

Community Calendar

Dec. 31

Phoenix Club will sponsor New Year Dance

The Phoenix Club will sponsor a New Year Dance Dec. 31 from 9 p.m. until 1 a.m. at the Benton Convention Center. The dress is semiformal. The Agency Band will perform. For more information call 725-1040, 769-4422 or 978-3862.

Macedonia Worship Center will hold Watch Night

Watch Night 2004 at Macedonia Worship Center, 500 Kinard Drive, will begin with "fun hour" from 8 to 9:30 p.m., which will include food, games, face painting and more. The worship service will begin at 10 p.m. For more information contact the church office at 725-2190.

Jan. 7

Federal employees to hold monthly meeting/lunch

The National Association of Federal Retired and Current Employees (NARFE) will hold its monthly meeting/luncheon at 11:30 a.m. Friday, Jan. 7, at the Holiday Inn at 2008 S. Hawthorne Road. The cost of lunch is \$8.50. Lawyer Mike Wells of Wells, Jenkins and Lucas, PLLC, will be the keynote speaker. The meeting is open to all federal retirees and employees. For more information call 721-1783.

Other

Shepherd's Center will offer exercise classes for adults 50 and over

The Shepherd's Center of Winston-Salem will hold the following eight-week series of exercise classes beginning the week of Jan. 10, 2005, for adults aged 50 and over: warm water exercise on Mondays and Tuesdays at 1 p.m., tai chi on Mondays at 7 p.m., tai chi on Wednesdays at noon, Pilates on Wednesdays at 10 a.m., senior yoga on Thursdays at 2 p.m. The deadline to register is Dec. 30. Register by calling Lois Steichen at 748-0217, ext. 102. Call for details about the fees for each class. The classes will be at the Shepherd's Center of Winston-Salem Senior Center, 1700 Ebert Street.

The Shepherd's Center of Greater Winston-Salem is an interfaith ministry whose mission is to support and promote successful aging through educational, service,

volunteer and support activities for older adults.

Participants wanted

Are you 55 years or older with limited income? SCSP offers a training and employment program to utilize your skills. To find out if you are eligible for the program, contact the Winston-Salem Urban League at 725-5614 (ext. 1303).

Become a part of a miracle - adopt

There are hundreds of school-aged African-American children in our state who are waiting for a family just like yours. Won't you become a part of a miracle and welcome one of these children into your home. For more information call Clarethia Rowell or Julie Everidge at 768-4136.

Basketball league

Registration for the Winter Basketball 35 and Up League continues through Jan. 11 at William C. Sims Recreation Center. Entrance fee is \$250 per team. All moneys are due by Jan. 11. Call Ben Piggott, center supervisor, at 727-2337.

International Association of Administrative Professionals

The Winston-Salem Chapter of International Association of Administrative Professionals (IAAP) meets the second Tuesday of each month at 5:45 p.m. at the Holiday Inn, Hanes Mall. To make a reservation, call Patricia Shelton at (336) 480-2101.

Trip

Funtime Club is sponsoring a trip to the Honda Battle of the Bands on Jan. 29. Come celebrate and support the marching bands from America's historically black colleges and universities. There is a fee. For more information contact C. Huntley at 767-0105. Leave a message.

Trip

The group Forsyth Blind Bowlers is sponsoring a trip to New Orleans (Memorial weekend 2005), leaving Thursday night and returning on Sunday. Reserve your seat now. There is a fee. For more information leave a message at 767-0105.

Omega talent hunt is

three videos and they plan to launch an independent label in the future with Rodo's guidance. Rodo throws parties and gets them booked in clubs and as opening acts. So far, Little Rick has headlined the group in a Nelly/St. Lunatic-type fashion, opening for Disturbing the Peace, 50 Cent back in D.C., Jay-Z at Super Jam 2001, Juelz Santana, and T.I. at the Matrix here in Winston-Salem.

Solo projects are also in the works for each of the group members. Little Rick's will be out first, called "Almost Famous."

Ill Spittaz managed to catch the ears and attention of the Beat gods, a group of producers from Philadelphia, who discovered Ill Spittaz music online. As far as national recognition, Rick says they don't want to be classified as Dirty South or East Coast. They believe they can hold their own in any sub-genre of rap.

"We don't want to be categorized as Down South or Up North, club or gangster," he said emphatically. "(North Carolina) got so many styles. We're not that (Deep) South, nor that Up North sounding," said Rick.

The graphic design student at Winston-Salem State University is also the proud father of 3-year-old Jeremiah. Rick, who will graduate in December 2005, has started a music promotions company with Ill Spittaz called EyeAm Inc., which allows them to work with other local aspiring artists.

Rodo sums up their efforts best when describing their independent label aspirations called Tunnel Vision.

"It's positive; our focus is positive. Tunnel vision, it has meaning. When you're in a tunnel, what's around you? Nothing but forwardness.... We in the dark, but we gon' see the light," said Rodo about his expectations for the future.

looking for contestants

Start preparing now for the Palladium Omega Psi Phi Talent Contest. The contest will take place on March 13, 2005. All music students in grades 10, 11 and 12 are eligible. Contestants will need to play an instrument or sing semi-classical-classical music only. The music will need to be memorized. Music students and music teachers can contact Emory Jones at 764-2550 or emoryjones1@hotmail.com for more information.

Atlantic City trip

Come join Heart 2 Heart Friends on a trip to Atlantic City April 3-5. There is a fee. Reserve your seat now. Contact Authur Dixon at 408-7585.

Wynton Marsalis

Lyceum Cultural Events and the Office of Student Affairs at WSSU will present Wynton Marsalis on April 13 at Kenneth R. Williams Auditorium at 8 p.m. Tickets are being sold now. Go to www.wssu.edu for more information.

