



Trotters will return to Winston this month

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Health program for women launched

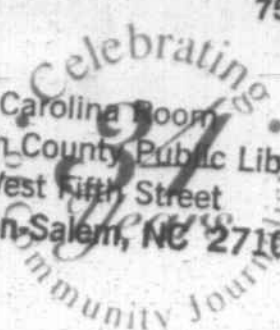
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Kids create Africa at school

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North Carolina Room Forsyth County Public Library 660 West Fifth Street Winston-Salem, NC 27101



# THE CHRONICLE

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THURSDAY, March 5, 2009

## Dialysis at home saves patients time and energy

BY TODD LUCK THE CHRONICLE

Dialysis treatment itself can be a long, exhausting process for those with kidney failure. Traveling to and from a treatment center several times a week makes treatments even more draining for patients.



Photo by Todd Luck

Nurse Devonne Rice stands by one of the at-home dialysis machines.

Arnold Lewinger has been there and done that, and doesn't miss traveling for his dialysis treatments now that he gets them at home, often after dinner while in his recliner watching television. Piedmont Dialysis Center says that more and more local people like Lewinger, 64, are taking advantage of the option. Lewinger has been dealing with kidney failure for more than two years.

Dialysis acts as a substitute for failed kidneys, removing toxins and extra chemicals and fluids from the body. At one time, his hemodialysis treatment - which filters a patient's blood through a machine and is the most common form of the treatment - required him to visit a treatment center three times a week. His morning treatments required him to be at the center at 6 a.m. After the four-hour procedure, he would then often have to rest for half an hour before he drove home. At home, he would immediately take a nap. By the time he woke up, his day was pretty much over. He found it impossible to keep working in his job as a computer training consultant.

"It was a very physically draining experience for me," said Lewinger.

He and his wife, Jean, took advantage of the home treatment training offered by Piedmont Dialysis. The training requires a second person so that he or she can be with the patient during home dialysis treatments.

Lewinger, like most patients, never thought he would be able to stick himself with a needle, but the training got him past that.

"The training is so good, they will walk you through all your fears," said Lewinger.

See Dialysis on A7



Photos by Todd Luck

The Postal Service's Beverly Murphy-Samuels unveils the stamps with NAACP President Jimmy Boyd.

## STAMPED IN TIME

Local ceremony marks release of stamps that mark NAACP's anniversary

BY TODD LUCK THE CHRONICLE

Winston-Salem was among cities, across the land that held ceremonies last week to mark the U.S. Postal Service's release of a series of stamps adorned with images of icons from the Civil Rights Movement.

The Civil Rights Pioneers stamps' unveiling coincided with the 100th anniversary of the NAACP. The sheet of six 42-cent stamps portrays 12 leaders, two per stamp, who helped to mold the mission of the NAACP.

"These twelve people ... will be forever immortalized as we go forward in America," said Winston-Salem Postmaster David Barcio. "It's not very often someone is honored on a stamp in America."

Last Thursday's ceremony took place at the North Point Post Office. Singers from



Singers from Macedonia Worship Center perform.

Macedonia Worship Center set the mood with selections like "Lift Every Voice and Sing" (The Negro National Anthem), while local leaders talked about the importance of fight-

ing on to continue the work that the 12 leaders and countless others started.

"The challenge today, as I speak, is for us to continue the legacy of the pioneers," said

Jimmy Boyd, the president of the Winston-Salem Branch of the NAACP.

Larry Little, who teaches a

See Stamps on A4

## Professor talks about WFU's bittersweet past with African-Americans

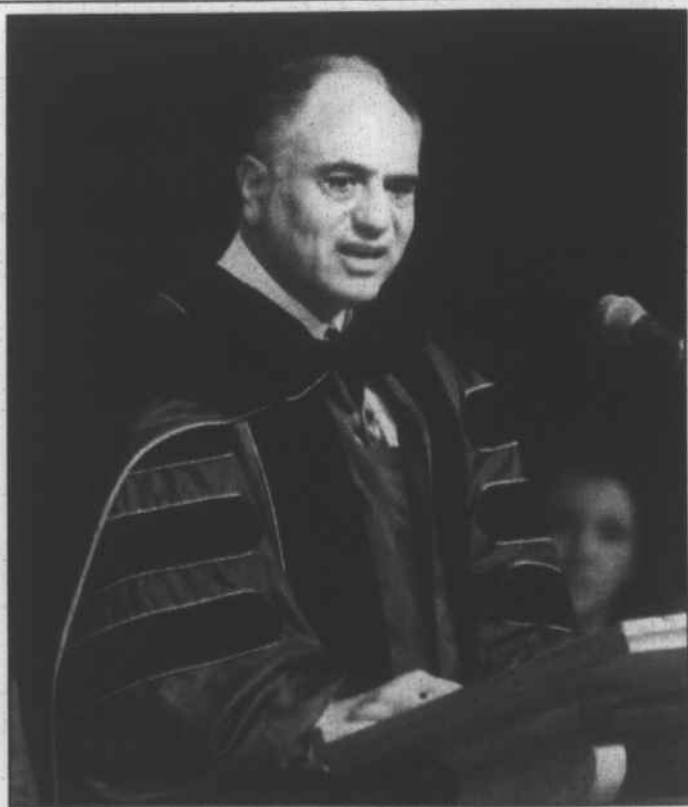
BY LAYLA FARMER THE CHRONICLE

Wake Forest University celebrated a landmark 175th anniversary with its annual Founders Day Convocation last Thursday. As is the tradition, the school paid homage to some of its best and brightest students and faculty members during the ceremony. This year, special accolades were also given to the school's past and present African-American students, faculty and staffers, who have never been overly abundant on the campus of the esteemed private university.

"(African Americans') contributions have far outweighed what one might expect from their small number," said Provost Jill Tiefenthaler.

But the history professor who gave the keynote address was quick to point out that not everyone on the

See Parent on A12



WFO Photos

Anthony Parents gives the address last week.

## One of Sudan's 'Lost Boys' to visit

BY LAYLA FARMER THE CHRONICLE

Jacob Atem has literally been through hell.

Atem, a native of Southern Sudan, was a child of six when he stood on the hillside and watched his village burn. He knew that the civil war that raged in his native land had reached his doorstep. His parents were gone, along with the countless other neighbors and friends who had fallen victim to the merciless genocide. His life would never be the same again.



Jacob Atem

coming months. Atem, and his older cousin, Michael, who fled with him to take cover in the jungle on that fateful day more than 20 years ago, would endure unimaginable suffering, yet Atem considers them lucky, because they were among the few who lived to tell the tale.

The Atems became part of a group known as the Lost Boys of Sudan, a motley collection of youngsters who pressed into the wilderness to escape the enslavement and likely death they would be subjected to if

Over the course of the

See Atem on A12

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