



good for you. We give greenpoints

### DOUBLE COUPONS EVERY DAY

WE DOUBLE MANUFACTURERS COUPONS UP TO 60¢ FACE VALUE. COMPLETE DETAILS IN STORE. SOME RESTRICTIONS APPLY.

### SUMMERTIME BONUS BLAST!

SHOP & EARN EVEN MORE GREENPOINTS NOW THROUGH JULY 6!



**SPEND:**  
\$250  
\$500  
\$750  
\$1000

**EARN:**  
DOUBLE GREENPOINTS  
TRIPLE GREENPOINTS  
QUADRUPLE GREENPOINTS  
TEN TIMES GREENPOINTS

UP TO 10 TIMES MORE S&H GREENPOINTS! on the order of your choice by using your Rewards Card now through Tuesday, July 6!

Processed in the USA Certified Premium Hereford

## Bone-In Ribeye Steak

Save 4.00 lb.

with card

# 5.99

lb.

Processed in the USA Center Cut Whole

## Boneless Pork Loin

Sliced Free!

Save 2.00 lb.

with card

# 1.99

lb.

Stadler's

## Old Fashioned Whole Country Ham

Sliced Free!

Save 70¢ lb.

with card

# .99

Limit 2 lb.

40 - 80 Ct. Fully Cooked

## Peel & Eat Medium Shrimp

While Supplies Last!

Save 4.00 lb.

with card

# 3.99

lb.

Product of the USA

## Seeded or Seedless Watermelon

Lowes Foods is proud to offer you your choice of seeded or seedless watermelons for the same low price.

Cut Watermelon Halves 1.79 ea.

Save 2.32 ea.

with card

# 2.67

ea.

## Independence Day Sale-A-Bration

LOWES FOODS IN STORE COUPON

Good Wed., June 30, Thurs., July 1 & Fri. July 2 ONLY

Lowes Foods Brand Ass't.

## 2-LITER SOFT DRINKS

PLU# 8774

# 3/.99

Limit 9 with Coupon and Additional Purchase. With this coupon and additional purchase. This coupon offer good June 30, July 1, & 2, 2004 only.

LOWES FOODS IN STORE COUPON

Good Wed., June 30, Thurs., July 1 & Fri. July 2 ONLY

8 ct. Lowes Foods

## Hot Dog Buns or Hamburger Buns

PLU# 8775

# .69

Limit 4 with Coupon and Additional Purchase. With this coupon and additional purchase. This coupon offer good June 30, July 1, & 2, 2004 only.

LOWES FOODS IN STORE COUPON

Good Wed., June 30, Thurs., July 1 & Fri. July 2 ONLY

16 oz. (Pre-Priced 2.79)

## Borden Cheese Singles

PLU# 8776

# 1.99

Limit 4 with Coupon and Additional Purchase. With this coupon and additional purchase. This coupon offer good June 30, July 1, & 2, 2004 only.

LOWES FOODS IN STORE COUPON

Good Wed., June 30, Thurs., July 1 & Fri. July 2 ONLY

32 oz. Miracle Whip or Regular

## Kraft Mayonnaise

PLU# 8773

# 1.49

Limit 2 with Coupon and Additional Purchase. With this coupon and additional purchase. This coupon offer good June 30, July 1, & 2, 2004 only.

WEDNESDAY, THURSDAY, FRIDAY ONLY!

This Week!

12 oz. Cans Assorted

## 12 Pack Coca-Cola

Limit 4

# 2/5

Save 1.39 on 2

3 Gal. Lou Ana Peanut Frying Oil 19.99

18 oz. Assorted

## Kraft BBQ Sauce

Buy One, Get One

# FREE

Each one will be charged at half price.

Save 4.99 on 2

BREYERS

## Breyer's Ice Cream

\*Excludes Carb Smart

1.75 Qt. - 5 Gal.

Buy One, Get One

# FREE

Each one will be charged at half price.

### Lowes Foods Has Everything You Need For A Great Picnic

50-75 Sq. Ft. Lowes Foods Aluminum Foil **1.69**

250 Count Lowes Foods Napkins **2/3**

30 Count 16 oz. Lowes Foods Foam Cups **99¢**

300 Sq. Ft. Lowes Foods Plastic Wrap **2/3**

100 Count Lowes Foods 9 Inch Paper Plate **1.99**

30 Count Lowes Foods Foam Bowls **99¢**

Van Camp's

## PORK BEANS

15 oz.

Van Camp's

## Pork and Beans

Buy One, Get One

# FREE

Each one will be charged at half price.

12 Pack Merito Hamburger or Hotdog Buns 1.39

11.5 - 12 oz. Assorted

## Lay's Potato Chips

Buy One, Get One

# FREE

Each one will be charged at half price.

1 lb. Bag

## T&A Cole Slaw

GET ONE FOR FREE when you SPEND 1500 greenpoints.

PLU# 8550

OR **1.69**

Limit 4

12 oz. Assorted

## 12 Pack Coke

GET ONE FOR .99 when you SPEND 1750 greenpoints.

PLU# 8527

OR **2/5**