# Anti-death penalty group to celebrate its anniversary with an awards banquet

People of Faith Against the Death Penalty will hold its 15th anniversary awards banquet in Greensboro on Nov. 7 at 6 p.m. at Temple Emanuel, 1129 Jefferson Road.

A Greensboro congregation, a long-time community activist, and a Triangle theater group will be the honorees at the banquet. Activist Jennifer Thompson-Cannino exoneree Ronald Cotton will be the keynote speakers.

Greensboro resident Brian Goldberg will receive the Rev. Robert E. Seymour Award, the organization's highest honor. Goldberg has been chair of the Guilford County Chapter of PFADP for six years. He is a past president of the organization. Goldberg is also a senior executive at VF Corporation.

Greensboro's Creation Community Presbyterian Church will receive PFADP's Faith in Action award. The award is presented to a congregation that has provided exemplary efforts in engaging

its members and community on the death penalty. The church hosted PFADP's chapter meetings for years and its pastor, the Rev. Frank Dew, was the first chair of PFADP's Guilford County chapter.

The Raleigh-based Justice Theater Project will be honored with PFADP's Community Service Award. The Justice Theater Project is a nonprofit advocacy and activist theater group. Its mission is "to use the dramatic arts as a way to call to the fore of public attention the needs of the poor, the marginalized, and the oppressed."

The JTP has produced three plays on the death penalty including "A Lesson Before

People of Faith Against the Death Penalty is a nonprofit organization based in Carrboro, NC. PFADP's mission is to educate and mobilize faith communities to act to abolish the death

penalty in the United States.

For tickets, go to www.pfadp.org or call 919-933-7567.

#### Grants from page A8

Lactose

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(\$1,000) for expenses associated with school-related performances;

. North Carolina Shakespeare Festival (\$6,000) to bring 60-minute versions of Shakespeare's work to six schools;

· University of North Carolina School of the Arts Foundation (\$11,000) to present 11 performances of "Peter

the symptoms, but there are

two common tests that doctors

use to diagnose lactose intoler-

The person drinks a lactose-

rich drink, and then their

breath is measured regularly

for the amount of hydrogen

being expelled. Normally, in

the air we breathe out, there is

very little hydrogen, but undi-

gested lactose produces high

stool acidity test is used for

young children to measure the

amount of acid in the stool.

Undigested lactose creates lac-

tic acid, glucose (another type

of sugar), and other acids that can be detected in the stool.

Stool Acidity Test: The

Hydrogen Breath Test:

ance. Those tests are:

and the Wolf." "Dream Machine" and "Peril on the Red Planet;"

PEOPLE

OF FAITH

**AGAINST** 

THE DEATH

PENALTY

· Piedmont Craftsmen (\$10,000) to present "Living Craft: Crafting Life;"

 Robert Moyer (\$2,000) to host a three-part residency at the Arts Based Elementary

· Secrest Series at Wake Forest University (\$3,000) to fund two performances at Reynolds Auditorium;

· Southeastern Center for Contemporary Art (\$8,820) to

For most people with lac-

tose intolerance, dietary

changes are sufficient to man-

age the condition. Lactose free

products are available at most

supermarkets. The degree of

dietary changes depends on the

severity of a person's condi-

tion. Some people may be able

to drink milk in small

amounts; others may not be

able to drink it at all. Some

people may be able to eat

cheeses, but not eat other dairy

products. You should talk with

your doctor, who may refer

you to a nutritionist, about the

It is important to remember

right dietary changes for you.

that dairy products provide us

with essential nutrients and

minerals, such as calcium, and

that not consuming much or

any dairy products at all can

produce a semester-long interdisciplinary and curriculum based learning experience for R.J. Reynolds High School students;

· Tam Tam Mandingue Winston-Salem (\$10,500) to expand a program that provides African drumming and dancing workshops for K-12 students;

· and the Winston-Salem Symphony (\$10,000) to fund the "Mary Starling Program" that engages 4th and 5th grade students.

Taking a calcium supplement and a multivitamin can help you replace these nutrients and minerals. Depending on your age, gender, and childbearing status, there are different recommended daily amounts of calcium; you should talk to your doctor about the recommendation for you.

> - Contribution by Sarah Langdon, MPH, CHES

Do you need further information or have questions or comments about this article? Please call toll-free 1-877-530-1824. Or, for more information about the Maya Angelou Center for Health Equity, please visit our webhttp://www.wfubmc.edu/minor

**Pictures** 

levels of hydrogen.

from page A8

ties." Pree Bright, who is based in Atlanta, has exhibited her photography widely in nationally acclaimed venues and has been Artist-in-Residence at several locations. She received national attention after winning the Santa Fe Prize from the Santa Fe Center for Photography in 2006 for her work entitled "The Suburbia Series," which focuses on home environments of African Americans residing in the suburbs.

Salem College will host "Plastic Bodies: Photographs by Sheila Pre Bright," another acclaimed exhibit, in the Mary Davis Holt Gallery in the Salem Fine Arts Center from Oct. 9 - Noy. 6.

The exhibit examines the authenticity of female beauty projected by the media and advertisers who create illusions of the body by way of technology. Right's provocative works combine a wide-ranging knowledge of contemporary culture with an emphasis on challenging perceptions of identify portrayed in our society. This event is sponsored by the Department of Art, the Wellness Committee and the Department of



Sheila Pree Bright's picture of WSSU's Joshua Phifer.

