



Ben Piggott (right) lights the kinara with students from Diggs School as busi-nessman Yusef Suggs looks on.

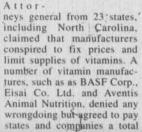


## Local agencies get their share of state health grants

OMMUNIT ARE CENTER

The Community Care Center, the Crisis Control Free Pharmacy and the Medical Society Doctors Care were among 20 agencies across the state to be awarded \$7.9 million in grants from N.C. Attorney General Roy Coop-

funds come as part of a court approved settlement with vitamin manufac turers



North Carolina's settle-ment has been distributed to nearly 100 community health organizations to support health and nutrition programs. Cooper announced the awards recently during a visit to Community Care Clinic in Salisbury, which has been offering free medical care and medicine to former Pillowtex

employees and their families.
"The flu season hit North
Carolina early this year, putting even more pressure on local clinics and nonprofits," said Cooper. "For the families who turn to community health programs, this grant is an extra shot in the arm when it is needed most.

The March of Dimes, also a recipient of the multimillion dollar grants, will use \$3 million to support a statewide folic acid campaign to encourage women to use prenatal vitamins. About 200 children are born with neural tube defects each year in North Carolina because their mothers did not get enough folic acid during pregnancy.

# Black-on-black economic support pushed during Kwanzaa program

THE CHRONICLE

Business owners, families and children came out to the William C. Sims Recreation Center on Monday evening to celebrate the fourth day of Kwanzaa - Ujamaa, meaning cooperative economics.

Ben Piggott and family along with Salaam Scents, an African fragrance and skin care products store, hosted the festivities, which focused on building and maintaining black businesses in the com-

Ujamaa is one of seven principles commemorated each day during Kwanzaa.

Kwanzaa, meaning "first fruits" in Swahili, is a seven-day celebration following Christmas that promotes family, community culture. Maulana Karenga, who chairs the department of black studies at California State University-Long Beach, created the African holiday, which is also celebrated in other parts of the

LOCAL 7-DAY FORECAST

Thu. night

Thursday

Washington

kinara was lit by several students from Jefferson Diggs Visual and Performing Arts School under the guidance of Piggott. The children also recited the seven principles of Kwanzaa, which represent the origin of the holiday.

The evening began with a pro-cession of all the business owners. Some were dressed in traditional African garb. All the business owners sang ah old freedom song as they marched around the gym. Piggott invited several entrepreneurs from the community to showcase their products and success stories to those in attendance.

"We're bringing business out to express to the community and also to the children ways of making money by creating your own jobs legitimately and be of service to the community," said Piggott, who is the director of the Sims Recreation Center.

Yusef Suggs, owner of Salaam Scents, may be a prime of example of Ujamaa being put into action. He explained how his busi-

Saturday

street to a store at Marketplace

Through the grace and mercy of God and the support of the people we kept growing, and the next thing you know we were putting on lectures, book signings, tai chi classes; these things continue to go on," said Suggs. "When you do business with me I want you to hold me accountable. In today's economy you don't want to (spend) your hard-earned money on garbage

Queen Olufemi Elom, another featured vendor for the evening, began making jewelry as a hobby 20 years ago. She now sells håndmade jewelry along with oils, skin-care products, clothes, incense and other items through Egyptian Queen Designs at Cook's Flea Market. Elom appreciated the opportunity to show the youngsters that they can go into business for themselves, like her,

"I took a hobby and made it into a career. This gives kids an

idea of what they can do with their lives outside of school and books. They can use their creativity to build a business and network," said Elom. "I celebrate Kwanzaa all the time. It brings family and community together.

The Kwanzaa celebration on Monday was the first time Meshia Miller had ever participated in the holiday. She said she enjoyed the connectedness that seems to exist among everyone who attended the program.

This is a new experience for

me, and I'm still getting in touch with the principles, but I enjoyed it," said Miller. "Everyone seemed happy and spirited and really getting in touch with their families.

People had the chance to shop the vendors who were on hand after everyone joined hands and gathered in the Umoja (unity) Circle for a prayer.

