



Above, Empowering Family Center second-graders discuss goals and responsibilities. Below, Courtney Saunders listens as Empowering Family Center students complete their summer-end presentations.



YWCA program highlights children's progress, capabilities

Special to THE CHRONICLE

Children earlier in the year saddled with labels from "behavior deficient" to "criminally at-risk" and beyond stood proudly before a packed room at the YWCA Empowering Family Center. The occasion — the end of a summer program that, for the great majority, will spell a life-saving change of direction. During the program, children ages 5 to 16 gave presentations on lessons learned during the summer programming at the Empowering Family Center.

Students arrive at the center as a result of school system referrals and suspensions, court mandate and parental choice. They are black and they are white; they are male and female. Some have been involved in the juvenile court system. Others are younger siblings of adjudicated older brothers and sisters. Recently at the center they all stood and group by group gave powerful interpretations of what they have learned about respect for authority, self-esteem, citizenship and personal responsibility.

Ask second-graders at the cen-

ter about their summer at the Empowering Family Center and after proficiently rattling off the days of the week and months of the year in Spanish, they will engage you in a discussion about the requirements of goal achievement. They will tell you they have a "responsibility" to listen and to be respectful of others and that an education is the foremost requirement for them to achieve any of their goals. This is no small accomplishment for children who during the school year faced suspensions and expulsions and who lacked the simplest of social and life skills.

The progress made by the students reflects the center's focus on parental involvement in children's lives. Indeed the primary requirement for enrollment in the program is that parents spend at least one hour each week volunteering at the center. Parents also are required to participate in programming with their children.

"We require this from parents because we are convinced that whatever social skills and life skills the students learn here during the

day must be reinforced in their home environments," said Courtney Saunders, director of the Empowering Family Center. "These students and their parents face many different barriers to success in the classroom and successful parenting at home. We're here to help them learn to work through some of those obstacles."

The YWCA's Empowering Family Center houses the Practice to Save Life program for adjudicated young people making the transition from training schools and detention homes. Last year, Forsyth Futures selected the YWCA to pilot Family Ties, a program that attempts to prevent younger siblings from following in the footsteps of their court-involved older brothers and sisters.

Family Ties addresses the overall circumstances and environments that lead older youths to court involvement and then works to eliminate the same stimuli for younger siblings. The Empowering Family Center also is home to the Marching IOOs and the Marching Angels, award-winning youth drill teams.

50th wedding anniversary

Carlton Eugene and Willie Lee Scales of Winston-Salem celebrated their 50th wedding anniversary on Aug. 1 with a family banquet at the home of their daughter and son-in-law, Patrice and Ross King.

Mr. and Mrs. Scales have four children: Carlton E. Scales Jr., Cassandra D. Scales, Darryl K. Scales and Albert L. (Felicita) Scales, all of Winston-Salem.

The couple have eight grandchildren: Chantelle L. (Wesley) Johnson, Louis A. Dillard, Carlton D. Morgan, LaShonda Scales, Albert Scales, Kevin D. Scales, Brielle M. Scales, Christian N. Scales, and three great-grandchildren, Keanna C. Johnson, Wesley S. Johnson and Julian Scales.

Mr. Scales is retired from R.J. Reynolds Tobacco Co., and Mrs. Scales is a homemaker.

Both are members of Morning Star Baptist Church in Winston-Salem.

They were married July 30, 1949.

"Be completely humble and gentle; be patient, bearing with one another in love. Make every effort to keep the unity of the Spirit through the bond of peace." — Ephesians 4:2-3



Carlton Eugene and Willie Lee Scales

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AUGUST

13/FRI - DIABETES SCREENING
9 a.m. to 12 noon. FREE screening provided by the WFUBMC Diabetes Care Center. Fasting is not necessary.

13/FRI - MEDITATION FOR RELAXATION
2 p.m. Dr. Bryant Kendrick, chaplain in the WFUBMC Dept. of Medicine, will demonstrate and discuss the use of meditation for relaxation.



