

AKAs are rejuvenated at 'The Spirit of Leadership Seminar'

SPECIAL TO THE CHRONICLE

Ership of National President Linda M. White, conducted its 2003 Leadership Seminar July

The Alpha Kappa Alpha Sorority Inc., under the lead-



Left to right: Dr. Barbara K. Phillips, past national president, and local president Susie B. Nance. Phillips was the eucumenical speaker.

9-13 in Las Vegas, Nev., at the Paris Hotel. Seventeen members of the Phi Omega Chapter, Winston-Salem, led by their basileus, Susie B. Nance, were among the record-breaking numbers of more than 3,000 sorors who caught the AKA "Spirit of Leadership."

Numerous workshops were available. This was the time to learn new information, experience new resources, actively network, mingle with other sorors and refresh one's knowledge to return to chapters invigorated and ready to be of service to mankind.

Eight Phi Omega sorors completed the graduate adviser recertification process. These sorors participated in the graduation activities: Maurice Jackson, Annette Wilson, Malinda Jowers, Monica Johnson, Irma Richardson, Priscilla Green, Wendy Campbell and Iman Moore.

Ed Gordon of Black Entertainment Television was the keynote speaker for the Alpha Kappa Alpha Educational Advancement "Salute to Excellence" Luncheon.

Phi Omega was extremely excited to have three sorors actively participate in the



Graduation exercise for recertification of graduate advisers (left to right): Irma Richardson, Priscilla Green, Iman Moore, Maurice Jackson, Annette Wilson. Not pictured: Monica Johnson, Malinda Jowers, Wendy Campbell.

National Leadership Seminar. Dr. Barbara K. Phillips, past national president, was the keynote speaker for the eucumenical service. She challenged sorors to examine the length and depth of their own

chains. Sharonda McMurray and Veronica Walton served as presenters for the workshop "Leadership Through Mentoring."

Other sorors in attendance at the seminar were Constance

Holland, Alma Joyce, Allison Ashe-Card, Lynette Hawkins and Mavis Lloyd. Phi Omega sorors came home with many strategies to continue strengthening the great sisterhood that began in 1908.



Left to right: Soror Sharonda McMurray, Basileus Susie B. Nance and Veronica Walton. Walton and McMurray led a workshop titled "Leadership Through Mentoring."

Sorority sponsors cancer awareness seminar

SPECIAL TO THE CHRONICLE

Rho Zeta Chapter, Zeta Phi Beta Sorority Inc. and its Amicae auxiliary group sponsored a health/wellness seminar for women June 21. The event was held in F.L. Atkins Building, Winston-Salem State University. Community members attended the seminar along with members of the sorority and the Amicae.

The seminar featured the sorority's new national program, Z-HOPE, which stands for Zetas Helping Other People Excel (through mind, body and spirit). The national

program was initiated by the recently elected international grand president, Barbara C. Moore. One of the primary goals of Z-HOPE is to enhance, cultivate and empower participants to develop health-promoting lifestyle choices in all stages of life. The five major populations are women, youths, seniors, men and international women.

Topics covered during the seminar included breast and cervical cancer and colorectal cancer.

Audrey Bell-Farrow, B.S., M.B.A., M.H.A., is assistant director, clinical

research management, Comprehensive Cancer Center at Wake Forest University. Bell-Farrow's PowerPoint presentation on colorectal cancer provided information on symptoms, prevention, risk factors, screening, treatment, follow-up, availability of information and clinical trials.

Jackie Davis Boggs, R.N., B.S.N., is communicable disease nursing supervisor for Forsyth, director of Woman Wise and Cervical Cancer Control Program. Boggs' presentation centered around prevention, statistics, risk factors and types of breast

and cervical cancer.

Both speakers shared information that was resourceful, interesting and thought-provoking. Many helpful handouts were distributed to the participants. The audience was given opportunity to ask questions and make comments.

Evaluation of the seminar indicated that the majority of the information presented was excellent as well as interesting, enjoyable and enlightening. Door prizes and refreshments were available during the seminar.

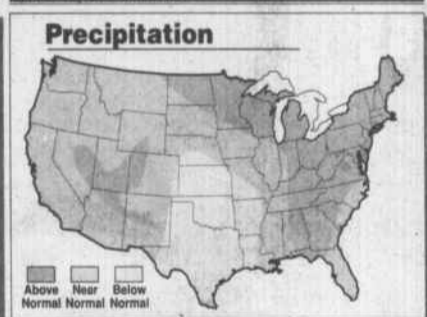
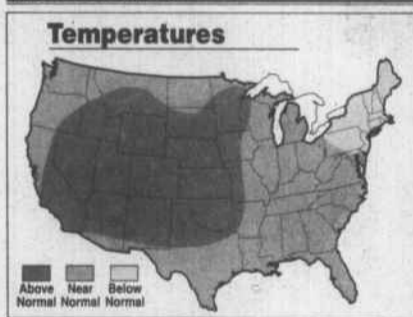
Rho Zeta Chapter's president is Danetta Fitts.

