

Witherspoon ready to dish out pain

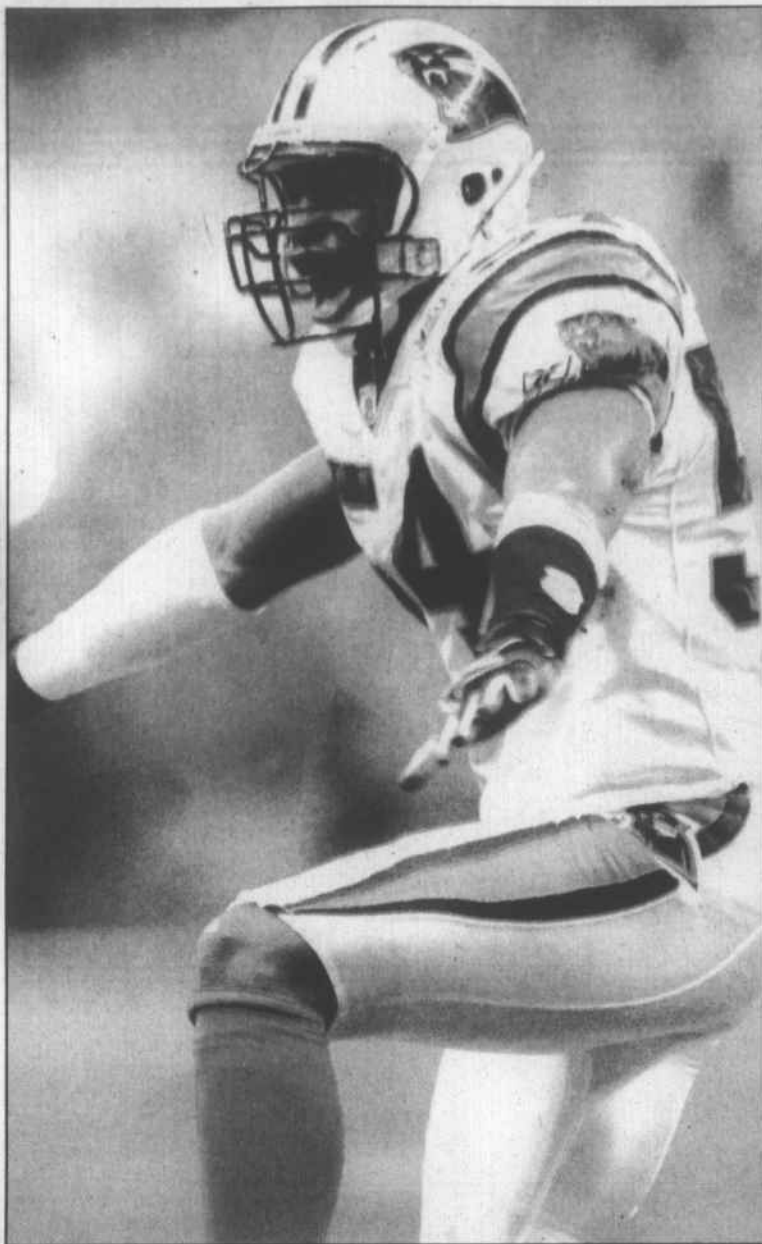
Carolina Panther linebacker Will Witherspoon was one of the best linebackers in the NFL last season. He played both the run and pass better than a number of linebackers. He led Carolina with 110 tackles and established career highs with four interceptions and three sacks last season.

And his four interceptions were the second most among NFL linebackers behind the five collected by Buffalo's Takeo Spikes.

He's looking pretty good on the Panthers all-time total tackle list as well. The 312 tackles he compiled from 2001-03 rank second on the Panthers list behind Mike Minter's 329 stops.

"I wanted to find out what he's done to get better for the Panthers this summer. I also wanted to see what the team's mindset was heading into this season."

I didn't have much time to finish this



Carolina Panther linebacker Will Witherspoon is entering his fourth season in the National Football League.



interview. I kind of caught Will in between lunch and his midday nap. You know, pro players must get that sleep in during training camp, but he and I still had a pretty good time. We even talked about my old high school beating his school back in the day. According to him, his team used to get the best of my school.