14/SAT - LASIK SURGERY - WILL IT WORK FOR YOU?
10 a.m. Dr. Keith Walter, an ophthalmologist with the Wake Forest University Eye Center, will discuss LASIK, an outpatient procedure that corrects nearsightedness, astigmatism and farsightedness.

19/THU - THE FACTS ABOUT HORMONE REPLACEMENT THERAPY
10 a.m. Dr. Toni Wymer of the WFUBMC Dept. of Internal Medicine will discuss the latest information on hormone replacement therapy.

20/FRI - HEARING SCREENING FOR ALL AGES
2 to 5 p.m. Sponsored by the WFUBMC Hearing & Speech Dept. Free, but appointments are required.

23/MON - OH, MY ACHING BACK!
12:30 p.m. Dr. Douglas Linville, WFUBMC orthopaedic surgeon, will discuss the causes and treatments of chronic back pain.

23/MON - UNDERSTAND YOUR HEART
4 p.m. Lisa Kiger, clinical nurse specialist with the WFUBMC Heart Center, will discuss basic heart anatomy, ways to manage your risk factors, and how to recognize symptoms of a heart attack.

24/TUE - BROWN BAG MEDICATION REVIEW
10 a.m. Is that bottle of pills in the medicine cabinet still good? Should I be concerned about taking different kinds of medicine at the same time? WFUBMC pharmacist Dr. Tina Harrison can answer these questions and more. Just bring all of your medications — prescription and over-the-counter — for a personal review to help identify possible hazards.



26/THU - ITCHY SKIN DISEASE
5:30 p.m. Dr. Alan Fleischer of the WFUBMC Dept. of Dermatology will discuss diseases that can cause your skin to itch and how to treat them. For Best Health55 members only.

27/FRI - SKIN CANCER PREVENTION
10 a.m. Dr. Amy McMichael of WFUBMC Dept. of Dermatology will discuss smart practices to reduce your risk of skin cancer.

27/FRI - DELICIOUS DISHES FOR PEOPLE WITH DIABETES
3 p.m. Donna Ziobro and Lynn Campbell, registered dietitians, will prepare several dishes, as well as answer questions about managing diabetes with nutrition.

FOR YOUR BESTHEALTH TV

Tune in to Winston-Salem/Forsyth County's CAT-TV — cable channel 6 — for a half hour of health care information from the experts at Wake Forest University Baptist Medical Center.

AUGUST

16/MON - SKIN CANCER
7 p.m. Dr. Barry Leshin, a dermatologist at WFUBMC, will discuss the most common cancer in the United States, its symptoms and ways to prevent it.



23/MON - CYSTIC FIBROSIS
7 p.m. Join Dr. Michael Schechter, a pediatrician at WFUBMC, as he focuses on the Cystic Fibrosis Center at Brenner Children's Hospital and the latest advances in this disease.

30/MON - COSMETIC SURGERY
7 p.m. Join Dr. Malcolm Marks, a plastic and reconstructive surgeon at WFUBMC, as he explores ways you can improve your appearance.

OTHER EVENTS

Note location of event.

AUGUST

14/SAT - ALOPECIA AREATA SUPPORT GROUP
1 to 3 p.m. WFUBMC's Dermatology Dept. and the National Alopecia Areata Foundation have established a new support group. First-floor auditorium, Forsyth County Main Library. To get on the mailing list or to find out about quarterly meetings, call Cathy Young at 1-704-875-0772 or contact Elizabeth Turner at eturner@wfubmc.edu.

28/SAT - BRENNER CHILDREN'S CLASSIC
8 a.m., Reynolds Business Center. Includes a 5K race and a 1-mile Fun Run and benefits Brenner Children's Hospital & Health Services. Registration fees of \$12 for fun run and \$20 for race include lunch and are reduced if you register early. Call race director Jerry McDonald at 778-1786 or register online at www.bccr.org.



Wake Forest University Baptist
MEDICAL CENTER

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