

**WORD GAME**

The following words are hidden in this puzzle. How many can you find and circle?:

- |                   |               |
|-------------------|---------------|
| Carter G. Woodson | Civil War     |
| Thurgood          | Alex Haley    |
| W.E.B. Du Bois    | Kunta Kinte   |
| Washington        | slave         |
| Harriet Tubman    | James Baldwin |
| Sojourner Truth   | NAACP         |
| Emancipation      | Lincoln       |
| Marshall          |               |

(Answers on page 16)

C	A	R	T	E	R	G	W	O	O	D	S	O	N	E
I	A	A	H	N	S	N	V	I	O	W	X	A	K	M
V	I	R	U	L	P	H	A	B	E	E	M	L	U	A
I	K	P	R	B	S	A	R	R	I	B	R	E	N	N
L	C	I	G	I	L	R	I	G	U	D	W	X	T	C
W	L	B	O	R	N	I	C	T	I	U	A	H	A	I
A	E	R	O	B	B	L	T	L	L	B	S	A	K	P
R	A	O	D	O	L	E	U	L	E	O	H	L	I	A
N	A	A	C	P	I	I	A	T	Q	I	I	E	N	T
L	I	A	U	R	E	H	N	E	H	S	N	Y	T	I
L	A	P	R	O	S	E	V	C	E	E	G	D	E	O
B	H	A	T	R	D	A	G	L	O	A	T	A	S	N
C	H	R	A	T	L	A	S	C	O	L	O	K	I	N
J	A	M	E	S	B	A	L	D	W	I	N	X	I	A
S	O	J	O	U	R	N	E	R	T	R	U	T	H	E

# HISTORY



**Thutmose III  
Pharaoh of Egypt  
(1504-1450 B.C.)**

Thutmose III was a member of one of the greatest families in the history of African royalty. A family which laid the basis for the 18th Dynasty of ancient Egypt. But it was his family which also was the source of his greatest frustration.

Thutmose always believed that he should have come to power before his sister, Hatshepsut, and was angry over this for most of his life. Ironically, though, it was the assignments she gave him which not only helped in his rise to power, but also helped him learn and understand the responsibilities of his royal position.

He eventually overcame his anger to become one of the most important Pharaohs in Egyptian history. A man who will be remembered as a great warrior who strengthened the sovereignty of Egypt and extended its influence into Western Asia.



**Tenkamenin  
King of Ghana  
(1037-1075 B.C.)**

The country of Ghana reached the height of its greatness during the reign of Tenkamenin. Through his careful management of the gold trade across the Sahara desert into West Africa, Tenkamenin's empire flourished.

But his greatest strength was not in economics, but in government.

Each day Tenkamenin would ride out on horseback and listen to the problems and concerns of his people. He insisted that no one be denied an audience and that they be allowed to remain in his presence until satisfied that justice had been done.

His principles of democratic monarchy and religious tolerance made Tenkamenin's reign one of the great models of African rule.



**Mansa Kankan Musa  
King of Mali  
(1306-1332)**

A flamboyant leader and world figure, Mansa Musa distinguished himself as a man who did everything on a grand scale. An accomplished businessman, he managed vast resources to benefit his entire kingdom. He was also a scholar, and imported noteworthy artists to heighten the cultural awareness of his people.

In 1324 he led his people on the Hadj, a holy pilgrimage from Timbuktu to Mecca. His caravan consisted of 72,000 people whom he led safely across the Sahara Desert and back, a total distance of 6,496 miles. So spectacular was this event, that Mansa Musa gained the respect of scholars and traders throughout Europe, and won international prestige for Mali as one of the world's largest and wealthiest empires.

## Have A Long Life! Have A Good Life! Stay Active

African-Americans are more likely to have their activities limited, have the quality of life reduced or die early due to conditions such as:

**Arthritis**

**High Blood Pressure**

**Stroke**

**Heart Disease**

**Osteoporosis**

Bowman Gray School of Medicine of Wake Forest University is exploring the reasons and seeking effective treatments. If you are of African descent and would like to find out how you can help, call 777-3945 and leave your name and how you can be reached.

