

Elk of the Year

SPECIAL TO THE CHRONICLE

Past Exalted Rulers Council 101 honored James M. Webster Sr. as Elk of The Year on June 8. The Sixth District 31st Annual Elks Day was held at New Birth of Christ Church, hosted by Camel City Elks Lodge 1021 and Garden of Iris Temple 220.

Presiding officers PGDR James A. Tatum, chief antler, and PGDR Deborah McAllister, loyal daughter ruler, were in charge of the service. Rev. Victor Davidson was the speaker. Many family members, friends, brother and sister Elks were present for the celebration.

Webster has served well in many capacities in the local lodge and the council. He served 12 years as exalted ruler of Camel City Elks Lodge 1021 and is currently financial secretary. His other memberships include P.E.R. Council 101,

Past State President Degree, American Legion 220, Mt. Moriah Masonic Lodge 168, William Temple Scottish Rite Shrine.

He is a graduate of Atkins High School, where he was an outstanding athlete in football and basketball. He served five years in the U.S. Navy. He was inducted into the Winston-Salem/Forsyth County High School Sports Hall of Fame. He was captain of the football team for three years at Winston-Salem State University and is a retired supervisor from R.J.R. He is a member of Dreamland Park Baptist Church.

Several awards were presented to Webster, followed by a full-course meal after the program. His wife is Dr. Sadie B. Webster. They have three adult sons, five grandchildren and three great-grandsons.



James M. Webster, honoree

Hope Julia Jackson selected as state finalist in pageant

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Hope Julia Jackson, age 6, has been chosen as a state finalist in the National American Miss North Carolina Pageant to be held Aug. 2 at Hilton Charlotte Towers in Charlotte.

The pageant is held for girls ages 4 through 6.

The winner of the pageant will receive a \$1,000 cash award, the official crown and banner, bouquet of roses, and air transportation to compete in the national pageant at DisneyLand in Cali-

fornia. Pageants are held in each state for girls aged 4 to 18, in five age groups.

The National American Miss pageants are dedicated to celebrating America's greatness and encouraging its future leaders. Each year, the pageant awards thousands in scholarships and prizes to recognize and assist the development of young women nationwide. All activities are age-appropriate and family-oriented.

Families interested in receiving information about this unique and outstanding youth program may visit www.NationalAmericanMiss.com.

The National American Miss pageants are for "Today's Girls" and "Tomorrow's Leaders." The pageant program is based on inner beauty, as well as poise, presentation, and offers an "All-

American spirit of fun for family, and friends." Emphasis is placed on the importance of gaining self-confidence, learning new skills, learning good attitudes about competition, and setting and achieving personal goals. The pageant seeks to recognize the accomplishments of each girl while encouraging her to set goals for the future.

Miss Jackson's activities include school, drawing, dancing and singing. She also enjoys reading, math, playing dodge ball, running, watching positive cartoons, children's church, playing with her sister, helping others and more.

Her sponsors include family, friends, churches, jobs and several businesses.

Her parents are Valerie and Chris Jackson.



Photos by Courtney Galliard

Barbara Norman and her students make believe their classroom has been transformed into a California beach.

Head Start

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their Head Start funding. Some members of Congress fear the bill's push to reduce government involvement will weaken the program's funding and operation.

Renna believes the bill is a result of a new emphasis in Washington on children's literacy.

"I think the concern in the Head Start community is the baby in the bath water (scenario). Some of what makes Head Start successful is its social programs that surround the academic pieces in the

classroom," Renna said. "It's not all about academics; it's all about the children....The issue isn't just about success in school but success in life. Sometimes I think that gets lost. Everybody's is trying to get these kids to have better grades by the third grade....Success in life has to be the measure, not success on a test."

The new bill will alter programs and standards by which they operate, said Renna, but he's not sure if it will do more harm than good. Renna doesn't oppose the bill's call for staff members to improve their credentials, but he does worry about certain programs,

such as adult development, losing funds. The Head Start adult development program encourages parents to become volunteers in Head Start classrooms and work their way to becoming teachers and mentors with the program.

"I think the concern is the securing of the resources....It's a delicate issue....There is a lot of success in Head Start adult development, and a lot of our staff came out of Head Start programs. They're Head Start parents who started years ago....The first Head Start child is around 40, and he or she is somewhere today as a result of being in this program."

These preschoolers try on their masks to participate in Mardi Gras activities made famous in the Big Easy



BestHealth

Wake Forest University Baptist Medical Center

August Seminars, Workshops & Classes

Events are held at BestHealth in Hanes Mall and require pre-registration unless otherwise noted.

To learn more or to register for an event, call: **Health On-Call** at 336-716-2255.

