

SPORTS WEEK

DECEMBER 17, 2009



Coaches (front row, from left) Eric James (East), John Adams (West), Mike Coker (Reynolds), Shane Jeter (Atkins), Tega Carter (Glenn), Tournament Coordinator Robert Wynn and Carver AD Aaron Bailey, along with (back row, from left) Coaches Travis Holcomb-Faye (Reagan), Mike McCullum (Mt. Tabor), Greg Scales (Carver), Jason Smith (North) and Jack McHale (Forsyth Country Day).

Photo by Kevin Walker

Lash JV Tournament will start Saturday

CHRONICLE STAFF REPORT

For the 17th year, The David Lash/Chronicle Holiday Junior Varsity Basketball Tournament will showcase some of the county's best young high school players. Action begins on Saturday (Dec. 19) at 10 a.m. at the Carver High School Gymnasium, where all the action will take place. The tournament will take a break on Sunday, but will continue on Monday and Tuesday before the Wednesday (Dec. 23) Championship Game.

Robert Wynn, a longtime coach and Lash tournament coordinator, expects tournament crowds to be just as large and enthusiastic as

they have been in past years.

"In recent years, especially for that Championship Game, the gymnasium has been pretty much full," Wynn told JV coaches on Saturday during a pre-tournament pow-wow at Carver.

Sponsored by Reynolds American and McDonald's, the tournament will feature the JV squads from W-S Prep, Atkins, Glenn, West Forsyth, Carver, Mt. Tabor, Parkland, East Forsyth, Reynolds, Reagan and North Forsyth high schools, as well as Forsyth Country Day.

See page B10 for a tournament bracket,

including game times and dates. Not included on the bracket are a series of consolation games that will be played beginning on Dec. 22.

The tournament is named for David Lash, who coached football at Atkins, Carver and East Forsyth. He also taught many local youngsters how to play tennis. Lash was not just a coach, or just a teacher. He taught on the field and coached in the classroom. He always encouraged his students to do their best in the classroom, not only in a game. He also spearheaded the creation of an athletics program at the middle school level.

Local professor receives NFL grant

SPECIAL TO THE CHRONICLE

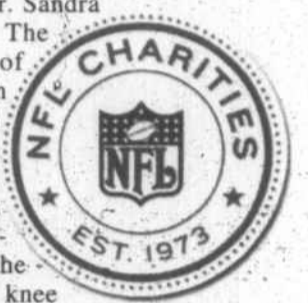
Roughly 20 minutes into a football game or practice, ACL injury rates begin to rise. That's the same amount of time it takes for intermittent physical activity to increase the looseness of the knee.

Thanks to a \$125,000 grant from NFL (National Football League) Charities, Dr. Sandra Shultz at The University of North Carolina at Greensboro will conduct an 18-month study of precisely how the increase in knee laxity during sports activity affects the biomechanics of the knee.

"Understanding the factors that play a role in ACL injuries is the first step in preventing these devastating injuries," said Shultz, an associate professor of kinesiology. "This information is important not only for professional athletes, but for everyone who engages in athletic activity."

Shultz and co-investigators Dr. Randy Schmitz and doctoral student John Cone will recruit competitive athletes, both men and women, and measure knee laxity and biomechanics before, during and after a 90-minute exercise session that will mimic the stresses of sports. Data will be collected in the Applied Neuromechanics Research Laboratory in UNCG's School of Health and Human Performance.

The UNCG project is one of 11 nationwide to receive an NFL Charities Medical Research Grant this year. Since 2000, NFL Charities, the charitable foundation of the National Football League has committed more than \$20 million in grants to medical facilities.



More postseason honors for Wake

SPECIAL TO THE CHRONICLE

A number of Wake Forest football players have received additional postseason honors this week.

Phil Steele, the publisher of Phil Steele's College Football Preview magazine, named his All-ACC team and Freshman All-America teams.

Steele's publication selected defensive tackle John Russell to its All-ACC second team along with wide receiver Marshall Williams, who had 60 receptions with 867 receiving yards. He had six touchdown catches on the year, including two against NC State on Oct. 3.

Quarterback Riley Skinner was named to the

All-ACC third team along with freshman cornerback Kenny Okoro, who was also named to Steele's Freshman All-America second team.

Skinner set season records for passing yards and total offense yards in 2009 while also becoming Wake Forest's all-time leader in nearly every career passing category.

The College Football News also named its Freshman All-America team. Wide receiver Chris Givens was named to the second team, while Okoro was also a second team pick. Okoro led Wake Forest with three interceptions and 11 pass breakups. He finished

See WFU on B10



Givens



Chancellor Donald Reaves with Connell Maynor and WSSU AD Bill Hayes.

WSSU Photo by Garrett Garris

10 FACTS ABOUT NEW WSSU COACH

CHRONICLE STAFF REPORT

Connell Maynor was named Winston-Salem State University's new head football coach on Tuesday. The veteran player and coach comes with a long list credentials. Here are a few of them.

• Had minor roles in the films "Any

Given Sunday" and "Remember the Titans."

• Played football at Winston-Salem State under then-coach Bill Hayes. Maynor left WSSU for A&T to follow Hayes there.

• Graduated from North Carolina A&T State University in 1995 with a

BA in Recreation Administration.

• He is a 12-year veteran of the the Arena Football League (AFL) and a four-time AFL World Champion, having led the Tampa Bay Storm to the 1993 and 1994 World Championships in addition to quarterbacking the Orlando Predators to the 1998 and

See Coach on B10