Athletics at Salem College.

For more information on this exhibition or to schedule a tour, call Diggs Gallery at 336-750-2458, e-mail diggsinfo@wssu.edu or check the Web site at www.wssu.edu/diggs.



## **Small Business Training Program**

A City sponsored Business Training Program is set to begin on Thursday October 15, 2009. The series of seminars meets on Thursday evening from 6:00pm to 8:00pm in the Anderson Center, Continuing Education wing, on the Campus of Winston-Salem State University.

The class will meet in room # C107. Classes end on December 17.

Every year through the City's Minority and Women Business Enterprise Program a series of seminars are offered to interested City residents thinking about entering into the business world. Topics include Market Analysis, Legal Issues, Customer Service,



Insurance Needs, Book Keeping and Taxes, Writing a Business Plan, and How to Apply for Funding. Qualified participants who complete the program are then eligible to apply to the City's Small Business Loan Program for funding to assist in starting a small business.

Please call, Ruben Gonzales, Development Office, at 747-7474 if you'd like to register or have questions.

WE DON'T JUST PROVIDE FOOD FOR THE HOMELESS. olunteers are no timits to carrier." 1-800-899-0089 www.VolunteersofAmerica.org PROVIDE JOB TRAINING SO THEY CAN BUY GROCERIES.

### 22<sup>nd</sup> Pastoral Anniversary Celebration Weekend for Bishop James C. & Mrs. Joyce Hash, Sr.

Rain did not deter the St. Peter's World Outreach family from 'showering blessings" on the community during their "Live to Give" campaign held Saturday on the campus of St. Peter's World Outreach Center. The community responded in great numbers, and St. Peter's was excited to serve the community as so.



Matthew 25:35-36, "For I was hungry and you gave me something to eat, I was thirsty and you gave me something to drink...I needed clothes and you clothed me..." (NIV) as one of

the base Scriptures, 137 families and over 400 individuals from the community were served. During the giveaway a child was eagerly going through clothes and stated, "Wow! This is great. It's like going to the Mall shopping and you don't have to pay for it." Moreover, free groceries were

given to over 173 families and 477 individuals. The church family gave and gave and gave from their hearts so that God's people could be fed and

clothed; exemplifying that it is indeed more blessed to give than receive (Acts 20:35).

The event also actively engaged in health screenings to 174 individuals, conducting blood pressure, cholesterol, and blood sugar checks. The people received brochures with

'how to" tips on maintaining good health.



In spite of the rain, enjoyable time to fellowship with the workers and participants took place with hotdogs and drinks and laughter pervaded the campus! The entire day could be summed up in the words of one young man, "I love St. Peter's." Enough said.

The anniversary celebration continued with Sunday services with guest speakers, Pastor Joseph Coyne of Harvest Outreach, Greensboro, NC. and Dr. Steve Houpe of Harvest International Church, Kansas City, MO.



Your plan for better health."

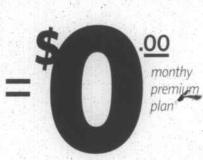
Medicare Advantage Plans with prescription drug coverage offered by PARTNERS National Health Plans of North Carolina, Inc.

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> Rated best overall quality in North Carolina



### Learn more! Attend an upcoming Medicare Advantage meeting.

Annual Election Period ends December 31

Tues., Oct. 13, 10:00 a.m. Village Inn & Golf Ctr.

6205 Ramada Dr. Clemmons (Take I-40 to Exit 184 off Lewisville Clemmons Rd.)

Thurs., Oct. 15, 2:00 p.m. Winston-Salem Hampton Inn 1990 Hampton Inn Court

Winston-Salem (Near

Hanes Mall)

Thurs., Oct. 22, 2:00 p.m. Winston-Salem Hampton Inn 1990 Hampton Inn Court Winston-Salem (Near

Hanes Mall)

An authorized sales representative will be present with information and applications. There is no obligation to enroll. For accommodations for persons with special needs at sales meetings, call the number below.



1-800-328-9605, Monday-Sunday, 8 a.m.-8 p.m. For the hearing impaired (TTY/TDD), call: 1-800-922-3140

Other products offered for Medicare beneficiaries include Blue Medicare Supplement™ and Blue Medicare Rx™ (PDP)

PARTNERS is a Medicare Advantage organization with a Medicare contract to provide HMO and PPO plans. Benefits, formulary, pharmacy, network premium and or copayment/coinsurance may change on January 1, 2011. Please contact BCBSNC for details. The benefit information provided herein is a brief summary, but not a comprehensive description of available benefits. Additional information about benefits is available to assist you in making a decision about your coverage. This is an advertisement; for more information contact the plan. 1) Available with select plans. 2) Catevo Brand. Study, February 2008; survey of 800 North Carolinians. 3) Includes all BCBSNC business. 4) Frederick Polls, September 2008; survey of 634 North Carolinians, comparing four health insurers. 5) Medicare Advantage HMO plans with prescription drug coverage, rated by the Medicare Options, compare Tool, 2009 Plans. Available at www.medicare.gov (Accessed July 2009). 6) Rate is for Blue Medicare HMO Standard plan, 2010. You must continue to pay your Part B premium if not otherwise paid for under Medicaid or another third party. 7) BCBSNC is a prescription drug plan sponsor with a Medicare contract. BCBSNC and PARTNERS are independent licensees of the Blue Cross and Blue Shield Association. U6608c, 8/09 M0053\_4424, 9/6/09