

Yama Marshall is Certified Nursing Assistant of the Month

Special to THE CHRONICLE

In Home Care Inc., a non-profit community service, has selected Yama Marshall as its Certified Nursing Assistant of the Month for May.

Marshall, a resident of Winston-Salem was born in Gambia, West Africa, where she had 11 brothers and one stepister. Her father was a high school principal, and her mother was a home economics teacher. Both parents came to Chicago to pursue their college education, met there and later married in Gambia. They encouraged their children to go to the United States to pursue their education.

Yama Marshall initially

immigrated to Atlanta 13 years ago. She worked there for two years, saved money to go to school, then moved to Charlotte. There she completed training as a nursing assistant and became certified. She worked with the elderly for six years there before moving to Winston-Salem.

She said she really enjoys her work with In Home Care Inc. "I know if I wasn't there helping, it wouldn't be the same for my patients."

She said she did not have the opportunity to help her grandparents in their old age, and now, "maybe I am trying to do something that I couldn't do for them."

She was chosen for the CNA of the month due to her upbeat attitude, her willingness to be flexible when needed, the positive comments received from her patients and their families, no unplanned absences for the past quarter, being up to date with her in-service training, and her paperwork being in on time and accurate.

In Home Care Inc. is a service of the Baptist Retirement Homes of North Carolina, The Presbyterian Homes and the Triad United Methodist Home. Services provided include nursing, physical therapy, speech therapy, occupational therapy, companionship, personal care, respite care and social work.

India Reeves crowned Miss Enchante 1999



Andrea Lowe, Brittany Williams, India Reeves (Miss Enchante 1999), Courtney McCollum, Claire Stackhouse and Aundrea Bailey.

Special to THE CHRONICLE

India Reeves recently was crowned Miss Enchante 1999 at the 16th annual Soiree sponsored by Rho Zeta Chapter of Zeta Phi Beta Sorority Inc.

Reeves is the daughter of Kathy Reeves and Michael Griffin. Claire Stackhouse and Aundrea Bailey were runners-up. Other contestants were Andrea Lowe, Courtney McCollum and Brittany Williams.

Allen Caldwell was marshal. Special program guests were Valencia Dobson, Miss Enchante 1998; April Blaire, guest performer; and Margaret Johnson of WXII TV, mistress of ceremonies.

Marsha Davenport returns from reservation

Special to THE CHRONICLE

Marsha Jo Ann Davenport, daughter of Bernice and James Davenport, 1936 Maryland Ave., served as counselor for Lakota Sioux Indians on Rosebud Reservation, Mission, S.D.

She is a graduate of Bishop McGuinness Catholic High School, with a B.S. degree from the University of North Carolina at Chapel Hill and a master's degree from Georgia State.

She accepted the position of staff counselor with Program REACH in Sylva, Jackson County, N.C. REACH is a not-for-profit human service agency providing resources, education, advocacy, counseling and housing services to victims or persons at risk of being victims of interpersonal violence.

REACH has been providing services in rural Jackson County since 1978 and is well established in the community and the western region as a valuable resource for assisting women to create lives that are self-sufficient and free from violence.

The clients are African American, Caucasian, Hispanic and Cherokee.

Area student awarded scholarship to attend UNC Charlotte

Special to THE CHRONICLE

CHARLOTTE — Crystal Renee Lyons, a 1999 graduate of Mt. Tabor High School, has been awarded a \$3,500 Bonnie E. Cone Scholarship to attend the University of North Carolina at Charlotte. She is the daughter of Gould and Cynthia Lyons of Winston-Salem.

The Bonnie E. Cone Scholarship is named for Bonnie Ethel Cone, a charismatic teacher of mathematics who founded UNC Charlotte. In addition to the \$3,500 annual award, the scholarship includes a \$2,750 education abroad stipend.

Lyons also has won the Scholastic Excellence Medal and

the Crosby Scholar Certificate of Achievement.

The Chronicle's e-mail address is: wchron@netunlimited.net

Somerset Court of Mocksville. An affordable assisted-living option.

Nestled in downtown Mocksville, Somerset Court offers seniors on a fixed income a gracious assisted-living residence with a variety of amenities and services. We take pride in our social programs, our extensive personal care services, the elegance of our facilities and the small-town charm of our location.

Opening in JUNE, Somerset Court of Mocksville is currently accepting residency and employment applications. For information, please call Dusty Green at 336.751.1209.



Somerset Court - 150 Ken Dwiggin Drive, Mocksville, NC 27028 - Ph: 336.751.1209

Best Health

WAKE FOREST UNIVERSITY MEDICAL CENTER
When choosing the best means the most.

BESTHEALTH SEMINARS, WORKSHOPS & CLASSES

All seminars and screenings are held at BestHealth in Hanes Mall and require pre-registration unless otherwise indicated. To learn more about BestHealth or BestHealth55, or to register for any of the following, please call our health information line, Health On-Call, at 716-2255.

