COMMUNITY CALENDAR

Volunteer connections

Volunteers are needed for the Volunteers Connection Program. The United Way agency assists people with disabilities. Volunteers are needed to work with individuals with developmental, physical and mental disabilities. For more information call 759-9370 extension 238.

Medicaid Survey

N.C. A&T State University is seeking people to participate in a 20-minute survey regarding Medicaid. Each participant will receive \$5 and must meet certain guidelines. For more information call 334-

ONGOING EVENTS

Senior Financial Care

The Winston-Salem Senior Financial Care service is available to all adults over 60 years of age who live in Forsyth County. A counselor can help clients with personal budgeting, balancing their checkbooks and writing monthly checks. For more information call the office at 725-1972.

Free Legal Clinic

The Legal Clinic for the Elderly at Wake Forest University Baptist Medical Center is accepting new cases. The clinic provides free legal services to people age 60 and over who meet certain financial guidelines. The clinic is open from 9 a.m.-5 p.m. weekdays in the J. Paul Sticht Center on Aging And Rehabilitation. To be screened for eligibility call (336) 713-8630.

Multiple Sclerosis Program

If you have been diagnosed with multiple sclerosis or think you suffer from its symptoms, there is a class being offered by the Central N.C. Chapter of the National Multiple Sclerosis Society titled But You Look So Good in June. Contact their offices at 299-4136 for more information and to sign up.

Crimestoppers

Crimestoppers needs your help in identifying the suspects responsible for the March 14 arson at Saint's Delight Church on Barry Street in Winston-Salem. Cash rewards of up to \$1,000 will be given for information that leads to the solution of any unsolved crime. Your identity does not have to be revealed. If you have any information you may call Crimestoppers at 727-2800.

Applications Being Accepted

Leadership North Carolina, a six-month innovative education leadership program designed for emerging leaders from across the state from the public, private and ing applications for its seventh class, which will begin November 1999. Application information may be obtained by contacting Patrick Farlow at 279-6599. July 15 is the deadline to apply.

Donations And Volunteers Needed

Southfork, a DePaul Senior Living Community at 1345 Jonestown Road in Winston-Salem, is requesting donations of craft supplies and personal care items from the community. For further information call Jane Armenaki at 768-8828. They are also seeking volunteers on an ongoing basis to assist with resident activities and to help residents in some activities of daily. living. For more information call Ann Slater or Jane Armenaki at 768-8828

Adult Scholarships Available

Five scholarships for adult students working toward undergraduate degrees at UNC-Greensboro are now available. Application forms which cover all five scholarship sources can be picked up at the Office of Adult Continuing & Evening Students, located on campus, by calling 334-5757 or via email at aces@uncg.edu.

> Hepatitis Education Support Group

If you have a friend or loved one coping with hepatitis and you want to learn more about this disease and talk about your experience with others, you may participate in a hepatitis support group monthly meeting every third Monday from 7-8:30 p.m. at the Digestive Health Specialists building in Winston-Salem. For more information call 768-6211.

Kraft Cheese & Macaroni Contest

Kids ages 4-12 can enter the "I Want the Blues" contest by Kraft Cheese & Macaroni. Age groups are 4-6, 7-9 and 10-12, and kids can enter in three categories by submitting a creative story (no more than 100 words), colorful drawing (8 and a half by 11) or clever rhyme or slogan (10 words or less) that

describes why Kraft Macaroni & Cheese is their favorite. Entries should be sent to: KRAFT "I Want the Blues!" Contest, P. O. Box 35966-OR, Los Angeles, CA 90035-0966 and should include the child's name, date of birth, address, day and evening telephone numbers and the type of entry. The contest ends July 30 and winners will be announced in March 2000. Twelve winners will appear on more than 20 million boxes of Kraft Cheese & Macaroni and will receive a college scholarship worth \$10,000 and family vacation to Orlando, Florida.

Food Service Program For Children

The Winston-Salem/Forsyth County School food service division will offer free meals to children and youths up to 18 this summer at 30 sites throughout Winston-Salem and Forsyth County. This program will run from 11:30 a.m.-12:30 p.m. until August 6.

> Four Seasons Town Centre Summer Programs

Families are invited to come out to Four Seasons Town Centre in Greensboro every Wednesday and Friday evening in June and July for fun and entertainment. These free events will take place at the new Performing Arts Amphitheater beginning at 7 p.m. along with prize drawings and other activities.

Birth Control Classes

Free birth control classes are offered every Tuesday at 3 p.m. and every Wednesday at 5:30 p.m. at the Forsyth County Department of Public Health. For more information call 727-8172

Artist Applications

The High Point Area Arts Council is inviting artists and crafts persons to participate in the 29th annual Day in the Park festival scheduled for Sept. 18. To receive an application call the council at 889-2787. Deadline for applications is June 30.

