



Achievement Week Committee members are Bros. Billy D. Friende Jr., David Faison, E. Michael Penn, Kenny Faulkner, David Peay, James Rousseau, Donnie Holt, Bob Scales, Joe Daniels and Bob Phillips. Members not pictured are Clarence McKee, Ronald Hughes and Otis Cooper.

## Omegas to observe 1996 Achievement Week

The Psi Phi Chapter of Omega Psi Phi Fraternity Inc. will observe its annual Achievement Week Celebration Nov. 15-17. Achievement Week was the first of four major programs initiated by the fraternity on a national level, thereby lending impetus to the importance of the week. The 1996 National Theme for Achievement Week is "Ramification of Affirmative Action for America: Can a Nation Divided Against Itself Stand?"

Psi Phi members will honor the outstanding accomplishments of some of its brothers, as well as some citizens of the community. The major focus of the Founders Day program (Award Ceremony) is to recognize those individuals who made noteworthy contributions toward inspiring the quality of life for African Americans during 1996.

Bro. Clarence McKee II, basileus of Psi Phi Chapter, selected Bro. Joe R. Daniels to serve as chairperson of the 1996 Achievement Week Committee. Daniels indicated that the week's activities will begin Nov. 15 with an Omega Social and Fellowship at the home of Bro. and Mrs. Billy D. Friende Jr.

The activity is geared toward Omega men, their spouses or significant others and wives of deceased brothers. On Nov. 16, the Awards Ceremony will be held at Winston-Salem State University's A.H. Anderson Center at 6:30 p.m.

The highlight of the program will be the keynote address, which will be delivered by Bro. John H. Scott, Sixth District representative. Recognition of the

1996 Citizen of the Year, Omega Man of the Year and other awardees will enhance the evening's activities.

On Nov. 17, the Brothers, spouses and significant others will worship at First Baptist Church, 700 N. Highland Ave., where Scott is expected to bring greetings from the Sixth District and McKee will make appropriate remarks.

Daniels has selected the following brothers to serve on his committee: Vice Chairperson Bob Phillips, Otis Cooper, David Faison, Kenny Faulkner, Billy Friende Jr., Donnie Holt, Ronald Hughes, David Peay, Michael Penn, James Rousseau, Robert Scales Jr., and Clarence McKee. All Omega Men are requested to attend and participate in the week's activities.

## Local collaboration targets new care for diabetics

The Bowman Gray School of Medicine of Wake Forest University has received a \$469,785 grant from the Kate B. Reynolds Charitable Trust to establish a two-year program to help 1,300 local diabetics, most of whom are poor and elderly.

In addition to improving quality of life, the project seeks to reduce disease complications, hospital admissions and financial burdens, including burdens on the patient and burdens on the community, said Carolyn Pedley, M.D., principal investigator and assistant professor of internal medicine/gerontology.

The new Bowman Gray initiative is a collaboration with the YWCA of Forsyth County, the Forsyth County Health Department and Reynolds Health Center, which is owned and operated

by the county.

About 90 percent of the patients in the program have non-insulin dependent diabetes, which is associated with obesity and lack of exercise.

"Exercise offers the greatest potential to help these patients avoid complications that can result in blindness, amputation, kidney failure and heart attack," said Geraldine Zurek, M.Ed., project investigator. "However, concerns about safety and finances prevent many if not most of these patients from getting the exercise they need." The average income for participants is less than \$7,000 a year.

The YWCA provides scholarships and transportation so qualified patients can take part in planned and structured exercise. The Health Department provides

diabetes and nutrition education, as well as a "sitterize" exercise program. Reynolds Health Center provides medical supplies so participants who are exercising can monitor their blood glucose levels.

A case manager will meet regularly one-on-one with all 1,300 diabetics in the program to make assessments, evaluations and referrals.

The case manager will work with the patient to develop a specific, achievable action plan that fosters a sense of mutual responsibility.

