919-760-0849

Roseboro Achieves College Degree by Running

By DEBY JO FERGUSON Chronicle Sports Writer

Danita Roseboro, according to Tri-City Relay Track Club Coach Lem Johnson, is a perfect example of an athlete taking full advantage of an opportunity to achieve a college degree by running for four years.

Roseboro achieved a bachelor of science in marketing from East Carolina University. She earned a track and field scholarship after running for seven years with Tri-City Relay.

"I began my first year running with the Roadrunners, and the next year I ran with both," Roseboro said. "It was a hard decision which (team) to go with. My Roadrunners coach was also my coach in high school. Both teams helped me very much."

"It was always exciting getting to the nationals," she said, "because you got to meet a lot more people and a lot of connections. I was offered a scholarship with several different colleges, but I decided to go to East Carolina because it was closer to home. I wanted to be independent but not too far from home."

During college, Roseboro lettered for four years and was named Most Valuable Player for three. She said the hardest thing about being a student athlete is to keep your focus on not only your sports but also your

At East Carolina, Roseboro

broke several records including the 200-meter run and conference 200meter run. She was conference champion last year in the 100- and 200-meter run, and this year she tied for first in the 100-meter run and won first place in the 200-meter run.

Roseboro was also noted as one of the top female athletes competing in the CCA championship meet in the 100-meter dash, with a time of 11.7 seconds and placing second. Then she came back and demolished the field in the 200-meter dash with 23.8 seconds, which smashed her own conference record of 24.6.

Roseboro is presently working part-time at Hanes Mall but is considering going back to school to earn her master's degree.

their skills and improved their over-

the program has been in operation.

This was the second year that

There were nearly 72 high



Danita Roseboro

"It's a training ground for the

upcoming year, and hopefully it will

be an annual event," West said.

GOLF SALE!!!! GOLF SALE!!!! 50% OFF GOLF AT REYNOLDS PARK GOLF COURSE

The GOLF just keeps getting BETTER and BETTER at REYNOLDS PARK, the Triad's BEST GOLF VALUE!! Play 18 holes at the posted green fee on weekdays and receive a coupon worth 50% OFF on your next round. And if you like to ride when you play, you will receive 50% OFF your cart fee on your

next round. Either way, you'll get MORE GOLF for LESS GREEN at one of the Triad's best conditioned courses.

4836 Country Club Rd. M-F 9:30 - 6:00 Sat. 9-3

So come join us for summer REYNOLDS PARK fun. Call 650-7660 for a tee time and start saving money GOLF CLUB NOW! (Excludes already discounted green & cart fees.)

Official Applauds High School Summer League The youths have also added to school athletes in this year's pro-

all ability.

Official Buford West spoke for the whole team about the great benefits that the High School Summer League basketball program has brought to the entire Winston-Salem area.

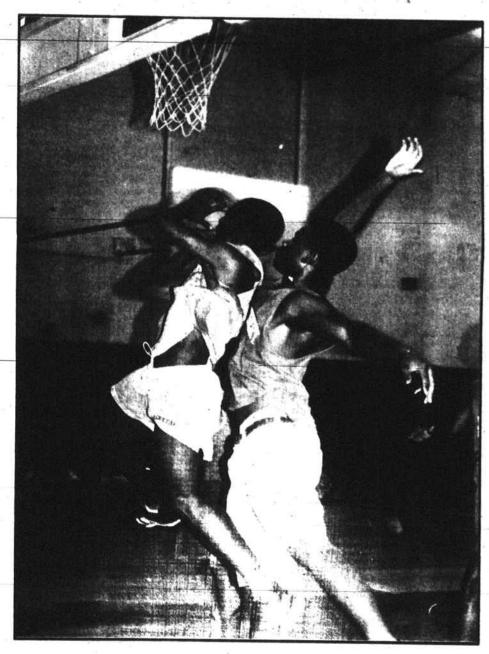
"What we're trying to do is enhance the athletes' basketball skills over the summer as they get ready for the fall," West said.

West said that the program promoted within the kids mind a positive attitude, distracting them from doing anything that is negative.



Buford West

Hot Hoops Action



A player struggles for a shot while a defensive guard makes a block.



Balance and form were used to save this two-pointer.



We Sell Postage Stamps

USDA Choice Beef Untrimmed (10-12 Lbs. Avg.) Sliced FREE!

Tyson/Holly Farms Grade A Jumbo Pack Chicken

PERMIT



Blueberries

Pork Spare Ribs Extra Lean Fresh USDA Choice Beef Sirloin Tip Roast Or **Bottom Round Roast** 1.99 Lb. All Varieties

Jimmy Dean Roll Sausage 3 Lb. Pack Or More

69° Lb. Fresh Daily Ground Turkey

Pepsi Cola

2 Liter - Diet Pepsi, Crystal Pepsi, Diet Crystal Pepsi, 7-Up, Diet 7-Up, Calleine Free Pepsi. Caffeine Free Diet Pepsi, Mtn. Dew, Diet Mtn. Dew

> Register To Win A FREE **Holland Gas** Grill

1.59 Lb.

Red Or White

Red Ripe Tomatoes/ Fresh Pickling Cucumbers Tender Yellow Squash

Half Gallon - Food Lion Premium Ice Cream

Your Choice



Gourmet Turkey Breast

American/Mustard Potato Salad

Turkey Breast Sandwich, 1/2 Lb. Potato Wedges \$ 199 & A FREE Drink!



contraction with the last of the product forces. Outgoin the are directed in section to cover demplores on the section of section and the demplores of the section of sections of sections are destroyed for the section of sections of se

59409-501463





Reg. 69¢ 7 Oz. Pepperoni/ 7.2 Oz. Sausage/ 7.5 Oz. Real Cheese Mr. P's Pizza

Reg. \$1.09

4 Roll White Cottonelle Bath Tissue

We Reserve The Right To Limit Quantities.

Prices in this ad good Wed., Aug. 4 thru Tues., Aug. 10, 1993