JULY 8

Diabetes Education Classes

The Forsyth County Department of Public Health will sponsor a class on diabetes, blood glucose monitoring and complications from 6:30 p.m.-8:30 p.m. For more information call 727-2436 ext.

Discussion On Alzheimer's

A talk on Alzheimer's disease will be presented from 7 p.m.-8 p.m. at the Carver School Road Branch of the Forsyth County Library. Dr. Morgan Levy from Wake Forest University Baptist Medical Center will discuss symptoms and treatment of the disease. For more information call Alma Wilson at 716-3066.

Meeting

The Legal Support Staff of Winston-Salem will meet at 6 p.m. at the offices of Womble Carlyle Sandridge & Rice on the 16th floor of the BB&T Building on Second Street. The speaker at this meeting will be Randall Galyon of the Forsyth County District Attorney's Office. His topic will be a "A Day in the Life of a District Attorney. LSSWS meetings are held each second Thursday of each month. For more information call Karen Haun at 722-5700.

JULY 9

After-Work Party

"Friday At Five-Nike Greens-boro Open Night," an after-work party in downtown Greensboro, will take place from 5-9 p.m. at the Cultural Arts Center on Davie Street. Food and live music will be on the agenda.

JULY 10

Disability Resource Fair

Hanes Mall in Winston-Salem will be the site for a disability resource fair, which will provide an opportunity for the community to learn more about area services and support for people with disabilities. The fair will run from 10 a.m.-3 p.m. For more information about the fair or volunteering opportunities call Carol McDowell at 759-9619 ext. 235.

JULY 11

Graduate Program

Progressive Apostolic Church of Winston-Salem will be the site for a graduate educational program starting at 4 p.m. During the program graduates will speak briefly on their accomplishments and showcase their achievements.

JULY 13

Stop Smoking Seminar

Mary Smoak, a patient educa- call 886-1726. tor with the Department of Family and Community Medicine, will give useful facts and action plans to ease any fears persons may have with kicking their smoking habit. This seminar will take place at the BestHealth Center in Hanes Mall. For more information on this program and the many others they offer, call 716-2255.

Vestibular Disorder

Support Group

If you or a friend suffer from a vestibular disorder, vertigo, dizziness or imbalance, you may join this newly formed support group. If you have any questions please contact Katherine Conrad or Tricia Lupi at 716-8004.

JULY 15

Health Screening

The Sickle Cell Disease Association of the Piedmont Office will hold a free health screening at its offices, 401 Taylor Avenue in High Point. The screenings include checks on blood pressure, prostate exams, female exams and HIV, STD test. For more information

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2 Lt. Caffine Free

JULY 16

Reunion Classes

Columbian Heights and Atkins High School classes from the 1930s will hold a reunion celebration at the Ramada Plaza Hotel today and tomorrow. For further information contact Wilhelmina Lash at 725-

JULY 17

Gospel Singing

The Arts Council of Winston-Salem will sponsor an African American Gospel concert featuring N.C. Folk Heritage Award winners The Badgett Sisters. The program will begin at 7 p.m.

Debt Workshop William V. Thompson of Thompson & Associates will present a workshop on the topics: how to develop a plan to attack and defeat debt; how to create new income to attack debt; how to destroy debt so that it never returns again. This workshop will take place today from noon-2 p.m. at

Miracle Temple COGIC, 826 Apple Street in Burlington, and on July 24 from 1 p.m.-3 p.m. at the Vance Chavis Library in Greens-

Registration is required. Please call 272-2363 to do so.

JULY 19

Church Conference

The 1999 Church of God Apostolic Church Growth Conference will take place starting today and will end July 23 in Winston-Salem at the Benton Convention Center. Workshop classes, a youth explosion and kids crusade are the featured events. Special musical guest include Evangelist Beverly Crawford and Men of Standard and others. Bishop C.O. Reid is the general overseer, and Winston-Salem's own Bishop J.C. Hash, pastor of St. Peters World Outreach Center, will be one of the guest speakers. For more information call 650-1904 or 650-0200

JULY 20

Weight Management The BestHealth Center at Robin Miller at 721-3600.

Hanes Mall will hold a seminar on managing your weight for adults 55 and older. Registered dietitian Cherryal Scurry will speak. This program will start at 5:30 p.m.

JULY 23

Beephall
The Winston-Salem Recreation & Parks Department and the Special Populations Unit will host a Beepball Tournament today and tomorrow at Whitaker Park from 9 a.m. until. Beepball is an adaptive form of softball for the blind. For further information please call Charles Roane at 727-2505.

JULY 27

Lunch and Learn

Wayne Bills of the Personal Effectiveness Institute will be the guest speaker at a Lunch and Learn session sponsored by the Legal Support Staff of Winston-Salem. This event will take place at the offices of Womble Carlyle Sandridge & Rice. Registration is required. For more information call Michelle Tuttle at 760-1400 or



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