

Cancer

from page A7

substance called bilirubin (aids in digestion) which can indicate cancer; 3) a CT scan or ultrasound, which allows the doctor to get visual images of the pancreas and surrounding areas to detect abnormalities; and 4) biopsy, where a small amount of tissue is removed to test for potential cancer or other diseases.

What are the available treatments?

As with any type of cancer, treatment for pancreatic cancer depends on the stage in which it is diagnosed. If the disease is diagnosed early, surgical removal of the tumor, cancerous cells, part of or entire pancreas is a treatment option. In many cases however, by the time it is diagnosed, the disease has spread to other areas of the body, in which case surgery is not an option. Radiation therapy, in which high energy X-Rays are

directed at the pancreas, and chemotherapy, which is when one or more drugs are given intravenously (through your veins) to kill the cancer cells, are both common treatments for pancreatic cancer, and may be used separately or together. As always, you and your doctor should discuss developing an appropriate treatment plan for your type and stage of diagnosis.

For more information, check out the ACS website at www.cancer.org

— Contribution by John Stewart, IV, MD and Sarah Langdon

Do you need further information or have questions or comments about this article? Please call toll-free 1-877-530-1824. Or, for more information about the Maya Angelou Center for Health Equity please visit our website <http://www.wfubmc.edu/minorityhealth>.

Epilepsy

from page A7

condition to speak out without shame and educate those that don't understand the condition."

Celebrities with epilepsy and those connected to the disease are leading the way by speaking out.

"As a person with epilepsy and living out my dreams, any chance I get to talk or attend an event, I'm willing to do it. It's an honor to be in the situation that I am in, to help spread awareness and to help anybody in any way that I can," said Jason Snelling, an Atlanta Falcons running back. "I enjoy speaking out and trying to spread awareness for something that is really put on the back burner. It's something



Snelling

that a lot of people deal with everyday."

Singer Prince recently revealed that he experienced seizures as a child and was picked on frequently. He said as a result, he decided to be as flashy and loud as he could be. Actor Danny Glover, who suffered from epilepsy for several years, began to speak out publicly about his experiences more than a decade ago. The 63-year-old "Lethal Weapon" star says that he has not had a seizure since he was 35. Baltimore Ravens Corner Back Samari Rolle is also open about his epilepsy and his methods for controlling seizures.

For more information on Epilepsy, go to www.epilepsyfoundation.org.

Exhibit

from page A8

music, and several references are made to operas. The title of the show refers to Sir Peter Maxwell Davies' "8 Songs for a Mad King." Other topics of her work deal with race and class and allegorical landscapes.

Ingersol received her MFA from Maryland Institute College, the Hoffenberger School of

Painting. She has done post-graduate work at Vermont College of Norwich University and received an MBA from Harvard Graduate School of Business Administration; a BA in Mathematics from Oberlin College; and a BM in Music Composition from Oberlin Conservatory.

For more information, call the Delta Arts at 336-722-2625 or send an email to delta2611@bellsouth.net.



From left: Black Men for Change VP Neiman Murrell; BMC Advisor Chevara Orrin; Arts Council President Milton Rhodes; BMC President Justin Redd; and BMC Member Rudy Jones.

Awards

from page A8

Authoring Action, an organization that encourages teenagers to express themselves through the arts. Lindsay's award was presented by Gerry Patton, executive director of the North Carolina Black Repertory Company.

Henderson, Triad regional manager for Wealth Management at Wachovia, won the Arts Council Award for exhibiting an extraordinary commitment to volunteer service and making significant contributions to the local arts community. Henderson has been a member of the Arts Council Board for several years and is a past chair of the Council's annual campaign.

The Winston-Salem State University student group Black Men for Change received special recognition for their volunteerism in the arts.

Since 2007, Black Men for Change members have been members of the Winston-Salem Symphony Encore Society, serving as ushers and hosts at a number

of high-profile Symphony events.

The organization also hosts an annual on-campus event that promotes music, spoken word and the visual arts. The next event, "Cool Relax III: An Evening of Arts at Diggs Gallery," is designed to raise awareness and encourage other students to participate in the cultural offerings at WSSU. A percentage of this year's proceeds will benefit the Arts Based Elementary School.

During the meeting, it was also announced that Richard A. Noll, chairman and CEO of Hanesbrands, and Mike Ernst, senior vice president and general manager at Hanesbrands, will chair Phase Three of the Arts Council's \$26 million Comprehensive Campaign.

"The last dollars are usually a challenge," said Milton Rhodes, president and CEO of the Arts Council, "but we are on schedule and confident of meeting our goal. We are extremely fortunate to have two people with the leadership skills of Rich Noll and Mike Ernest to head our campaign team and get us across the finish line."

A LEGENDARY SPECIAL GUEST



MCT Photo

Bobby Seale, the co-founder of the Black Panther Party, is slated to speak at an event marking the 40th Anniversary of the Winston-Salem Chapter of the Black Panther Party on Saturday, Nov. 7 at the Martin Luther King Jr. Recreation Center, 2001 Pittsburg Ave. The event, which is open to the public, will be from 1 - 6 p.m.

Also, an anniversary worship service will be held on Sunday, Nov. 8 at 11 a.m. at Shekinah Glory Church International, 1300 Furlough Ave. in High Point.

Veteran's Day **SALE!**

Bra Sale
\$15.99 ea
when you buy
3 or more!

Choose from Bali, Playtex and Barely There Bras!

BALI.

Playtex®

barely there



Comfortwear Sale

Buy 1 Get 1 50% Off

Select styles. Sale item must be of equal or lesser value.



Champion

Buy 1 Get 1 50% Off

Select styles. Sale item must be of equal or lesser value.



Family Underwear, Socks & Sweats Sale

Buy 3 Get 4th FREE

Choose Hanes Sweats, Hanes Multipack Underwear, Hanes Multipack Socks. Free item must be of equal or lesser value.



Hanes

Hurry! Sale ends 11/11/2009.

HANESbrands
OUTLET

Thruway Shopping Center, Lower Level,
385-383 Lower Mall Drive, Just off Stratford Road at Knollwood St.
336 519-5958, Mon.-Sat. 9 to 9; Sun. 12 to 6

Sales are also effective at Hanes Mill Outlet at Marketplace Mall; selection is limited. ©2009 Hanesbrands Inc. All rights reserved.