

Kids' Sports Thoughts



"Watch it big boy, that's my dad you are talking about on the court."

Michael Grace Jr., son of Phyllis & Michael Sr. Grace

Metro Conference Track Meet Held

Last Thursday's Metro 4-A Conference Track Meet was held at Wake Forest University with Williams High School taking first place in the boys' division with total team points scoring 178.5.

Other school scores for the boys were as follows: North Forsyth-124; Smith-113.5; East Forsyth-89.5; Carver-85.5; Glenn-31.5; Page-30.5; and South Stokes-17.

In the Pole Vault, Stith, from North Forsyth took first place with 10' 6".

Monroe captured first place in the Discus, throwing 128.3 feet for East Forsyth; Good, also from East took second and Shuford captured third for North Forsyth.

In the 800 Relay North Forsyth took third place with Glenn taking fourth.

Yates captured second place for Parkland in the Shot Put with Good placing third for East.

In the Triple Jump Wilson took first place for North Forsyth with a distance of 43.10 feet. Van Hooks placed second and Lunsford third for West Forsyth.

M. Scales of East finished first in the 100m Dash for East with a time of 10.98 seconds. Covington took second for West and Patterson finished third for Carver.

In the 1,600m Run Pluchos from East took first place finishing in a time of 4.28 seconds. Pearson from North took second.

Covington from West took first

place in the 400m Dash with a time of 50.7 seconds; Liles from North Forsyth placed second.

McDonald took first place in the 110 Hurdles for West with a time of 15.43 seconds and third place was taken by Falter from Carver.

In the 300 Hurdles Banner from Carver finished first in a time of 42.3 seconds and McDonald placed second for West.

Pluchos placed first in the 800 Run for East with a time of 2:01.7. M. Scales took first in the 200 Run for East in 22.57 seconds; Paterson took second for Carver; and Summey placed third from North Forsyth.

In the 3,200 Run, Mabe placed first for North with a time of 10:08.5; also from North Pearson took second place.

North Forsyth placed second in the 800 Relay and Glenn took third place.

In the 400 Relay Carver: Paterson, Manns, Banner and Chaplin took first place with a time of 44.1 seconds.

Chris Pluchos from East Forsyth was named outstanding runner at the meet; while Pazoza Vahock and Jason Lunsford of West Forsyth was named MVP Field.

In the girls events North Forsyth finished first with a total score of 158, Carver took fourth place; East finished fifth and Glenn seventh.

In the Long Jump Sellers took first place for North with a distant of 17' 2". Wilson took Second and Hayes third for Carver.

M. Clayton finished first in the Shot Put for East throwing 36' 4", and McGriff took second for North.

Clayton finished in first place in the Discus for East throwing 120' 1", and McGriff took second place for North.

In the Triple Jump Wilson took first place for Carver with a distance of 35' 10", and Hayes also from Carver took second.

In the 100 Dash D. Poole finished first for North with a time of 12.28 seconds, M. Poole took second and Orange third, also of North.

Wilson took first place in the 100 Hurdles for Carver with a time of 16.48 seconds, and Davis finished third for Glenn.

In the 1,600 Run McRae finished first for West with a time of 2:19.6, and Strange took second place for North.

D. Poole captured first place in the 200 Dash for North with a time of 25.6 seconds and M. Poole, also from North took second.

In the 800 Relay North Forsyth: M. Poole, Sellers, Orange, and D. Poole took first place with a time of 1:43.8.

North Forsyth: M. Poole, Vaughns, Orange, and D. Poole placed first in the 400 Relay with a time of 50.33 seconds.

Other players in that division were: Charlie Mickey-78; Laurence Chambers-80; Jon Woody-81; Steven Cheek-82; Ross McCullough-82; Greg Gerald-83; Casey Kepley-84; Jeff Gibel-85; Chad Andersen-86; Chris Mundorf-88; Aaron McDaniel-102; Anthony Widner-106; Tres Vance-123; and Bobby Gwyn-no card.

With a score of 76, Tyler Shamburg took first place in the 17-19-year-old division, and Jason Carver was runner-up scoring 76.

Jimmy Pemberton scored 77; Jonathan Inman-80; Jason Joyce-83; Joshua Dombrosky-87; and Aaron Cranford-114.

Winston Lake Juniors Golf Tournery Held

The Juniors Golf Tournament was held at Winston Lake Golf Course last Friday with J. J. Morgan the overall winner scoring 72.

East Forsyth High School were the team winners including: J. J. Morgan-72; Ryan Hanson-75; and Jason Wright-82.

Playing in the 8-12 year-old division Anthony Hiatt took the winners bracket with 42 points and Heather Angell was runner-up scoring 43.

Other golfers scored: Kevin Crews-47; William Chambers-51; Ashley Lindsay-51; Joshua Brown-55; Phillip Scales-57; Bradley Stoltz-58; Christopher Westberry-71; Adrian Flemming-72; and Darius Sturdivant-78.

In the 13-14 year-old division the winner was Sean Boyd scoring 79 and Scott Allen with 82 was runner-up.

Also scoring was: Jonathan Harding-82; Jason Wright-82; David Cutler-87; Nathan Sowers-89; William Smoak-91; Jarrett Joyce-92; Bobby Everhart-93; Patrick Maxey-94; Ben Day-98; Brian Thompson-105; Bradley Merritt-107; Ricky Lyons-110; Matt Ingram-114; Walter Burney-118; Phillip Jeffries-122; Aaron Liven-good-127; and Michael Galloway-130.

Ryan Hanson took first place in the 15-16 year-old division with a score of 74 and Chris Presnell was runner-up scoring 76.

Gaines Spring Classic Scheduled

It's Spring again!!! And that means it's time to get ready for the 4th Annual Winston-Salem State University "Bighouse" Gaines Spring Classic.

This year's Spring Classic will be held on May 22, with the tennis portion played on the clay courts at Hanes Park. It will be a mixed doubles competition and each member of the winning team will receive a weekend getaway at a tennis resort

facility. Additional prizes will include large tennis bags and other items.

The fun will begin at 9:30 a.m. A luncheon and awards ceremony will follow the tournament at the Winston Lake Golf Course Clubhouse.

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