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1/FRI - Hair Restoration

1 p.m. WFUBMC plastic surgeon Dr. Joseph Molnar discusses the causes of thinning and balding, and new ways to restore hair growth. For *BestHealth55* members. ☎

4/MON - Lung Cancer Update

10:30 a.m. WFUBMC radiation oncologist Dr. William Blackstock discusses the latest research and treatment approaches to lung cancer. ☎

5/TUE - Mended Hearts

4 p.m. Get the latest heart-related info in this new support group for people with heart disease and their families. Sponsored by the WFUBMC Heart Center. ☎

7/THUR - Hypertension in the 21st Century

3 p.m. Dr. Ronald Smith of the WFUBMC Hypertension & Vascular Disease Center discusses the latest high blood pressure treatments and research. For *BestHealth55* members. ☎

7/THUR - Reading Problems in Children

6 p.m. Hear from psychologist Marianne Meyer of WFUBMC Neuropsychology Research how to identify reading problems in children and what to do to help them meet their potential. ☎

8/FRI - Summer Fruits & Veggies

2 p.m. WFUBMC Executive Chef Chris Smith prepares healthy dishes featuring summer's bounties. ☎

11/MON - Cholesterol Screening

1 to 3 p.m. Total cholesterol and HDL checked, \$12 per person. No appointment needed.

11/MON - Infant/Child First Aid & CPR

4 p.m. Free, four-hour class on the basics of CPR and first aid for infants and children. Cannot be taken for professional certification. ☎

14/THUR - Macular Degeneration

11 a.m. WFUBMC ophthalmologist Dr. Paul Dickinson discusses the causes, diagnosis and treatment for this common disease. For *BestHealth55* members. ☎

14/THUR - CPR Class

2 p.m. Learn cardiopulmonary resuscitation for adults, children and infants in this free, four-hour class taught by WFUBMC Life Support Education. Cannot be taken for professional certification. Sponsored by the WFUBMC Heart Center. ☎

14/THUR - What is Neuropsychology?

7 p.m. WFUBMC neuropsychologist Dr. Cecile Naylor discusses the tests used to diagnose brain disorders such as learning disabilities, Attention Deficit Hyperactivity Disorder, and dementias. ☎

15/FRI - Scams & Fraud

11 a.m. Officer Johnny Blakely of the Winston-Salem Police Dept. offers tips on identifying scams and preventing fraud. For *BestHealth55* members. ☎

16/SAT - Smart Women Finish Rich

5:30 p.m. Learn simple steps for controlling finances and achieving goals with financial planner Shelly Hopper of Morgan Stanley. ☎

18/MON - Look Good, Feel Better

1 p.m. Free program to help women undergoing cancer treatment learn ways to enhance their appearance. Cosponsored with the American Cancer Society. ☎

18/MON - Speak Out: Teen Support Group

6 p.m. Sponsored by the Forsyth Co. Mental Health Assoc., this group provides a safe, positive environment where teens with a diagnosed mental disorder can share information, develop coping and social skills, and make new friends. Participants are encouraged to bring their friends. ☎

20/WED - Hormone Replacement Therapy

11 a.m. Dr. Mara Vitolins of WFUBMC Public Health Sciences discusses the latest research related to hormone replacement use. For *BestHealth55* members. ☎

20/WED - Weight Management

6:30 p.m. Hear how lifestyle changes and healthy food choices can result in safe, long-term weight control, and learn about the WFUBMC Dept. of Family and Community Medicine's 14-week program. ☎

21/THUR - Wrinkles Away

6 p.m. WFUBMC otolaryngologist Dr. Neal Goldman discusses Botox, collagen and other non-surgical facial treatments to enhance appearance. A facial peel will be demonstrated. ☎

22/FRI - Chicken Cookery

2 p.m. Learn to prepare healthy chicken dishes with WFUBMC Executive Chef Chris Smith. ☎

22/FRI - The Reading Brain

6 p.m. WFUBMC neuropsychologist Dr. Lynn Flowers demonstrates modern brain imaging and how this technology can guide parents in the stimulation of young brains. ☎

23/SAT - LASIK Seminar/Screening

10:30 a.m. Learn how LASIK can correct nearsightedness, astigmatism and farsightedness with WFUBMC ophthalmologist Dr. Keith Walter. Bring your glasses for a free screening. ☎

25/MON - Caregiver Support Group

1 p.m. Cosponsored with Hospice & Palliative Care Center. Meets monthly. ☎

25/MON - Coping with the Death of a Spouse

2:30 p.m. Monthly support group cosponsored with Hospice & Palliative Care Center. ☎

26/TUE - Dry Mouth Syndrome

2 p.m. Dr. Dimitri Pitovski of the WFUBMC Center for Taste and Smell Disorders discusses the symptoms and treatments of dry mouth. ☎

26/TUE - The Good & the Bad of Cholesterol

5 to 7 p.m. Stephanie Starling-Edwards, RN, discusses what impacts cholesterol level and how to control it. A free cholesterol screening will precede the seminar. Appointment required. Sponsored by the WFUBMC Heart Center. ☎

27/WED - Late Life Depression

11 a.m. WFUBMC geriatrician Dr. Brenda Penninx discusses late life depression, its causes and treatments. For *BestHealth55* members. ☎

29/FRI - Advance Directives

10 a.m. Angela Lankford of the Community Partnership discusses how advance directives, such as living wills, can ensure that your wishes will be met. Participants may complete documents and have them notarized free of charge. ☎

2 Your Health

Health news from the experts at WFUBMC WEEKDAYS ON WFMV NEWS2 AT 6:20 A.M. & 5:00 P.M.



Wake Forest University Baptist
MEDICAL CENTER

To register for events, receive general health care information, or to schedule a physician appointment, call: **Health On-Call** at 716-2255 or 800-446-2255. You can also register online at www.besthealth.com