

# Local Youth Receives Scholarship to Attend Program at Tufts College

Casaundria Penn, the daughter of Jane Penn and the late Waddell Penn Jr., has received a scholarship to attend Tufts College Experience, a six-week program that enables high-school students from across the country to experience college life while strengthening academic



Casaundria Penn

skills. Tufts University is located in Boston/Medford, Mass.

Casaundria will work on the college admission process, examine important issues facing today's society, use the material in her writing class as a basis for assignments and gain exposure to a variety of faculty from many disciplines with different teaching styles.

Orientation began July 3, and a graduation ceremony will be on Aug. 12. She is a rising junior at Forsyth Country Day School.

## ▲ July 4th Cookout

The children, grandchildren, and great-grandchildren paused during their annual 4th of July cookout to honor Ethel M. Douglas/Brooks for being the wonderful inspiration to them.

Brooks, "Mom-ma" as she



Ethel Douglas Brooks


called by her grandchildren and others, was surprised as she was presented a poem from Sherwana and Zureka Hart, two grandchildren. A song was written and composed by her daughter, Peggy M. McCullough, then a 12x15 plaque bearing a picture of Brooks at the top with a verse: "You've been the

back bone for us all and on this July 4th 1994 we honor you. Thanks for being there for us. We love you." It had of all the children, grandchildren and great-grandchildren names. Shirley and Cedric McIlwain gave balloons and a cake. Wanda and Elder Hart and children gave carnations. The celebration ended with fireworks by Shannon and Spanion Jessup.

## ▲ Poetry Contest

A total of 51 prizes will be awarded in a national poetry competition sponsored by the International Library of Famous Poets, open free to everyone. A book prize will be awarded to the finalist in each state. The Grand Prize winner, chosen from among the 50 finalists, will receive a cashier's check of \$1,000.

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# Entertaining Requires Good Planning

This time of the year there are parties, weddings, and lots of celebrations. Entertaining takes some thought and planning to be successful.

A successful party doesn't just happen. Even a spur-of-the-moment affair calls for some prior preparation, such as an emergency pantry shelf or possible refreshments. Remember, too, that half of the fun of any activity is getting ready for it. Planning a party starts with a few basic decisions.

Make yourself a check list of the following items, leaving lots of space between to jot down your plans.

**Purpose or Theme:** Parties can be as spontaneous as asking a friend in for coffee. The main purpose of any party is for people to enjoy themselves. However, may successful parties have a theme whether it's centered around the time of year (Labor Day, Columbus Day) or other occasions (birthday, anniversary), or a purpose (club meeting). A theme gives you a focus around which to plan decorations, menu, etc., but it isn't always necessary.

**Plan with the following things in mind:** Guest List: Make a list of those you want to invite. The number to invite depends on the size of your home, available tableware, serving and cooking equipment, budget and purpose of your party. Guests should not outnumber the comfort-capacity of your home! Nor should you invite more than your personally can feel comfortable preparing for.

**Budget:** Before going any further with your plans, decide how much money you have to spend. This will effect the menu and may help determine how many guests to invite.

If funds are limited, consider light refreshments rather than a complete meal. In general, it is more economical to make the foods yourself rather than purchasing

preparing items. But consider how much time you have and your skills in food-preparation also.

Be sure to include non-food items (decorations, napkins, flowers, etc.) in your budget. If you need to cut costs, consider cutting down on some of these items.

**Menu:** Before planning the

of flowers and ingredients. Unless reminded of this, one can plan a menu in which chopped nuts appear in every cookie.

Plan to serve dishes you know to prepare. Experiment with new recipes before the big day.

The same rules apply to planning a menu for two or three. Plan



## HOME ECONOMICS

By JOANN J. FALLS

menu, decide how you are going to serve it. If plates will be served in the kitchen, you may decide to have fewer foods than if guests are to pass by a buffet and choose their own.

If guests must stand while eating, choose finger foods or those requiring only one eating utensil. Review your guest list before planning the menu. If it's all girls, something low in calories may be welcome. If it's a meal for a mixed group, you'll hearty food and plenty of it.

Consider the hour and how hungry everyone will be. When two beverages are to be offered, plan so that every item of the menu will be appropriate with either beverage, inasmuch as you can never be certain that a guest would select the items most pleasing with the chosen beverage.

