



The Creekside Terrace competitors put on a great show last week.

Photos by Todd Luck

Seniors bowl virtually to raise money for kids

BY TODD LUCK
THE CHRONICLE

Residents of Creekside Terrace Retirement Community competed in a charity bowling tournament last Thursday, but they didn't have to lift a bowling ball or trot down a lane.

The tournament was done via Wii, the popular gaming system that allows users to play sports virtually using a television screen. Residents used the event to raise money for Big Brothers Big Sisters as part of the organization's Bowl for Kids' Sake fundraiser. Non-virtual bowling is the norm for the annual fundraiser. Several weeks ago at AMF Lanes on Jonestown Road, more than 1,200 people participated, raising more than \$168,000 for BBBS, which matches children from single parent homes with one-on-one adult mentors.

The Creekside residents wanted to get into the action as well. Eight of them took part in the tournament, donning t-shirts that read "Bowl for Kids Sake." Each bowler got family members, friends and Creekside staffers to sponsor him or her. The competition was heated but fun natured as each resident took turns bowling with the Wii controller, which looks like a TV remote and responds to the player's motions. By pushing a button and making a throwing motion toward a large-screen television, they sent on-screen balls down virtual lanes. Residents not taking part in the competition sat and watched the action and cheered, some even with pom poms, for their favorite bowler.

When it was all over, trophies were awarded. Jimi Thornton raised more than \$100 and took home the prize for biggest fundraiser. Thornton, who bowls regularly using Wii, said her highest score ever was 297, just 3 points shy of a perfect



Bill Edwards accepts his trophy from Pam Suber.

game. She bowled 182 during the competition, one of the highest scores.

"It's great activity to get people to interact," she said.

The highest score trophy went to 94-year-old Bill Edwards, who bowled last that day. He ended his game dramatically with a turkey (three strikes in a row) to score a 204, one of his highest scores ever.

Edwards is very active. He participates in a variety of sports through the North Carolina Senior Olympic Games. He's a fan of Wii bowling, which he can do from the comfort of home without having to worry about the weight of the ball.

"It's a great thing for the seniors in that anybody can bowl," said Edwards.

Rick Reece, manager at Creekside, said that once residents got over the intimidation of the technology,

they really got into bowling on the Wii. Creekside even has two Wii bowling leagues.

"We'll come out sometimes and see people playing the Wii at midnight," said Reece.

Holiday Retirement, which owns Creekside, has put a Wii in each of the 310 retirement communities it owns across the nation.

The Bowl for Kids' Sake Fundraiser accounts for 35 percent of BBBS's budget each year, according to Pam Suber, the agency's development director.

Suber said that virtual bowling was added to the fundraiser so that more people could take part.

"It's a very nice addition so we include every member of the community, not just those that can go to the bowling alley and bowl," she said.



Residents cheer as they watch the action.

News Clips

Forsyth gets two new driver license examiners

Thirteen new driver license examiners have reported to work at 11 different N.C. Division of Motor Vehicles' driver license offices.

The new examiners' duty stations span the state, including one examiner each in Jacksonville and South Wilmington in the east; and North Winston-Salem, South Winston-Salem, Mount Airy, Mocksville, Shelby, South Charlotte and West Charlotte in the west. Two examiners each has begun working at offices in North Wilmington and North Charlotte.

The new examiners recently graduated following seven weeks of intensive study in the Basic Examiner Training School administered by DMV's Driver and Vehicle Services.

Driver license examiners test and evaluate applicants for North Carolina driver licenses, learner permits and identification cards using high-tech systems that identify fraudulent documents and recognize facial features.

Frye to speak to honor society inductees

The 19th annual Crisis Control Ministry Hope du

The Honor Society of Phi Kappa Phi at N.C. A&T State University will be having its spring initiation ceremony and banquet and recognition program for new members on Friday, April 3 at 6 p.m. in the Memorial Union Stalling Ballroom. The keynote speaker for the event will be Justice Henry E. Frye, who, in 1968,



Frye

became the first African American in the 20th century elected to the North Carolina House of Representatives. He later gained a seat in the North Carolina Senate. In 1983, Frye became the first African American to serve on the Supreme Court of North Carolina.

Phi Kappa Phi founded in 1897 at the University of Maine is the nation's oldest, largest, and most selective all-discipline honor society. Each year approximately 32,000 students, faculty, professional staff and alumni are initiated. Membership in Phi Kappa Phi is by invitation only. Those selected to membership include the top 7.5 percent of second semester juniors and the 10 percent seniors, along with outstanding graduate students, faculty, professional staff, and alumni.

