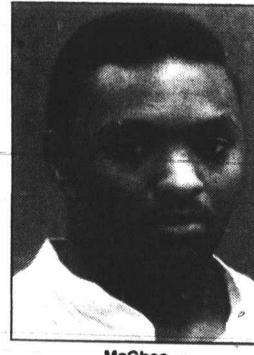
## Lone elected division head

Naomia S. Lone was elected and installed as the American Legion Auxiliary Department of North Carolina Division IV president at the organization's recent convention, held June 15 to 18 at in Raleigh.

She is a member of Ralph R. Morgan Ladies Auxiliary of The American Legion Post 220. She is presently serving as unit vice president and membership chairperson.

She has been her unit's president and served on different department committees.

She will be installed as unit president in July. Her activities for division will include five districts, 16-20, recruiting membership and promoting activities of the American Legion.



**McGhee** 

## McGhee named to 'Who's Who'

Willie F. McGhee Jr. has been nominated for inclusion in "Who's Who Among American High School Students."

The publication is the largest in the nation which recognizes students who have demonstrated outstanding leadership qualities in academics, athletics, school activities or community service.

Only 5 percent of the nation's high school students are honored in "Who's Who" each year.

Mr. McGhee is a rising junior at Carver High School and is a sergeant in the ROTC program.

He also is a member of the Varisty Club, the Weightlifting Club and received honorable mention for offensive tackle for his accomplishments in football from the North Carolina Athletic Association.

Mr. McGhee is a member of Greater United Progressive Baptist Church.

He is the son of Willie McGhee Sr.

stress. Some footlocker living at home might help, too. It gives parents a chance to discuss with the child where things will be kept, how often to change clothes, where to put dirty items and what

may help reduce some of the to do with wet garments and towels. Mildew can be a problem if wet items are not allowed to dry completely. And, whether novice or experienced, all campers will feel more secure about going away if they are involved in planning and packing.

Before shopping for clothes. check with the camp to see if there is a dress code. Most camps also provide a checklist of items that the child needs to bring. Since mom and the washing

machine are not close at hand, a two-week stay at camp usually requires a two-week supply of clothes, plus a few extras. Check with the camp to find out their policy on laundering -- how often clothes are laundered will affect

the quantity needed.

A serviceable camp wardrobe should include an assortment of shorts, jeans or long cotton pants, T-shirts, sweatshirts, socks and underwear.



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