Plan so that there will be difference in the texture of the items offered with some being soft and other crisp or chewy.

Plan so that there will be some color interest in the plates and trays of dainties. Plan so that more than one tongue taste is evident. The beverage may introduce bitter, as in coffee, sweet, as in punch, or sour, as in tea served with lemon. The foods served introduce either salty or sweet. Plan to introduce a variety

of the main dish first and accompany it with foods that will set it off to best advantage and help meet the nutritional needs for the day. For appetite appeal, consider these elements: color, texture, taste and shape.

**Decorations and Table Setting:** Party decorations can be simple or elaborate, depending on the amount of money you have or how creative you are.

Have enough decorations to carry out your theme and add to the spirit of the party without being in the way. Simplicity is the current trend in decor.

First, count your guests, study your menu and list what tableware and serving dishes you'll need. Consider placement of these items of the table. Check it for balance, proportion, color, texture, and shape. If you have any doubts about how the table will look, do a sample place setting or a sketch.

**Advance Preparation:** Make a list of things to be done before the party. Check them off as you do them.

Compose a shopping list. Make a list of ingredients for each recipe and check staples, too.

Don't knock yourself out cleaning. See that everyone is reasonably neat, but save thorough cleaning for the day after.

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## Winston-Salem Chronicle



*Celebration of the African-American Family Reunion*

# Winston-Salem Chronicle

Congratulates the following families:

- The Jackson/De-Craney Family - Winston-Salem
- The Jones Family - Thurmond St.
- The Brunson Family - Jackson St.
- The Robinson Family - Mint St.
- The Davis Family - Bethabara Rd.
- The Frazier Family - Francis St.
- The Brooks/Whitehead Family - Roanoke, VA
- The Mattison Family - Mocksville, NC
- The Marlin Family - Pleasant St.
- The Glaspy/Gilliam Family - Walkertown, NC
- The Kirkland Family - Speas Rd.
- The Jordan Family - E. 21st St.
- The Jackson Family - Powell St.
- The Campbell Family - Piedmont Circle
- The Hooper Family - Oak St.
- The Brown Family - Gill St.
- The Dillworth Family - Willow St.
- The Oakes Family - Willow St.
- The Bennett Family - Willow St.
- The McDowell Family - Free St.
- The Cuthbertson Family - Martin Luther King Dr.

*We welcome you as our special guest families for the "We Are Family Day" celebration.  
 We look forward to seeing you on July 30, 1994 • Rupert Bell Park • W-S, NC*

# 11th Annual National Night Out to Be Held

On Aug. 2, neighborhoods throughout Winston-Salem are invited to join thousands of communities nationwide for the 11th annual National Night Out crime/drug-prevention event.

Sponsored by the National Association of Town Watch and locally by the Winston-Salem Police Department, NNO will

involve over 8,500 communities from all 50 states, U.S. territories, Canadian cities and military bases around the world.

From 7-9 p.m., people in Winston-Salem and nationally are asked to lock their doors, turn on outside lights and spend the evening outside with neighbors and the police. Locally, many neighbor-

hoods will have special events such as visits from police officers, flashlight walks, youth activities and block parties.

NNO 1994 is supported in part by the Bureau of Justice Assistance, Office of Justice Programs, U.S. Department of Justice. Phillip Lighting Company is the lead corporate sponsor.

# Sigma Gamma Rho Names Grand Basileus

A national coalition of Sigma Gamma Rho sorors has announced its endorsement of J. Van Landingham for service as The International Grand Basileus of the Sigma Gamma Rho Sorority.

Van Landingham, who was born in Winston-Salem and lives in Washington, D.C., is a well-known civic activist, a highly committed and well-connected participant in national, regional and community services. Van Landingham is a long-term financial member and supporter of many organizations, including: the National Council of Negro Women, the National Pan-Hellenic Council, the Top Ladies of

Distinction, the Derby Wives, the National Rainbow Coalition, the National Urban League, the Association for the Preservation and Presentation of the Arts, the National Political Caucus of Black Women, the National Coalition of Black Meeting Planners and the National Association for the Advancement of Color People.

She also served as the first vice president of the National Pan-Hellenic Council from 1979-1983. Van Landingham pledges to serve resolutely to build interest and involvement at every level of Sigma Gamma Rho Sorority.



Lillie J. Van Landingham