

One-on-One

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Anthony: Really?
Josh: (Smiles.) He does a lot of yelling. He doesn't mean anything by it. He just wants to get the best out of his players. I understand that. I've had two hard coaches in my lifetime that have yelled at me. So I know where he's coming from.

Anthony: Now, you were able to go through your first year with the guy who made your college career come to an end in Marquis Daniels (former Auburn baller).

Josh: (Smiles.) Yeah.
Anthony: How was your relationship with him?

Josh: Like a brother. I mean, we both enjoy the same things. We eat the same foods. We're so similar, except he's from Orlando, and I'm from Winston. I know that he's gonna go far in this league. He got his opportunity and ran with it. I'm glad that he did it.

Anthony: Was he your best friend on the team, or were you closer to someone else?

Josh: That's my home boy. He's like one of the Winston people, around here. If you didn't know any better you would think he was from here.

Anthony: What's it like to play with Dirk (Nowinski)?

Josh: It's an experience. When you watch these guys on TV you think they're the greatest, but once you get on the court with them it's almost like you've played with them all your life.

Anthony: A lot of people recognize you as being cool and calm, but was there one player that made your eyes pop out, or got you nervous before you played them?

Josh: Um, I think to answer that question I would have to reflect on the whole year. Just seeing each team and watching different players made me say, "Wow." I've seen all the players in the NBA, and I've seen what they can and can't do.

Anthony: OK. Tell me who the toughest person to guard was.

Josh: Baron Davis (New Orleans Hornet guard). I guarded Shaq and Kevin Garnett too, but they had the size advantage on me. Baron Davis was the toughest player for me.

Anthony: OK. I saw you get off a lot on "SportsCenter" a lot this year. They had your dunks on heavy rotation.

Josh: (Laughs.)

Anthony: How did it feel to get so much notoriety so early in your career?

Josh: It felt good, but I have to keep myself grounded. I can't get carried away with all of that. It definitely felt good, but I have to stay humble.

Anthony: I hear that. (Pause.) I saw the nice-looking girl you were with when Wake played Texas.

Josh: (Giggles.) Yeah.

Anthony: It's like that, dawg? (Both laugh.) Are you getting all the ladies, man?

Josh: (Giggles.) She was just a friend. I mean, girls are definitely out there, but I have to watch myself now that I'm in a position with money and stuff. I know they're gonna come at me. I've just got to stay positive and focused. I can't let any of them trap me up.

Anthony: Are you looking to settle down anytime soon?

Josh: Maybe.

Anthony: (Smiles.) Oh yeah?

Josh: (Smiles.) Yeah, I'm going to just leave it at that.

Anthony: (Smiles.) I hear that. Um, tell me what the night life is like in Dallas.

Josh: The night life is what you would like if you were coming from Winston-Salem and wasn't used to going out every day but Friday. Once you get used to it, you see the same people over and over again. For the most part, the night life is a lot better

than it is here.

Anthony: There's a lot of trade talk going on in the NBA, and a few deals have just been made. What's going through your mind? Do you worry about being traded sometimes?

Josh: With me and the organization that I'm in, I just take it as a business. They do a lot of moving around. If they're not satisfied with a guy, then they'll get him out of there. I'm staying in shape and maintaining my work ethic. If I get traded, then that lets me know that another team wants me more than Dallas. So I'm always prepared.

Anthony: Do you have a personal opinion on the Antawn Jamison deal that just went down?

Josh: Antawn Jamison was my next buddy, after Marquis Daniels. It hurt me to see him go. I talked with him, and he seemed kind of sad. I don't think that he's through getting traded. I think Washington might trade him too. It's kind of hard, man. He did so much for our team. It's just sad. You just never know what's gonna happen.

Anthony: J-Ho, I got to ask you this, man. I know you're planning on starting a few businesses. So do you plan on bringing a club to the city or maybe give us a soul food restaurant called J-Ho's. (Both laugh.) Do you have any plans like that?

Josh: Yeah, I've got some business plans, but I'm just starting out. I can't just jump out there and do too much. But yeah, I would like to have a club to give people something to do downtown. In the big cities that I've been to, the clubs have been right downtown. I also want to do a few small things. I know that I want a lawn service and a day care.

Anthony: Did you want to open something in Dallas too?

Josh: If I did, it would be something like a bar or something. I'm not trying to get out-rages. I'm one of those guys who's going to stay low key, no matter what.

Anthony: Cool. I know that you have a love for cars, especially old school rides. I've seen your Cadillac. How many cars do you have now, and which one is your favorite?

Josh: I have three cars. My favorite one is my '73 Classic Caprice. I just got that yesterday.

Anthony: Ah, man. You're doing it big.

Josh: (Smiles.) Yeah.

Anthony: I heard that you had one of your cars stolen not too long ago.

Josh: Yeah, that was in Dallas. As long as I've got insurance on it, I'm straight. It was a sad feeling to get my car stolen, but I've got insurance. And I had two

cars. So hey.

Anthony: You're the old-school man.

Josh: (Smiles.) Yeah, I love my old-school car. I wish that I would've driven it. I didn't know you were coming.

Anthony: (Smiles.) It's all good. Hey, I still remember talking to you during our first interview, and you told me that you wouldn't be in the league longer than seven years.

Josh: (Smiles.) Yeah.

Anthony: Has that changed?

Josh: I'll add three more years to that, and make it 10. (Both laugh.) I'm 24 right now. When I'm 34 or 35, I just want to relax and just ride it on out.

Anthony: Must be nice. (Both laugh.) What are you bumpin' nowadays?

Josh: I've got a lot of mixed CDs. I've been listening to a lot of Texas music. That's a whole "nother type of music down there. You've got to live down there for at least two years to get used to it. It's different down there.