That's all right. It was still fun to simply bring up the old memories.

Anthony: Will, what's good, man?
Will: It's all good. I'm just getting ready for this next practice.

Anthony: How has practice been going for you all? The heat has been intense, and everyone is a little anxious to play. How has everything been moving?

Will: You know, what's kind of funny is that we've had kind of an overcast the last couple of days, so it's been kind of cool. But it looks like it's going to get pretty hot this afternoon. But everyone has worked hard, and we're prepared for it.

Anthony: Will, how do you feel heading into this season?

Will: I'm feeling good. A year bigger. A year better.

Anthony: I hear you. (Smiles.) You've got to be a little excited because you've got another Georgia (Thomas Davis of the Georgia Bulldogs) boy on the team. You've got to be excited about that.

Will: Oh yeah. I've got another DSGB (Down South Georgia Boy) with me. (Both giggle.) We've got it all going, and it's good to have a guy on the team that I actually played ball with and did a lot of things with. He's accomplished a lot in college, and I think that he's going

to take it a step further with us.

Anthony: How much pressure is on this Panther defense, and overall team in general. I mean, last year you all were plagued by injuries. Now, everyone seems healthy. Does that bring back pres-

See **One-on-One** on B4

Deacs compete in Pan Am games

CHRONICLE STAFF REPORT

Wake Forest rising sophomore Michael Bingham, representing the United States, captured the bronze medal in the decathlon at the Pan Am Junior Championship this past Saturday in Windsor, Ontario. Bingham, a Burlington product, scored 7,049.

Bingham ran a 10.83 in the 100 meters, had a long jump mark of 6.95 meters, threw 12.16 meters in the shot put, recorded a 1.81-meter jump in the high jump, and ran a 47.01 mark in the 400 meters on the first day of competition. He then opened day two with 14.6 seconds in the 110-meter hurdles, 36.82 meters in the discus, 4.0 meters in the pole vault, 39.63

meters in the javelin and 4:50.64 in the 1,500-meter run. Bingham finished third behind Andres Silva of Uruguay and Cuba's Yuniur Diaz Zayas.



Bingham

In other competition, incoming freshman Mandy McBean competed in the women's 3,000 meters and also earned a bronze medal. Representing her home nation of Canada, McBean ran a time of 9:42.75 to place behind fellow Canadian Alyson Kohlmeier and Peru's Ines Melchor.

Fellow incoming freshman Jeremy Fisico, a middle distance runner from Windsor, Ontario, placed fifth in the 5,000 meters. Fisico ran a time of 15:12.31 in the event.

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Bishop in charge of Seminarian Affairs

"MORNING GLORY" WORSHIP WEDNESDAY - FRIDAY 10:00 am

EVENING WORSHIP TUESDAY- FRIDAY 7:00 pm

NOON DAY EXPLOSION THURSDAY 12:00 NOON

WORKSHOPS August 10 & 11 10:00 AM - 11:15 AM

Wed. 10:30 Ministry of Redemption
Ministry of Order
Ministry of Personal-Health

11:15 Ministry of Grace and Peace
Ministry of Making Him Known through the Revealed Word

Thur. 10:30 Ministry of How As We Keep Our Vows to One Another
Grace Ministry Focus on the Redemption

11:15 Sewing Ministry Generational Awards
Worship Ministry Lifestyle, Not Just an Art Form
Extending Ministry the Peace of God's Law

NOON DAY EXPLOSION August 11 - 12:00 NOON

Thur. 12:00 Bishop Milton Benton Perry

NIGHTLY WORSHIP August 9 - August 12 / 7 PM - 8:30 PM

Tuesday Bishop Milton Benton Perry
Wednesday Bishop Milton Benton Perry
Thursday Bishop Milton Benton Perry
Friday Bishop Milton Benton Perry

Bishop Evelyn Snow Timmons
Bishop in charge of Seminarian Affairs

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August 8 6:00 PM Pre-Convocational College of Bishops & Overseers Conclave
(Closed Session)

August 9 10:00 AM Solemn Assembly Confirmation and Consecration Worship
+Apostle Sylvester Davis Johnson-Chief Celebrant
+Bishop Felton Hawkins-Keynote Speaker

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