"Right there (in the circle) we become a family, and we're letting people know that Winston-Salem becomes one family," Piggott



Friday

Drizzle

## Forecast for Winston-Salem

Monday

All maps, forecasts and data provided by AccuWeather, Inc. ©2003

Clearing

59/40

THE WEEK AHEAD

AccuWeather.com

Tuesday

52/30

Wednesday

Cloudy; a chance of

60/28





#### U.S. TRAVELER'S CITIES HI LO W City HI Lo W HI LO W HI LO W 64 50 c 59 43 c 36 21 c 30 14 pc 34 20 c 50 c 60 44 pc 45 34 48 36 48 40 50 24 50 27 46 36 72 59 53 43 61 35 34 36 36 34 61 38 37 46 65 26 35 32 45 48 32 36 16 27 15 31 24 72 53 37 26 9 6 16 38 20 14 38 25 29 66 37 Des Moines 50 42 74 47 26 18 35 48 53 46 68 5 55 Los Angeles 62 Miami Minn.- St. Pau 79 36 75 44 50 70 56 New Orleans New York City Omaha 59 40 25 46 42 36 65 52 40 58

THE NATIONAL SUMMARY

Cold air will sink southward across the West and the northern Plains through the period. Temperatures in the single digits and teens are expected across Montana and the Dakotas. Storms will bring rain to the Southeast and the Middle Atlantic. A strong jet stream will push storms into the Pacific Northwest and over



## WORLD TRAVELER'S CITIES

	Thursday			Friday			Saturday		Sunday			Monday			
City	Hi	Lo	W	Hi	Lo	W	Hi	Lo	W	Hi	Lo	W	HI	Lo	W
Amsterdam -	29	22	sn	36	28	c	35	25	pc	39	30	pc.	41	37	0
Berlin	27	20	pc	27	18	gn	28	17	C	30	17	pc	27	23	C
Buenos Aires	78	62	8	84	67	8	91	71	5	94	71	pc	91	72	po
Ceiro	70	49	9.	-66	44	8	69	54	8	70	46	8	66	45	8
Jerusalem	62	45	8	56	39	8	60	48	S	64	44	8	57	41	8
Johannesburg	79	56	pc	80	60	po	82	57	pc	81	54	pc	81	56	po
London	43	31	1	40	35	pc	45	36	po:	50	40	C	48	41	c
Madrid	56	38	1	50	39	pc	54.	45	pc	52	40	pc	54	41	c
Mexico City	68	45	pc	72	49	8	74	50	8	73	48	6	73	47	8
Moscow	26	14	sn	25	2	Ç	4	-6	pc	2	-5	C	5	-3	c
Paris	33	24	sn	34	28	pc	39	29	C	42	31	pc	43	36	C
Rio de Janeiro	78	63	t	73	60	C	70	61	c .	74	64	pc	78	65	C
Rome	51	37	pc	43	35	t	45	37	0	45	31	pc.	42	32	pr
San Juan	82	71	pc	82	72	pc.	83	71	8	83	72	8	83	71	po
Secul	37	20	po	35	19	pc	32	9	pc	27	10	pc	28	13	-8
Sydney	90	.68	C	86	65	8	86	70	5	90	74	5	94	71	5
Tokyo	51	40	8	54	43	pc.	52	38	pc:	47	27	8	41	29	.pe
Toronto	39	24	pc	44	38	C'	48	28	C	29	17	C	26	12	C
Winnipeg	16	8	C	14	0	C	4	-12	C	-4	-18	C	2	-16	0
Zurich	35	27	0	30	25	šn.	33	25	pc	34	24	pc	33	30	C

## SUN & MOON

		AND A SEC.
	Sunrise 3	Sunsa
Thu., Jan. 1	7:32 a.m.	5:17 p.m.
Fri., Jan. 2	7:32 a.m.	5:18 p.m.
Sat., Jan. 3	7:32 a.m.	5:18 p.m.
Sun., Jan. 4	7:32 a.m.	5:19 p.m.
Mon., Jan. 5	7:32 a.m.*	5:20 p.m.
Tue., Jan. 6	7:32 a.m.	5:21 p.m.
Ned., Jan. 7	7:32 a.m.	5:22 p.m.

Fri., Jan. 2 3:06 a.m.

Moon Phases

First Full New Dec. 30 Jan. 7 Jan. 14 Jan. 21

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