If the program succeeds as projected, it has the potential to be expanded to serve patients with other chronic diseases, such as high blood pressure and heart disease.

## Brown receives recognition for service for youth

Randy Brown was given the Christian Education/Volunteer Award for his outreach efforts in the Union Baptist Church summer youth program. The Rev. James Lewis, Christian education director, presented the award at a recognition reception that was held for Christian youth workers. Lewis said Randy's dedication to actively recruiting and transporting children from

... (She taught me) that it takes people taking time to help each other."

Brown also volunteers with the Samaritan Ministries, is a basketball coach, serves on the Usher Board and is first vice

president of Forsyth County Missionary. He is married to the former Carla Kimber. They have a 3-year-old son, Jordan Randy Brown.

Dr. B.F. Daniels is pastor of Union Baptist Church.



Randy Brown received the Union Baptist Church Christian Education Award.

the Kimberly Park community and surrounding area resulted in young people accepting Christ. Many of the children are involved in the ministry of the church, participating in the Sunday school, choir and Usher Board.

Brown says his work with young people was inspired by his next-door neighbor, Barbara Goodwin. He said, "When I was a little boy, Ms. Goodwin used to take me to church all the time

## Halloween events scheduled for City Market

The City Market, at the corner of Cherry and Sixth Streets in downtown Winston-Salem, will be the scene of old-fashioned Halloween fun on Thursday, Oct. 31, from 11 a.m. to 1:30 p.m.

To mark the end of City Market's sixth season, shoppers and visitors will be greeted with the music of Zeke Saunders and the Blades of Grass, a popular bluegrass band.

Over 300 children from the Downtown School will parade through the market dressed in storybook costumes. The first group will parade at 11:45 a.m., and the rest will march through at 12:30 p.m. The Downtown School PTA will sell hot dogs and soft drinks to raise money for a class trip.

The Great Downtown Pumpkin Carve-Up will begin at noon. Guest carvers who will be vying for the Great Pumpkin Trophy will be representatives of United Way agencies located in the downtown area — Step One, the Urban League, Juvenile Justice Council, Catholic Social Services, Legal Aid, Youth Opportunity Homes, ABCD, and YMCA Empowering Families. Contestants will have only 5 minutes to show their carving skill and creativity before the whistle blows. In addition to the first prize trophy, appropriate "pumpkin prizes" will go to the first and second runners-up.



Zetas, Amecia and Sigmas pose with Ella Scarborough, president of NCBEMO at the BPAL reception.



Principals at the NCBEMO Reception were, left to right, Naomi Jones, Joycelyn V. Johnson, Ella Scarborough, Vivian H. Burke and Mildred Council. Seated is Nelson L. Malloy Jr.

## BPAL hosts reception for NCBEMO

BPAL (Black Political Action League) hosted a reception Monday night, Oct. 14, at the Lawrence Joel Coliseum for North Carolina Black Elected Municipal Officials (NCBEMO) who were in town attending the Convention of the North Carolina League of Municipalities.

Naomi Jones, BPAL president, presided at the reception. Greetings were given by Alderman Joycelyn V. Johnson of the East Ward; Alderman Nelson L. Malloy Jr. of the North

Ward, and Mildred Council, president of NCBEMO. Alderman Vivian H. Burke of the Northeast Ward introduced the speaker of the evening. The speaker was Ella Scarborough of Charlotte, president elect of NCBEMO.

Music for the evening was furnished by Toni Tupponce and Canvas. The Zeta Sorority and its Amecia made a special presentation to Scarborough, their sorority sister. The Sig-

mas served as ushers.

Marshall Bass, president of Marshall B. Bass & Associates Inc., was the major sponsor of the reception. Other sponsors were Contract Office Furnishings, Duke Power Company, Nations Bank and Wachovia Bank. Funds not used on the reception are to go to the NCBEMO/BPAL Scholarship Funds. Exhibitors at the reception were Pan African Imagery Inc., Portraits on a Button and Special Occasions.

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