

COMMUNITY

Your stories, your voices

JANUARY 1, 2009

PAGE 6



Community Calendar

Healthy eating classes

The community is invited to a five-week, two-hour class on "Eating Healthy on a Budget" beginning Saturday, Jan. 17 at the St. Mark Evangelical Lutheran Church Building on 14th and Cleveland Avenue. The event is being done in conjunction with NC Cooperative Extension. Participants will learn to make healthy drink choices, the benefits of eating more fruits and vegetables and of physical activity.

Call 336-767-6145 and leave your name, address, and telephone number to register, or you may mail your information to St. Mark Lutheran Church, 1151 E. 14th Street, Winston-Salem, NC 27105.

Mourning women's support group

"Broken Hearts, Better Days," a support group for women (18+) who mourn the murder of a loved one, meets the second and fourth Tuesday of every month from 7-8:30 p.m. at Green Street United Methodist Church, 639 South Green St. For more information, call Paula Hawkins at 749-4691 or go to www.vigilsforhealing.org.

Leonard to preach

Dr. Bill J. Leonard, church history professor at Wake Forest University, will preach at the 9:45 a.m. service at First Baptist Church on Highland Avenue on Thursday, Jan. 1 to begin a year-long celebration of the church's 130th anniversary. Founded in 1879, the congregation is the oldest African American Baptist church in Winston-Salem.

Talent Hunt seeks applicants

The Psi Phi Chapter of Omega Psi Phi is seeking applications for its Annual Talent Hunt. Eligible applicants must be student vocalists or instrumentalists in grades 9 through 12 performing classical or semi-classical music. The Talent Hunt will be held on Feb. 8, 2009 at 3 p.m. at the Anderson Center's Dillard Auditorium on the campus of Winston-Salem State University. Applications must be submitted by Jan. 26, 2009.

For more information, contact Co-Chairman Sherwood T. Davis Sr., at bishop1@aol.com or 336-655-8109.

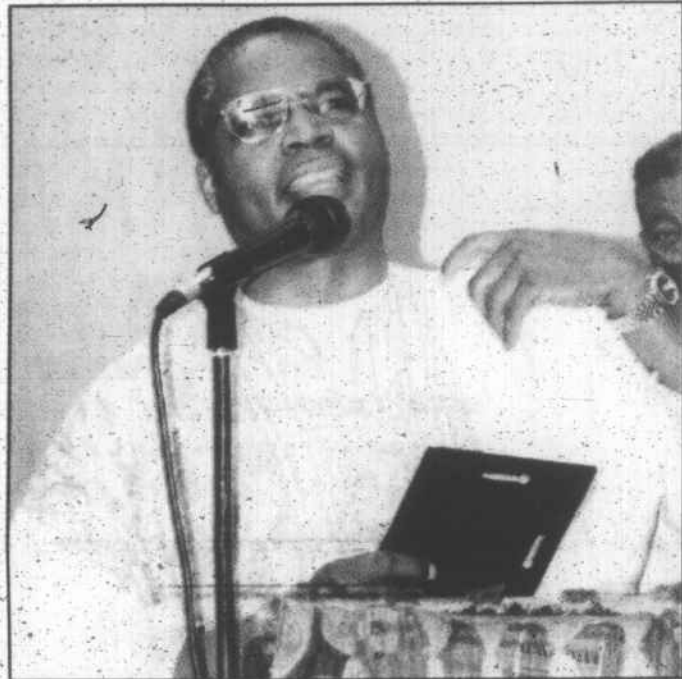
Substance abuse help

If you or a family member is struggling with substance abuse HELP is a phone call away. The Twin City Area Narcotics Anonymous Helpline can be reached at 800-365-1035 or online at www.tcana.org. For meeting schedules and additional information for this 12-step Recovery Program, please call the number or visit the Web site.



Members of the Othesha Creative Arts Ensemble perform last week.

Photos by Todd Luck



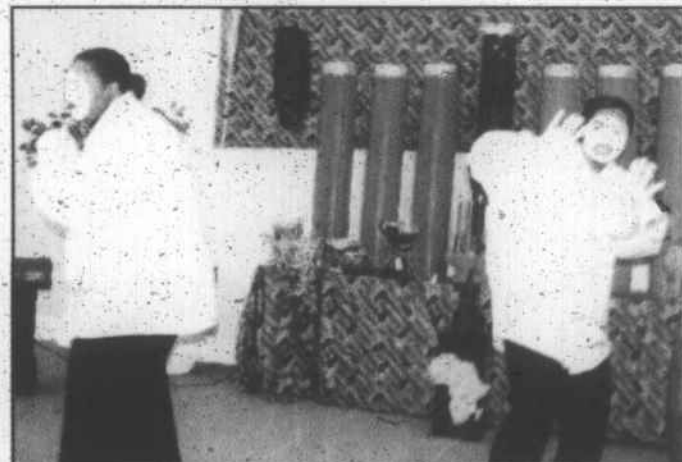
Award winner Fleming El-Amin.



Spoken word artists from Othesha perform.



Award winner Mel White.



Mimes from the Royal Curtain Drama Guild perform.



Program participants march into the room.

UNITY IN MOTION

Locals attend first night of Kwanzaa celebration

BY TODD LUCK
THE CHRONICLE

The city's annual Kwanzaa festivities kicked off last Friday night at the Winston-Salem Urban League's downtown headquarters. Attendees enjoyed music, dance and fellowship.

Starting the weeklong cultural celebration at the Urban League is a long-standing tradition. The Urban League Young Professionals, Triad Cultural Arts and the National Association for Black Veterans sponsored the event. Johnathan Sadler, president of the Young Professionals, hosted the evening.

"I'm originally from Winston-Salem, and as long as I can remember we've always come to the Urban League the first day after Christmas to celebrate the community-wide Kwanzaa," said Sadler.

Kwanzaa was started by activist Maulana Karenga more than 40 years ago. It's a time of reaffirmation for African-Americans that incorporates many African traditions. Each night of the holiday celebration focuses on a different African value that strengthens the community.

Umoja, or unity, was celebrated the opening night and was stressed by the many prominent community leaders in attendance, including Mayor Allen Joines and N.C. Rep. Larry Womble.

Awards were presented to those who have created unity in the community. Mel White was honored for his research and documentation of local African-American history; Fleming El-



Young t-shirt vendors Zen and Syrus.



Former Urban League President D Wylie leads a chant.

See Kwanzaa on B9