Anthony: Yeah, and everybody's got the platinum grills (teeth).

Josh: Yeah, I've got some fronts.

Anthony: That's tight. Tell me what the hottest throwback jersey you've got.

Josh: It's between the Adrian Dantley, Utah Jazz; and the Reggie Lewis, Commodores jersey. I haven't even worn the Reggie Lewis one yet.

Anthony: I'm trying to get the Josh Howard, Glenn-High jersey.

Josh: (Both laugh.) Yeah.

Anthony: Let's go to free association.

Josh: Aight. You remember I was right on all of mine last time. Remember what I said about J-Lo? Now, look at her.

Anthony: (Smiles.) You're right. (Pause.) Dirk.

Josh: Shooter.

Anthony: Best high school player to ball in Winston.

Josh: I've gotta go with Tyson Patterson.

Anthony: Chris Paul.

Josh: Next big thing to come out of Winston.

Anthony: One more question. Is your Late Nite team (City View) going to win the city championship?

Josh: Yeah, I think they have a pretty good chance. I'm not gonna be able to play because I'm getting ready to go to play in the summer league, but I would've played a few games if I was gonna be here.

Anthony: That would've been cool. Well, I'm gonna let you get out of here. Good luck with your career, and thanks for the time, Josh.

Josh: It's no problem, man. You know that.

ly works with the kids very well and always has. This is just an opportunity for him to kind of reintroduce himself and also teach the kids some knowledge about the game."

Howard wasn't the only person of interest at his camp. Some of the guests were: Wake's Chris Paul, New Orleans Hornet David West, various Wake basketball staff members, Mt. Tabor head basketball coach Andy Muse, One on One CEO Arthur Jackson and a few more. Even though the camp's attendance was noticeably high, Howard still felt like he was leaving some kids out.

"I'm gonna try to keep this going every year," Howard said. "I'm gonna try to have another one in August for the underprivileged kids. They're some kids who couldn't necessarily afford to come to this camp, and I want to offer them a camp too. I'm working on that right now."

One on One and Gray are also

looking forward to working with Howard for years to come.

"This has really worked out tremendously," Gray concluded. "We've had a great turnout, and we're looking to do more things in the future with Josh."

One on One Basketball is a comprehensive, year-round basketball instruction and event management company. It started in 1991 with the purpose of providing off-season personal basketball training to developing high school players. The company has operations going on in Winston-Salem, Washington, D.C., Boston, Chicago, Memphis and San Diego. Winston-Salem became the sixth regional branch of the company.

Gray and One on One are focused on instilling basic fundamentals of the game in aspiring players through skills classes, after-school basketball programs and various camps throughout the year, such as the Josh Howard and Brandon Haywood camps.



Josh Howard hopes to be able to add a few new attractions to the city in the future.

Tennis player having a productive summer

BY ANTHONY HILL
 THE CHRONICLE

Most kids do a fairly large amount of traveling during the summer months. Some kids even spend their summers playing various sports. Well, Forsyth County Day tennis standout David Hopkins does both - travels a lot and plays sports.

"I love the traveling part," Hopkins said. "That gives me a chance to see a lot of cities. Sometimes I miss staying away from home, because I miss my bed and just being at home. But traveling to play tennis is a lot of fun - especially when I win. I have to admit that the weekends go by fast when I'm on the road."

The last few weeks and the ones to follow may feel like a blur to Hopkins, as he's going to have to deal with a lot of traveling and tennis playing in a relatively short amount of time. He's played his last two events in North Carolina and Georgia, and will compete in Alabama and Florida for the next two - before traveling to Texas for a national tournament.

The journey all began on June 15, when Hopkins won the Boys 14s Tar Heel Qualifier tennis championship at Hanes Park, here in Winston. That competition is one of the most prestigious tournaments in the state. And it was also one of the more exciting for Hopkins. That was one of the first opportunities some of his friends had to see him play.

"That was one of the best parts about playing here," Hopkins said. "A lot of my friends that have never seen me play got to watch me play for the first time when I played here in Winston. That really felt good. It also gave me a chance to show a lot of people the level that I can play at. I think I proved to a lot of people that I can play at any level. That gave me a lot of confidence."

Hopkins defeated four of the top players in the state to



David Hopkins recently won school and individual state tennis championships.

solidify his top ranking in the latest North Carolina poll. He defeated Sam Funkhouser (Raleigh) 6-2, 6-2; Conner Sherwood (Greensboro) 6-2, 6-2; Colin Egan 6-1, 6-1; and Michael S. Percira (Fayetteville) 6-3, 4-6, 6-4.

Hopkins then competed in another competitive event when he traveled to Macon, Ga., to play in the Southern Tournament. He finished that tournament with a 6-2 record after suffering his final defeat to a friend from Greensboro, Andrew Carter. He admitted that Carter was having a great day on the courts that day, but he (Hopkins) wasn't playing at the top of his ability.

"I know that I could've played better," Hopkins said. "I was really depressed after that loss. My main goal was to win the Southern (Tournament), and I lost to someone that I felt like I should've beaten. That's what hurts the worst. He

played very well and didn't make too many mistakes. I just know that there were a lot of things that I should've done differently. I simply made too many mistakes. I wasn't myself. If I would've played close to my ability, I would've won in two sets."

Hopkins is still No. 21 in the nation, as of June 23. Now he's getting ready to travel to Montgomery tomorrow (Friday) to compete in another national competition. Then he'll be off to Ft. Lauderdale and Texas to play.

"I'm ready," Hopkins concluded. "I'm really confident that I will turn things around for me. I've really stepped up my performance level the past few weeks. I've been working out for five hours every day, and I can already see the results. I think this will definitely be a good summer for me."

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