ACCUWEATHER Forecast for Winston-Salem

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Thursday	Thu. night	Friday	Saturday	Sunday	Monday	Tuesday	Wednesday
Some sun.	Partly to mostly cloudy.	Partial sunshine.	Partly sunny, more humid.	Partly sunny and steamy.	T-storms.	Mainly cloudy.	Clouds and sunshine.
82	66	88/68	88/68	86/68	84/61	84/66	88/64

THE WEEK AHEAD



U.S. TRAVELER'S CITIES

City	Thursday			Friday			Saturday			Sunday			Monday		
	Hi	Lo	W	Hi	Lo	W	Hi	Lo	W	Hi	Lo	W	Hi	Lo	W
Atlanta	84	70	s	90	70	s	90	72	s	90	70	pc	87	66	c
Boston	80	68	c	82	66	pc	86	68	pc	82	68	c	80	64	c
Chicago	80	61	s	84	66	pc	82	65	pc	83	65	pc	81	59	s
Cleveland	78	61	pc	82	65	pc	84	64	pc	79	62	pc	80	62	pc
Denver	94	64	pc	96	64	pc	94	62	pc	92	60	pc	86	53	c
Des Moines	84	64	pc	84	67	pc	81	64	pc	84	65	s	84	64	pc
Detroit	80	63	s	82	66	s	82	64	pc	80	64	pc	81	62	pc
Houston	94	74	pc	94	74	pc	94	74	pc	94	74	pc	95	73	pc
Indianapolis	80	64	s	85	66	s	86	66	pc	82	64	r	83	62	pc
Kansas City	86	67	pc	90	72	s	83	68	pc	84	66	pc	86	66	s
Los Angeles	82	66	s	82	64	s	82	64	s	94	65	s	90	56	pc
Miami	89	80	c	90	80	pc	90	79	pc	90	79	pc	91	76	pc
Minn.-St. Paul	82	64	pc	86	66	pc	82	62	pc	82	63	pc	80	54	c
New Orleans	90	73	pc	92	75	pc	92	76	pc	91	76	pc	91	72	c
New York City	84	70	c	86	72	pc	87	72	pc	84	71	pc	83	68	c
Omaha	84	66	s	88	68	pc	84	64	pc	85	65	s	84	63	c
Phoenix	106	86	pc	106	86	pc	104	84	pc	104	84	pc	104	80	pc
San Francisco	73	56	s	71	56	s	72	57	pc	74	57	pc	72	52	s
Seattle	71	55	s	75	55	pc	79	55	s	77	56	s	77	58	s
Washington	84	70	pc	90	72	pc	92	74	s	86	70	pc	85	66	c

THE NATIONAL SUMMARY

A continuation of the warmer-than-normal temperature regime; is expected in the West and Plains. Temperatures across these regions may average 5 to 10 degrees above normal. Cool and unsettled weather will be found in the Northeast. Afternoon thunderstorms will sprout up across the southern Rockies.

Weather: (W) = sunny, pc = partly cloudy, c = cloudy, sh = showers, t = thunderstorms, r = rain, sf = snow flurries, sn = snow, h = hoar.

WORLD TRAVELER'S CITIES

City	Thursday			Friday			Saturday			Sunday			Monday		
	Hi	Lo	W	Hi	Lo	W	Hi	Lo	W	Hi	Lo	W	Hi	Lo	W
Amsterdam	85	56	t	86	59	pc	84	55	r	86	56	c	73	64	pc
Berlin	78	58	c	73	58	c	77	61	pc	74	52	pc	72	63	pc
Buenos Aires	52	33	s	48	35	s	56	40	s	52	41	s	57	39	c
Cairo	101	69	s	102	69	s	102	69	s	100	67	s	99	69	s
Jerusalem	89	58	s	87	60	s	89	58	s	88	59	s	88	60	s
Johannesburg	64	42	s	67	45	pc	69	46	s	72	47	s	71	46	s
London	65	49	r	68	50	pc	64	49	c	67	49	c	68	51	t
Madrid	93	61	s	99	66	pc	96	58	pc	97	66	pc	98	64	s
Mexico City	75	54	pc	74	54	c	74	52	c	74	50	r	72	51	r
Moscow	80	60	pc	82	63	pc	85	61	pc	83	63	pc	86	64	pc
Paris	85	44	r	88	49	c	87	47	r	70	52	pc	81	55	pc
Rio de Janeiro	79	67	pc	79	68	s	78	61	pc	74	57	c	69	56	pc
Rome	84	71	pc	93	70	s	94	72	s	96	71	pc	93	73	s
San Juan	86	77	pc	89	77	s	89	77	t	89	78	s	88	77	pc
Seoul	84	67	c	85	69	c	84	70	c	82	64	c	83	71	c
Sydney	61	36	s	61	38	s	60	40	s	59	39	s	58	37	pc
Tokyo	78	74	t	80	70	c	80	70	c	81	70	c	80	72	t
Toronto	75	55	c	80	58	pc	80	58	pc	77	54	pc	78	56	pc
Winnipeg	85	55	pc	75	59	pc	81	59	s	87	61	pc	77	45	c
Zurich	79	55	c	79	59	pc	86	56	pc	81	60	pc	85	66	pc

SUN & MOON

	Sunrise	Sunset
Thu., July 24	6:22 a.m.	8:33 p.m.
Fri., July 25	6:22 a.m.	8:32 p.m.
Sat., July 26	6:23 a.m.	8:32 p.m.
Sun., July 27	6:24 a.m.	8:31 p.m.
Mon., July 28	6:25 a.m.	8:30 p.m.
Tue., July 29	6:25 a.m.	8:29 p.m.
Wed., July 30	6:26 a.m.	8:28 p.m.

	Moonrise	Moonset
Thu., July 24	2:13 a.m.	4:59 p.m.
Fri., July 25	2:51 a.m.	5:58 p.m.
Sat., July 26	3:35 a.m.	6:55 p.m.

	New	First	Full	Last
July 29				
Aug. 5				
Aug. 12				
Aug. 19				

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