Hope du Jour restaurants sought

The 19th annual Crisis Control Ministry Hope du

Jour is looking for restaurants to participate in its May 5 event.

Hope du Jour is Crisis Control's signature event and one of its largest fundraisers. Participating restaurants agree to donate 10 percent of their sales on May 5 to support the mission and programs of Crisis Control Ministry.

For additional information, go to www.crisiscontrol.org.

WFMY has most accurate weather predictions

An independent weather tracking company says that WFMY News 2's weather is the most accurate in the Triad. WeatheRate has rated the Greensboro-based station as most accurate for three years in a row.

WeatheRate President Bruce Fixman says, "TV stations across the country have widely accepted WeatheRate's scientific system of analyzing forecast and observed data to determine who's the most accurate in each market. Our research proves that Eric Chilton (WFMY's chief meteorologist) and the WFMY 2 Weather Team are most accurate in the Triad."

WeatheRate tracks several key criteria to determine forecast accuracy.

"Forecasting in the Triad can be unpredictable so the WFMY News 2 weather team needs to be at the top of its game every day," said Chilton. "Thanks to WeatheRate's endorsement we know we're serving our communities to the best of our abilities."

BestHealth

Wake Forest University Baptist Medical Center

In partnership with MedCost

April 2009 Events

Events are held at BestHealth in Hanes Mall or other locations, as noted.

☎ registration required. Call Health On-Call at 336-716-2255 or visit www.besthealth.com.

To become a BestHealth member, call 336-765-8804 or visit our web site.

16 THU - Advance Directives

1 to 3 p.m. Learn how advance directives such as a living will and healthcare power of attorney can ensure your wishes will be met. Carol Ford of the Hospice & Palliative Care Center explains the terminology and procedures. Documents notarized free of charge. ☎

21 TUE - AARP Safe Driving Course

11 a.m. to 3 p.m. Adults age 50+ can learn ways to improve driving skills in this 4-hour workshop led by Donna Joyner, WFUBMC nurse and Trauma/Burn Outreach Coordinator. \$12 per person. ☎

21 TUE - WomenHeart Support Group

6 p.m. WomenHeart of Winston-Salem is a new group offering support and information for women with heart disease. WomenHeart of Winston-Salem is affiliated with the Heart Center of Wake Forest University Baptist Medical Center. ☎

22 WED - Healthy Eating on a Budget

5:30 p.m. Are you feeling the economic crunch at the grocery store? Let BestHealth registered dietitian Amy Fanjoy provide you with helpful tips on healthy eating, while still pinching pennies. ☎

23 THU - A Ten Step Financial Makeover

6 p.m. JoAnn Sofis Gibson, financial advisor with Smith Barney, discusses the smart woman's guide to saving, investing and overall financial planning at any stage of life. ☎

24 FRI - Kitchen Fun for Families

6 to 7:30 p.m. Chef Nikki Miller-Ka shows you just how fun meal preparation can be for the whole family with creative meal recipes. Samples provided. ☎



25 SAT - Safe Driving for Teens

2 to 4 p.m. Concerned about your teen's driving skills? Donna Joyner, director of SAFE KIDS Forsyth, and Trooper Kevin Hennelly with the NC Highway Patrol provide safety tips for new drivers and information on the latest safety products, and discuss the major factors involved in accidents. Ideal for parents and teens ages 15 and older. ☎

28 TUE - Laugh Out Loud

6 p.m. Certified laughter leader Bob Plemmons leads a guided laughter workout that increases the oxygen in your body and leaves you feeling better than ever. For BestHealth members only. ☎

29 WED - Heeding Hunger the Healthy Way

2 to 3:30 p.m. Learn how to curb your hunger with nutritious snacks and meal ideas. Join Chef Barry Moody for tasty recipes and samples. For BestHealth members only. ☎

Other Locations

14 TUE - Laugh Out Loud

10 a.m. Certified laughter leader Bob Plemmons guides you in a laughter workout that increases the oxygen in your body and leaves you feeling better than ever. Held at the Fulton Family YMCA. ☎

☎ To register for events, receive general health care information, or to schedule a physician appointment, call: Health On-Call at 716-2255 or 800-446-2255.

Unless otherwise stated, BestHealth programs are for adults; no children under age 12, please.



Wake Forest University Baptist MEDICAL CENTER