

# Jazz and the people who made it great - in two parts

Divided into two parts, *Jazz People* (Dan Morgenstern, Harry N. Abrams Inc., 1976) covers jazz music and the people who made that music great. Even though jazz has diversified since the publication of this book, the basis for its contemporary style is still reflected in this work. In the introduction, Dizzy Gillespie compares the jazz styles of successive generations to religion:

"It is one, like religion is one. If the word of God through Abraham is the same word of God through Moses and through Jesus

and through Buddha and through Mohammed and through Bob and the Baha'u'llah, if the same holy

Where It Is, Where It's Going," we learn that no one really knows where jazz started. We do know it is

attributed to New Orleans, partly because jazz great Louis Armstrong was born there. But also New Orleans offered a favorable atmosphere where French, Spanish, Caribbean, Celtic, Anglo-Saxon and German cultures merged with African traditions of emancipated blacks and Creoles.

The city seemed to cater to music - as part of funeral processions, parades, picnics, all important social functions. (It was also linked to prostitution.) It has been said that the city has perfect acoustics. With water all around and

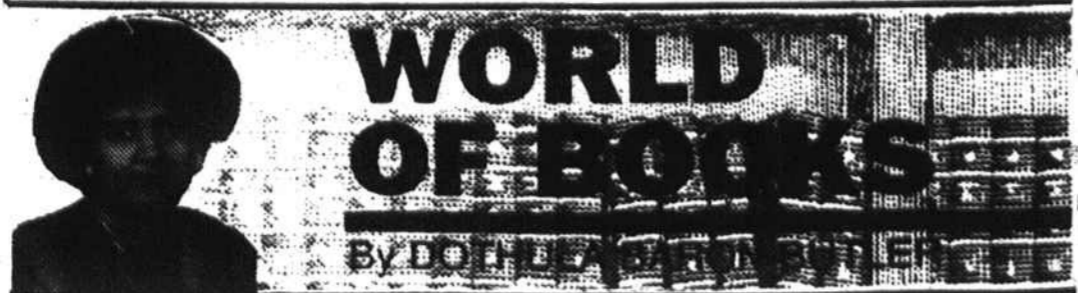
under the city, sound carries faster and farther. So jazz was born.

*Jazz People* covers all major jazz musicians up through the early 1970s. Credits are given to Jelly Roll Morton (born Ferdinand la Menthe), King Oliver, Fletcher Henderson, Sidney Bechet, Fats Waller, Earl Hines, Bix Beiderbecke, Bessie Smith, Duke Ellington, Billie Holiday, Count Basie, Eubie Blake, Charlie Parker, Benny Goodman, Lionel Hampton, Dave Brubeck, Oscar Peterson, Ma Rainey and the list goes on endlessly.

*Jazz People* might be described as an over-sized picture book. In addition to the valuable text, the book has multitudes of photographs. For those who thought that Billie Holiday looked like Diana Ross, *Jazz People* has the true picture.

One can tell that a lot of extensive research and preparation took place before the writing of this book.

It includes a three-page recommended reading list (which might prove invaluable to avid jazz fans) and an extensive index.



spirit is in all of them, then it is one word."

In the first part, "Where Jazz Came From, Where It's Been,

a fusion of African and European influences, but we also don't know where the word "jazz" came from. Often the origin of jazz is

## Two-paycheck families are today's reality

By JoANNE J. FALLS  
Home Economic Extension Agent

The two pay check family is a reality today due to many factors.

If your family is a two-paycheck family, you are not alone. The high cost of living, plus a desire by many women to work outside the home, have contributed to the change from sole breadwinner to two-paycheck family.



Falls

The idealized family in the form of the traditional breadwinning husband, bread-baking wife, and two children still persists. In reality, though, both spouses work outside the home. Two-paycheck families are part of American life now.

One or both of the spouses may be very involved in his/her career. Or one or both may simply be working in order to bring home the money it takes to live.

Whether or not you and your spouse are heavily committed to a career, two-paycheck families are different from single breadwinner families. Let's take a look at these differences.

- Two-paycheck families are apt to have fewer, if any, children.
- They struggle to manage responsibilities at work and at home.
- They confront new and often confusing and conflicting roles and problems.
- They are the greatest users of credit cards.
- The dual-earner families also have more money to spend, and they spend it on houses, cars, appliances, and fast food.
- Not only do they have more money - but they also have more expenses.
- Two-paycheck families are likely to be heavily

in debt, financially overextended.

• Two-paycheck families often report unsatisfactory childcare arrangements, work overload, and problems balancing work responsibilities and household tasks. These families are busy. They often feel they lack the time and energy needed to get everything done.

Often the two-paycheck family dreads coming home to another job, after dealing with clients, customers, paperwork, and machinery. However, family life and home routines need attention.

It takes time to work out differences. It takes time to simply be together in a marriage. The use of time is crucial in the two-paycheck marriage.

Unless a couple wants to leave their relationship to chance, they must consciously and continuously decide how much quality time they will spend together. They need to answer the following questions:

- What is our marriage worth to us?
- Should we spend time together that may be at the expense of our careers?

