

Sorority donates \$1,000

SPECIAL TO THE CHRONICLE

Beta Alpha Chapter of Iota Phi Lambda Sorority Inc. has donated \$1,000 to Kids Commerce. This is a business made up and put together by young people.

The president, Kevin Crooks, was present at the meeting of the chapter to receive the donation. He was very appreciative of the donation for his business. He gave highlights of the different entrepreneurs' businesses. Some deal with works of art, making of computer cards and drawing. Crooks is also part owner of Fatom Computers Service.

Good luck to our future entrepreneurs.



Peggy Galloway, president of Beta Alpha Chapter of Iota Phi Lambda Sorority Inc., presents a donation to Kevin Crooks.

Alcoholism

from page A1

you expect the alcoholic to get treatment? Teague asked.

She discussed some misconceptions about alcoholism:

- "People drink because they are depressed." Generally, people are depressed because they drink or use drugs, Teague said. Depression is also a withdrawal symptom.

- "An alcoholic who goes through treatment is cured." People "don't understand that recovery is a process that will be going on the rest of their lives," Teague said.

- "Alcoholism is a personality or mental disorder." That's not true, Teague said, but some people suffer from both alcoholism and personality or mental disorder, although one is not the result of the other.

- "People become alcoholics because they are separated from God."

- "Alcoholics relapse because they want to." Alcoholics relapse because their bodies are making them really uncomfortable, said Teague, who has seen people in detox who wanted to die.

- "Alcoholics can't get better and stay better." They can, with the help of treatment and recovery programs, Teague said.

Teague offers this advice:

- Realize that if you have a family history of alcoholism, you have a greater risk of becoming addicted to not only alcohol, but other mood-altering substances, such as narcotics, pain-killers, Valium, appetite suppressants.

- Warn your children before they go off to college that they may not have as great a tolerance for alcohol as some people. Tell them that some college students have died from drinking too much at college hazings.

- Encourage family members

of yours who are alcoholics to get treatment. Don't just cover for them or stabilize them. In-patient treatment and outpatient treatment are available, although Teague thinks the amount of treatment that many insurance companies will pay for is inadequate. She said, "Treatment for four days doesn't work. Fourteen days is a dream; it hardly happens anywhere anymore. Insurance doesn't usually pay for that. Fourteen and 28 days would be wonderful."

"Look at your insurance (major medical) policy...You are going to have a cap on the number of times you go to treatment or a dollar cap. They don't do that with other major illnesses, except mental illness and addiction. We fought for parity and we're not going to get it," Teague said.

- If you are an alcoholic, realize the three stages of the disease: tolerance, withdrawal, organ damage. What stage are you in? Realize that alcoholics have a greater tolerance for alcohol. This is why an alcoholic can drink someone under the table, Teague said.

- Before prescribing mood-altering drugs, doctors need to thoroughly question patients if doctors suspect alcohol or substance dependence. Doctors want to accommodate, but addicts and alcoholics can be masters of manipulation, Teague said.

- Alcoholics need to know that an important part of recovery is nutrition. "Eat a nutritionally-sound diet. Eat fresh fruits and vegetables, all the things your mother told you to eat," Teague said.

- If you are genetically predisposed to have an alcohol addiction but it is not active, educate yourself about alcoholism. Teague recommends the books including "Under the Influence" by James Milam and "Beyond the Influence" by Katherine Ketcham and William Asbury. Also, check out

the Web site, web of addictions, which has lots of links.

- There are many good support and recovery groups, including Alcoholics Anonymous, Al-Anon, Alateen, Narcotics Anonymous, Namon (families of narcotics addicts) and Voices.

Teague recently gave a talk about alcoholism, at the Winston-Salem Urban League.



Photo by Kevin Walker

Cars line Carver School Road for a chance to get gas for \$1.

Gas

from page A1

was going to have to fill up this weekend anyway."

Watson is in the minority. She likes the idea of \$1 gas, but says she has not complained much about the mounting gas prices in the Triad.

"I consider us to be very lucky when you think about other people paying up to \$3 for a gallon of gas. And in other countries, people are paying more than that for gas," she said.

Jerry Hairston, who said he arrived at the station soon after Watson, is not as open-minded about the skyrocketing prices.

He and other gas hopefuls looked at a nearby Texaco station with disdain in their eyes.

"We have been talking about these high gas prices," he said. "We are looking at the Texaco next door at the \$1.75 price and saying, 'Wow, that's some high gas...There is a big difference between a dollar and a \$1.75.'"

Those who waited for the cheap gas used the hours of down time constructively. Many got out of their cars and formed small chatting circles.

Brenda Eldridge said she came for cheap gas but wound up partaking in a class reunion of sorts.

"I have been talking to peo-

ple I have not seen in a long time," she said with a smile. "It's like going shopping during the Christmas holiday and you see people you have not seen in years."

Sean Richardson used the occasion to do a little business of his own. He held a sign offering bottled water and lemonade for \$1. Richardson, whose father-in-law owns Jones Chevron, said he was amazed at how far the waiting line of cars had grown.

"I am very surprised by this," he said, shaking his head as he look at the line of cars. "I don't think anyone expected this kind of response."

THE GOOD LIFE AT A GREAT PRICE. GUARANTEED.

SEARS

72 hour sale

all home appliances on sale* plus

0% until January 2002

on all home appliances over \$399 when you use your Sears card**



If you don't have a Sears Card™, apply in-store today with Rapid Choice®. It takes just minutes plus you'll save \$10 on your first purchase with you new approved Sears Card™. *Positive ID required. Sears Card issued by Sears National Bank.

buy appliances anytime @ sears.com



WAKEMBA

"The best investment I ever made was an MBA from Babcock."



Sammy Hicks III
Associate
Transaction Services/Product Management
Banc of America Securities
WAKE MBA 2000

Enroll in Destiny Management

WAKE FOREST UNIVERSITY
BABCOCK GRADUATE SCHOOL OF MANAGEMENT

Ranked #1 in Southeast and #11 in World by The Wall Street Journal

www.mba.wfu.edu

Full-time, Evening and Fast-Track Executive MBA Programs
Winston-Salem 336.758.4584 MBA Program-Charlotte 888.925.3622

*All On Sale excludes Maytag Neptune, Genie, Exceptional Values, Special Purchases and closeouts. 0% FINANCING DETAILS (when offered): Available for qualified purchases when you use your Sears Card™, Sears Premier Card™, Sears Charge PLUS™, Sears Home Improvement Account™ or Sears MasterCard™ (Preferred MasterCard™ by Sears and Sears Commercial One accounts excluded) as advertised. No finance charges, no billing and no payments due during 0% period. Regular credit terms apply after 0% period. Finance charges will continue on any existing balance from previous purchases. Failure to maintain your account in good standing will terminate the 0% offer and penalties may apply. Offer good through June 2. Excludes Outlet stores. SEARS IN-STOCK PROMISE ON ADVERTISED ITEMS: We try to have adequate stock of advertised items. When out-of-stock occur, you have a choice of two options: An equal or better item at the advertised price, or a raincheck for the advertised item. This In-Stock Promise excludes limited offers, special orders and items not normally available at your Sears store. Availability of items may vary by store. Outlet stores excluded. Environmental surcharges extra. ©2001 Sears, Roebuck and Co. Sale prices in effect Thursday, May 31 through Saturday, June 2.