J U N E

10/THU - TAKING THE BITE OUT OF SUMMER: FIRST AID FOR SUMMER CALAMITIES
6:30 p.m. Monty Leonard, MD, of the Department of Emergency Medicine will discuss first aid treatment for snake bites, spider bites and other summer pests.

11/FRI - LAWN MOWER SAFETY ESSENTIALS
10 a.m. Many unnecessary injuries result each year from the careless use of lawn mowers. Join Debbie Thompson, RN, with Brenner Children's Hospital and Health Services for a discussion on lawn mower safety and injury prevention.

14/MON - PREVENTING STROKES
5 p.m. Cheryl Crenshaw, RN, and Janet Crumpler, RN, clinical nurse specialists with the Stroke Center, will discuss ways to prevent strokes.

15/TUE - THE KEY TO MEETING LIFE'S CHALLENGES
9 a.m. Patty Suggs, PhD, will speak at BestHealth to introduce you to the Senior Resource Center, a free library of materials on aging issues located at the J. Paul Sticht Center on Aging and Rehabilitation. Learn ways to deal with health problems and other challenges that come with growing older.

15/TUE - PROSTATE SPECIFIC ANTIGEN (PSA) SCREENING
5 p.m. Sponsored by the Comprehensive Cancer Center of Wake Forest University Baptist Medical Center. Please note that this free screening requires taking a blood sample. APPOINTMENTS ARE REQUIRED and space is limited.

17/THU - WHAT ARE CLINICAL TRIALS
10 a.m. Susan Margitic, associate director of Clinical Trials at Wake Forest University Baptist Medical Center, will explain what clinical trials are, why they are important and how you can participate in one. Coach Clarence "Bighouse" Gaines will share his personal experiences as a clinical trial participant.

18/FRI - PREVENTING STROKES
10 a.m. Cheryl Crenshaw, RN, and Janet Crumpler, RN, clinical nurse specialists with the Stroke Center, will discuss ways to prevent strokes.

19/SAT - LIGHT SUMMER MEALS
11 a.m. Chef Thomas Piro of Lowes Foods will tempt your taste buds with these light dishes that are perfect on hot summer days. Recipes and samples will be provided.

22/TUE - WHAT YOU DON'T KNOW CAN HURT YOU - ENJOYING FIREWORKS SAFELY
6:30 p.m. An expert in fire safety will discuss how to safely handle fireworks and prevent injury. Join us for this pre-Fourth of July special!

24/THU - COOKING FOR ONE
10 a.m. Jennifer Sobolski, registered dietitian, will share tips and recipes for preparing single serving meals.

26/SAT - FREE DIABETES SCREENING
11 a.m. - 2 p.m. Registration not required.

29/TUE - EPILEPSY TODAY
2 p.m. William Bell, MD, an epilepsy specialist with Wake Forest University Baptist Medical Center, will discuss the latest advances in how epilepsy is diagnosed and treated.

30/WED - CARPAL TUNNEL SYNDROME UPDATE
Noon, Jennifer Lubkin, hand therapist with the Hand Center at Wake Forest University Baptist Medical Center, will discuss the causes of carpal tunnel syndrome and the latest treatments available.

30/WED - IS VIAGRA FOR YOU?
6 p.m. Dominick Carbone, MD, a urologist with Wake Forest University Baptist Medical Center, will discuss the facts about Viagra - the potential risks as well as benefits.

FOR YOUR BESTHEALTH TV

Tune in to Winston-Salem Forsyth County's CATV - cable channel 6 - for a half hour of health care information from the experts at Wake Forest University Baptist Medical Center.

14/MON - PARKINSON'S DISEASE
7 p.m. Guest Steve Tatter, M.D., Department of Neurosurgery, Wake Forest University Baptist Medical Center.

21/MON - GLAUCOMA
7 p.m. Guest Brent Bond, M.D., Wake Forest University Eye Center.

28/MON - INFERTILITY
7 p.m. Guest Jeff Deaton, M.D., Section on Reproductive Endocrinology, Department of Obstetrics and Gynecology, Wake Forest University Baptist Medical Center.

OTHER EVENTS

Note location of event.

21/MON - EYEWEAR FASHION SHOW
4 p.m. Come to University Optical Services at the Wake Forest University Eye Center and let an eyewear specialist help you pick out the most current styles, shapes and colors of eyewear to complement your facial features, skin and hair

color. Ten percent discount for seniors. APPOINTMENTS ARE REQUIRED; call 716-4888. University Optical Services is located on the sixth floor of the Richard Janeway Clinical Sciences Tower at Wake Forest University Baptist Medical Center.

Wake Forest University Baptist MEDICAL CENTER
For more information and to register for these events, general health care information, or to schedule an appointment with a physician, call our information line, Health On-Call at 716-2255 or toll-free 800-446-2255. Visit our web site, www.besthealth.com