Two-paycheck couples need time together for relaxation, fun, and play.

The couple with children should occasionally take time to get away from the family setting, as well as away from work. But valuable time together doesn't necessarily mean an expensive vacation. Weekends can be used for picnics with children, family camping or fishing, bicycle riding, or pursuing hobbies. Just use these times for fun and play, not the dead-serious pursuit of something that results in a weekend of tense work.

Managing time and setting priorities will help you give the best to your job, your family, and yourself. Deciding how to use your time means deciding what is important to you and your family. To make the most of your limited time:

- Set goals. Prioritize those things that have to get done each day, each week, and

each month. Plan fixed activities that can only be done at specific hours, such as banking, accepting deliveries, and handling home maintenance and repairs.

• Plan work according to your energy levels. Arrange tasks to take advantage of highs and lows. Do what you dislike during the highs.

• Recognize your strengths as well as your weaknesses. Be flexible and don't overplan. Allow time for interruptions.

• Take a team approach to household tasks. Divide the work among family members. Agree on assignments and shared responsibilities. Hiring housekeeping services may be an option.

• Don't try to be a "superperson" devoting time to a job or career while insisting on running a perfect household. Relax your housekeeping standards and enjoy your family time.

Two-paycheck couples need to polish their communications skills. They also need to discuss possible conflicts related to power, leadership, and intimacy. Every two-paycheck couple must develop their own way of dealing with their complex lives.

A wife who gets verbal support for her job but is expected to carry on all the traditional work as a wife and mother may feel stress and resentment. At the same time, the husband may feel threatened because his wife appears to like working more than homemaking.

Each partner needs the support of the other. To maintain harmony with shifting responsibilities for childcare, cooking, cleaning, entertaining, and sexual experience is a difficult challenge. Heavy scheduling, tension, and fatigue add to resentment.

Kind words will make each person feel loved and appreciated, but he or she needs more than words. Each person needs actions that make him or her feel loved and appreciated.

## Anthony Ragland awarded 'Sigma Man of the Year'

The Delta Sigma Chapter of Phi Beta Sigma Fraternity, Inc. recently honored Anthony R. Ragland as "Sigma Man of the Year" at its Founder's Day Observance held on Jan.



Anthony R. Ragland

Founder's Day Observance gives us a chance to reflect on our past and to reinforce our commitment to serve. Of course, it's always nice to get together with the brothers of Phi Beta Sigma and our Amicae," said Marilyn Roseboro, first anti-basileus of the Nu Tau Zeta Chapter of Zeta Phi Beta.

The members began the celebration on Sunday morning by attending worship service at United Metropolitan Baptist Church, where the Rev. J. D. Ballard is pastor. The Delta Alpha Chapter and the Sigma Beta Club of Phi Beta Sigma and the Nu Tau Zeta, Omega and Rho Zeta Chapters of Zeta Phi Beta attended the services. Also on hand was the Nu Tau Zeta Amicae of Zeta Phi Beta Sorority. A \$100 presentation was made to the church on behalf of the Delta Sigma Chapter.

Immediately after the morning service, the "Men of Sigma" held a reception, followed by the Founder's Program at the Holiday Inn-North for their families, sorority sisters, and special guests. Butcharoni Jackson, president of the Delta Sigma Chapter, presided.

The invocation was given by the Rev. Henry Lewis of the local chapter. Greetings were given by Willie Booker, Delta Sigma Chapter, and Juanita Penn, Nu Tau Zeta Chapter. Mary Reynolds, a Kernersville Zeta, and Reginald McCaskill, a local Sigma, captured the audience and held them spell-bound with their musical selections.

The history/purpose of Zeta Phi Beta was presented by Emily Harper, basileus of the Rho Zeta Chapter.

The history/purpose of the fraternity was given by Keith Strickland Smith, the state director of Phi Beta Sigma. In his delivery, he encouraged all members to continue to create an environment that respects the dignity and worth of each brother.

"The Delta Alpha and Delta Sigma Chapters are two of the most proactive organizations in the state of North Carolina. They are constantly standing on the front line when it

20. This annual event is sponsored to commemorate the high ideals of brotherhood, scholarship and service that this organization was created upon. Phi Beta Sigma was founded Jan. 9, 1914 at Howard University by A. Langston Taylor, Charles I. Brown and Leonard F. Morse. These three founders initiated a movement which would reflect the productive principles of fraternal life based on "Culture for Service and Service for Humanity," which became the motto of the organization.

In conjunction with Phi Beta Sigma, Zeta Phi Beta, the sister sorority of this fraternity, celebrated its Founder's Day Observance. Zeta Phi Beta was founded at Howard University on Jan. 16, 1920 by Phi Beta Sigma.

"I was most impressed with the unity and spirit that permeated throughout the day's activities," said Reginald McCaskill, chairman of the Founder's Day committee. He added, "This program gave us an opportunity to share in the 'celebration' with Zeta Phi Beta."

"Our founders have given us a tremendous legacy, and the annual

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