Gibbs Achieves Success

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thing," Gibbs said. "I wanted to do it all. She later worked in the mental health unit at Reynolds Health Center in Winston-Salem, the first graduate nurse the center had ever hired.

"I had lived in Winston-Salem for 29 years, and I was working two jobs to support three kids," said Gibbs, who also worked as a nurse at N.C. Baptist Hospital. Her first husband died in 1980 when he was 34.

She decided to move to California because her life was too predictable in Winston-Salem, she says. "I was in a rut," Gibbs said. "I

was afraid of being complacent." In 1978, she loaded her three children in her car and drove to Chula Vista, Calif., a suburb of San Diego.

"I took me four days to drive there." Gibbs said. "And we lived in a hotel for six weeks."

She accepted jobs as a nursing supervisor in a private psychiatric hospital and at the San Diego County Mental Health Center.

Her family later moved into an apartment and then a townhouse. She and her younger children moved to Augusta, Ga., after her second husband, a Marine sergeant, was reassigned to nearby Albany, Ga.

Moving to Georgia interrupted her graduate studies at University of San Diego where she had a 3.76 grade point average. She enrolled in psychiatric nursing at the Medical College of Georgia, where she received a master's degree in 1986.

She was the only black to graduate from one of the seven programs of nursing at the Medical College. Gibbs was inducted into Sigma Theta Tau Inc., the international honor society of nursing while she was at the Augusta campus.

She beams like the sun she talks about her three children.

Her oldest daughter, Willette Tate Battle, 29, is attending graduate school at Howard University, where she is pursing a degree in graphic arts under a full scholarship. She graduated from Albany State University with a degree computer science and liberal arts.

Battle's art displays were exhibited in several museums in Albany, Gibbs said.

Melissah Tate Scott, a 27year-old paralegal, teaches kindergarten in San Diego. She is married with two children as she studies at law at home.

Will Yancey Tate III, 24, has played wide receiver for the Arizona Cardinals, a NFL football team. He was injured last year with a broken leg. Tate received an architectural degree from San Diego State University.

The best way for parents to teach their kids what they want to be is to be that themselves," Gibbs said. "Parents must be more accountable and responsible for their kids. That's the way that I did it. My kids don't smoke or do drugs. And they speak respectably to people."

Gibbs has visited several countries in her career. She has traveled to China, the former Soviet Union, Hong Kong, Finland, Holland, the Philippines, Kual Lumpur and Senegal in West Africa. She studied the cultures in those countries.

"Each year, I get an invitations to different countries," she said. "There's only so much that you can learn out of a book. You have to travel to learn much more".

When she was in Kenya, she was adopted by an African tribe and given the name, "Njeri." Like most African Americans. she didn't know where their ancestors lived in Africa, Gibbs said.

While she was visiting the Dakar, Senegal, she toured Goree Island, the place where African slaves were kept before they transported to America, Asia, and the Far East.

That gave me a strong sense of myself," Gibbs said. "The people who survive Goree Island and the middle passage were from the strongest stock in

Gibbs, 46, who is now single, graduated from the United States International University in San Diego with a master's degree in clinical psychology in 1990. A year later, he obtained her doctorate in psychology from the same school.

She is listed in the publications, 2,000 Notable American Women, 1995, World Who's Who of Women. 1995; Who's Who of Professional and Executive Women, 1989-90; Marquis Who's Who of America. 1987-88.

She works as clinical psychologist and diversity trainer in San

People look me and don't believe that I ever have a hard day," Gibbs said. "I raised three kids by myself without any help from anybody. Anyone else would have gotten on welfare."

Aldermen OK Study for Liberty Street

240 for a strolllion for downit program; on Cherryion for the Wachovia and deck; \$4.8 million on the Public Safety ng, \$325,000 for the darket; and \$50,000 on Cherry-Marshall Gate-

The maximum cost of

the contract for Liberty Street design is \$125,000 including approved expen-

In a 1994 tax value comparison released by the city, the total tax value of Liberty Street \$22,003,600 while the value of West Fourth Street was \$26, 960,600.

The total number of properties on Liberty Street are 318 while there are only 39 on West Fourth Street.

After the proposals were received on the design of Liberty Street, staff recommendations show the con-

along with the Liber Street Design Co Jackson Person

ture firm in M The Liberty Street D of three local are professionals, Bric Je Bill Watkins and David

The contract calls for the architecture to accomplish the following:

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"A HEART ATTACK MEANS I'LL DIE OR NEVER BE THE SAME. SOME PEOPLE STILL BELIEVE THAT."

- Sarah Lundrigan, R.N., C.E.N., Bowman Gray/Baptist Hospital Emergency Department



"It's so important for people to learn the symptoms of heart attack and get treatment early. Modern treatments like clot-busting drugs and angioplasty can stop a heart attack before heart muscle is lost.

"With early treatment, many people can go back to functioning at almost 100 percent after a heart attack. Yet some

people still believe that having a heart attack means they'll die or never be the same."

The Emergency Department at Bowman Gray/ Baptist Hospital is organized to give prompt, effective treatment for chest pain. Our medical team is on duty 24 hours a day ready to use the latest proven heartsaving therapies.

IF YOU HAVE PERSISTENT CHEST PRESSURE OR PAIN, **ESPECIALLY IF IT TRAVELS** TO THE JAW OR ARM OR IS ASSOCIATED WITH SHORTNESS OF BREATH OR SWEATING, CALL 911.

DON'T DELAY.



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