

**Lowes foods**  
www.lowesfoods.com  
good for you. We give greenpoints

**DOUBLE COUPONS EVERYDAY!**  
UP TO 60¢ FACE VALUE. SEE DETAILS IN STORE.



Use your Rewards Card when you shop!

Earn 10 greenpoints per Dollar!

Earn Ten greenpoints

for each dollar you spend\*

\*excluding beer, wine, taxes and services.

Spend your points on the things that make you happy.

**FABULOUS FRESH FOODS!**

Save 3.02 lb.  
3.4 oz. McCormick Montreal Steak Seasoning  
**2/\$3**

Save 80¢ lb.  
3 1/2 oz. McCormick Bag 'n Seasoning Herb Roast  
**1.89**

**GOT POINTS? SPEND THEM TO MAKE OUR LOW PRICES EVEN LOWER!**

PLU#8118 12 oz. 12 Pack Assorted Flavors  
**Cheerwine or 7 UP**  
**1.99** ea.  
when you SPEND 600 greenpoints.  
**OR 2.99** ea. With Rewards Card

100% Corn Fed For Great Flavor  
Certified Hereford Boneless Sirloin Steak  
**2.97** lb.  
With Card

Fresh Family Pack Bone In Southern Style Ribs  
**3.99** lb.  
With Card

PLU#8119 6 Pack 5 Liter  
**Dasani Water**  
**.79** ea.  
when you SPEND 1700 greenpoints.  
**OR 2/\$5** With Rewards Card

Save 2.50 on 2  
Eastern Jumbo Athena Cantaloupes  
**Buy One, Get One FREE**  
Each one will be charged at half price

Save 1.30 lb.  
Hormel Teriyaki or Honey Mustard Turkey Tenderloin  
**3.69** lb.  
With Card

PLU#8120  
**Deluxe Backpack**  
**4.99** ea.  
Back To School!  
when you SPEND 4500 greenpoints.  
**OR 8.99** ea. With Rewards Card

16 oz. Meat or Beef  
Bryan Buns  
**Buy One, Get One FREE**  
Each one will be charged at half price

Save up to 3.69 on 2  
128 oz. Assorted Varieties  
**Hi-C Fruit Drinks**  
**1.99** ea.

PLU#8121  
**Black & White 5" TV**  
**9.99** ea.  
Back To School!  
T.V. Color and Brand May Vary From Photo.  
when you SPEND 10,000 greenpoints.  
**OR 19.99** ea. With Rewards Card

456.8 Sq. Ft. (8 Roll)  
Lowes Foods Paper Towels  
**Buy One, Get One FREE**  
Each one will be charged at half price

Save 80¢  
58 - 65 oz. Powder or 80 oz. Liquid  
**Cheer Detergent**  
**3.99** ea.  
Save 1.76

**3 DAY SALE!**  
FRIDAY-SATURDAY-SUNDAY ONLY!  
**2 LITER COKE**  
Assorted Varieties  
**19¢**  
LIMIT 4 WITH ADDITIONAL PURCHASE  
When you SPEND 300 greenpoints.  
With this coupon and additional purchase. Limit 4. This coupon offer good Friday July 18 through Sunday July 20, 2003.  
PLU# 8512 0 00000 08512 0

**LOWES FOODS SUPER SPECIAL!**  
NOW THROUGH TUESDAY!  
Assorted Varieties  
**2 Liter COKE**  
**69¢** ea.  
Assorted Varieties Lowes Foods 12 Pack Soft Drinks  
**1.99**  
LIMIT 4 WITH ADDITIONAL PURCHASE  
With Card