

# COMMUNITY

Your stories, your voices

SECTION C

DECEMBER 30, 2004



## Community Calendar

### T'ai chi introduction scheduled

A free t'ai chi Introduction will be held at the Golden Flower T'ai Chi Center, 612 Trade Street, Arts District, downtown Winston-Salem, on Saturday, Jan. 8, at 11 a.m.

Attendees will learn practices for better health, youthfulness and relaxation developed thousands of years ago. These time-proven techniques have been scientifically shown to reduce stress, relieve chronic pain, lower blood pressure, slow the aging process, alleviate asthma, combat depression, and improve balance.

Free refreshments will be provided. Golden Flower T'ai Chi Center's Tea and Tonic Bar and store will be open from 11 a.m. to 5 p.m.

For more information call 727-1131.

### Mt. Pleasant Baptist will hold Watch Night service

Mt. Pleasant Baptist Church will hold a Watch Night service Dec. 31 at 10:30 p.m. Rev. Marceo McDaniel, an associate minister at Union Baptist Church, will be the speaker. The church is at 795 N.W. Crawford Place (725-9623).

### Mount Olive Baptist will hold Watch Night service

Mount Olive Baptist Church will have a Watch Night service beginning at 10 p.m. Dec. 31. Come out and receive a blessing. The church is at 1301 E. Belews Street.

### New Unity Missionary Baptist will hold Watch Night service

New Unity Missionary Baptist Church, 2946 Ivy Ave., will have a Watch Night service starting at 10 p.m. on Dec. 31. All are invited.

### St. Stephen Missionary Baptist will hold Watch Night service

St. Stephen Missionary Baptist Church will hold its annual Watch Night service on Dec. 31 at 10:30 p.m. Come out to praise and worship God for all He has done this year and start off the year 2005 in the presence of God. The church is at 5000 Noble Street.

### W-S Viking organization accepting cheerleader and football coaches' applications

The Winston-Salem Viking organization is accepting cheerleader and football coaches applications for the 2005 season. Anyone interested must submit an application and a current copy of his or her police report. All applications must be submitted by Jan. 4. The coaches' interviews will held on Jan. 8 at the Adam's Mark hotel, 425 N. Cherry Street, from 10 a.m. to 2 p.m. To obtain an application or for more information, contact Helena Evans, vice president, at 713-4265.



Georjean Moore leads a group of youngsters in an African dance.

Photos by Kevin Walker

## UNITED WE STAND

### First day of Kwanzaa focuses on bringing community together

BY T. KEVIN WALKER  
THE CHRONICLE

Kwanzaa got off to a rousing start Sunday night as dozens of people packed the Winston-Salem Urban League for the first night of the African-American cultural holiday. Night one of Kwanzaa is designated to push the importance of unity among blacks. The seven-day cultural holiday will also stress values such as faith, creativity and cooperative economics before it wraps up on New Year's Day.

Sunday's kickoff had all the ingredients of a signature Kwanzaa celebration. The rhythm of African drummers was pleasing to the ear, and the dancers — with their awe-inspiring moves — were eye-catching. But Delores Wylie, president and CEO of the city's Urban League, made it clear to guests from the start that they were not to be mere spectators.

"If you didn't come here to (participate), tough luck," Wylie said. She made the statement with a smile, but she wasn't joking. The nearly 100 people who packed the event were an active



Urban League chief Delores Wylie welcomes the crowd.



LeShea Agnew and LaShunda Booker perform in "Sojourn to Freedom."



Several people performed at the ceremony, including: Geraldine Lewis (from left); Dandara Boyd, who performs an original poem, "Mama Africa"; and a man who plays a shakera during a performance by the drumming/dance troupe Otesha. The man is a member of Otesha.