Pfafftown Youth Achievers end year with two projects

SPECIAL TO THE CHRONICLE

Pfafftown Youth Achievers of the National Women of Achievement closed their 2004 year with two successful projects: Adopt a Family Thanksgiving Project and Project Social Graces. Each project brought great joy to participants and to the recipients.

On Nov. 22, 2004, Youth Achievers delivered Thanksgiving baskets to two families. This is an annual service project for the Pfafftown Chapter. The youths bring in canned goods and other nonperishable goods and put them in boxes, which they decorate for Thanksgiving. Adult Achievers also assist with food items such as hams or turkeys. They then deliver the boxes to the families.

Inside the family homes they sing songs and often pray with the recipients and newfound friends. They really try to get to know the people they have helped.

Co-President Kourtney MacBeth said: "Thanksgiving is all about being with family and shar-

ing with one another. The main purpose (for us) is to remind us of how thankful we all should be for everything that God has blessed us with during the good and the bad times. The joy of seeing the expressions on the faces of the family (is) indescribable. It makes you (the giver) feel like you are truly helping someone."

After the delivery of the baskets, the girls went out to eat at a local restaurant to celebrate all November birthdays of Youth Achievers in the Pfafftown Chapter. Plans for the December Social Graces project were finalized at the group's Nov. 29 meeting.

On Dec. 10, Pfafftown youths gathered for their final project of the year. Youths were excited about this project because it allowed them an opportunity to put into practice the social graces that they had practiced and they had escorts who practiced along with them. Pfafftown Chapter selected Astor Park as the site for social graces. A relative of one of the youths catered the five-course meal. There were no paper plates

or plastic utensils. This was a dress-up and formal affair for the youths and observers.

Youths were escorted and presented by Achiever Linda Bowman Hopson to the other friends who were present to witness. The Youth Achievers had practiced the graces of social dining, starting with soup and salad. Proper utensils were required and had to be properly used throughout the meal. Youths were encouraged to hold light table conversation while dining.

This proved to be a successful experience for all youths involved. They have definitely prepared themselves to feel comfortable in other settings requiring such graces. Success often comes to those who have prepared themselves to be comfortable and knowledgeable about the proper behavior required of those who would achieve. Good manners always count!

Pfafftown Youth Achievers have worked hard to achieve and to succeed in the projects for this calendar year. They have been successful.

Happy New Year!

Boneless Value Pack New York Strip Steak **\$4.99** Lb. Without MVP Card \$9.79

16 Ounce 71/90 Count Food Lion Medium Cooked Shrimp **\$3.99** Without MVP Card \$5.99

1 Lb. Bag, Crisp, Cut Peeled Carrots **1 Lb. Bag, Original Fresh Express Salad**

Buy One, Get One FREE Without MVP Card \$1.99-\$2.19

100 Ounce Liquid or 28-42 Load Powder Tide Detergent **\$4.99** Without MVP Card \$6.49

8 Rolls Bounty Paper Towels **\$5.99** Without MVP Card \$7.69

5-9.5 Ounce Hamburger, Tuna or Chicken Helper **99¢** Without MVP Card \$1.79

12 Inch Select Varieties DiGiorno Pizza **\$3.99** Without MVP Card \$5.79

15-16 Ounce Select Varieties Keebler Zesta Saltines **Buy One, Get One FREE** Without MVP Card \$1.99 Each

14-15 Ounce Select Varieties Green Giant Sweet Peas **3/\$1** Without MVP Card 3/\$2.23

New Year Party Supplies

Lays Classic Potato Chips 11.5-12 Ounce Select Varieties **Buy One, Get One FREE** Without MVP Card \$2.99 Each

Tostitos Scoops 12-13.5 Ounce Select Varieties Or 15.5-16 Ounce Select Varieties **Salsa or Con Queso** **2/\$5** Without MVP Card 2/\$5.98-\$6.58

Hillshire Farm or Bryan Cocktail Smokies 14-16 Ounce **2/\$5** Without MVP Card 2/\$5.98

Medium Party Pleaser Platter **\$19.99** Without MVP Card \$24.99

Kellogg's Special K Cereals 12-14 Ounce **2/\$5** Without MVP Card 2/\$6.78

Good neighbors. Great prices.

Prices in this ad good DEC. JAN. W T F S S M T 29 30 31 1 2 3 4 2004/2005

We reserve the right to limit quantities and correct typographical and photographic errors.

Little Rick

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North Forsyth became the breeding ground for Rick and his fellow emcees to create ideas as well as harvest some heat makers that would get them started. Glue, a witty Caucasian who doesn't make apologies for his skin color, demands respect as he sticks to his name by sticking to beats and riding instrumentals like transportation.

Meanwhile, the laid-back, quiet swagger of Billionz is enough to round out a solid three-man group ready to take on anyone. Glue remembers high school being a time when they were not only the most talented but also the few to appreciate what they were trying to accomplish.

"We were the only people who got along that (weren't) hating on each other," Glue said.

Rick describes their early partnership as "writing verses and passing them back (and forth), finding out we (were) the hottest," he said. From that point on they began recording together.

"For about a year and a half, we were paying and paying, (then) we met some dudes who started paying for our time. They thought we were hot," Rick said.

The group soon tired of having to pay for studio time, so the group built one of its own complete with all of the recording equipment necessary for laying down lyrics. Southside Studio, which has been up and running for more than a year now, is home to thousands of tracks, released, and unreleased. Their latest heavy hitter is called "Destroy and Rebuild" with the group D.D.E.

"(We) just said bump that, we want our own studio, and (we) built this joint," Rick said with satisfaction.

Not only did they build Southside out of their own pockets, but they have shot