

Wake Forest-bound students earn scholarships through Crosby Scholars

CHRONICLE STAFF REPORT

Seniors Jaelynn Pitt of West Forsyth High School and Khiry Sutton of Glenn High School have earned the Wake Forest University/Crosby Scholarship.

The awards are given to Crosby Scholars students who plan to attend WFU. The \$2,000 scholarship is renewable for four years for scholars who continue to uphold the standards of the Crosby Scholars Program and who maintain a minimum GPA of 2.5 at Wake Forest. Pitt and Sutton will be enrolled at Wake this fall.

The Crosby Scholars program works to assist public middle and high school students in Forsyth County in preparing themselves for successful college enrollment.



Jaelynn Pitt



Khiry Sutton

Lupus

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a discoid rash, in which the areas of rash are shaped like disks or circles. Many people with cutaneous lupus also suffer from hair loss and changes in the color of their skin.

What are the common symptoms of lupus?

Lupus symptoms may vary depending on the type of the disease, and the symptoms may come and go, as opposed to being present all the time. The most common symptoms are: Extreme fatigue, headaches, painful or swollen joints, fever, sun- or light-sensitivity, mouth or nose sores, swelling in feet, legs, hands,

and/or around eyes, butterfly-shaped rash across the cheeks and nose anemia (low numbers of red blood cells), hair loss, abnormal blood clotting, fingers turning white and/or blue when cold and pain in chest on deep breathing.

It is also important to note that lupus is most often diagnosed in women of childbearing age, or between the ages of 15 and 44 years.

How is Lupus treated?

Most persons with lupus are followed by a rheumatologist (a specialist in joint and connective tissue diseases) as joint/connective tissue pain and inflammation are very common symptoms. In addition, the type of lupus a person

has and what body system it affects will determine what other doctors they may need to see. For example, someone with cutaneous lupus will most likely be treated by a dermatologist, a specialist in skin disorders and diseases; a person whose lupus causes kidney problems would need to see a nephrologist, a specialist in kidney disorders and diseases.

Unfortunately there is no cure for lupus at this time, however, the disease can be managed and persons with lupus can live normal lives. A combination of patient education, medications to manage symptoms, physical therapy and regular medical check-ups are essential. Early and accurate diagnosis and treatment

Pools

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"This is a new trend we're seeing across the country," Grant said. "We want everybody to have a fun and safe time at our swimming pools."

Children under 48 inches tall will be asked to take a swim test when they arrive at the pool. If they pass the test, they will receive a green wrist band that allows them to go anywhere in the pool. If they do not pass the test they will receive a red wrist band and a life jacket. They can go in the shallow end of the pool up to 3.5 feet. The swim test consists of treading water for a minute and

swimming 25 yards without touching the bottom. As the staff at a particular pool gets to know the children who attend often, lifeguards may issue green wrist bands to children who they know can swim without administering a swim test, said Dick Butler, the aquatics director. Anyone over 48 inches tall will be required to take a swim test if lifeguards observe that they may be poor or non-swimmers, Butler said. Any patron who refuses to take a swim test will have to leave the pool grounds.

Swimmers with red or yellow wrist bands who are caught in the wrong section of the pool will be asked to sit out for 15 minutes. If they are caught a second time, they will have to leave the

pool. Free swim lessons for adults and children are available through the city pools this summer, thanks to the assistance of the American Red Cross and a grant from the Winston-Salem Rotary Club. All pools will offer children's lessons starting the week of June 14. Sign-ups will be June 12. Adult swim lessons will start the week of June 19 at Parkland Pool. Contact the pool the week before to pre-register. All pools will offer a Babes-in-Arms program for children five and under starting June 19. Contact the pool the week before to pre-register.

For more information call City Link at 336-727-8000.

For more information, please see the Lupus Foundation of America at www.lupus.org.

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Do you need further information or have questions or comments about this article? Please call toll-free 1-877-530-1824. Or, for more information about the Maya Angelou Center for Health Equity, please visit our website: <http://www.wfubmc.edu/MAC/HE>.

Sit-in

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students," added Womble, who took part in the sit-in as a WSSU student.

The Anniversary Celebration began the morning of May 25, when local high school students convened at Winston-Salem Preparatory Academy (the campus of the old Atkins High School) to celebrate the sit-in victory with presentations on the theme of "The inspirational intentions of those whose choices led to change in our community."

At noon, city and state officials gathered at the Winston-Salem Urban League to recognize the original sit-in participants with a special ceremony. The event was slated to be held on the corner of Liberty and Fourth streets, near where many of the city's sit-in protests took place. Rain forced the ceremony indoors.

"It is a celebration of courage, a celebration of perseverance, a celebration of something that absolutely had to happen," said Mayor Allen Joines.

But there is still more work to be done in the fight for equality, said Joines, who read a Proclamation honoring the day.

"We are striving to bring our city together so that we can work together in harmony," he stated.

Angela Dunston of the Office of the Governor offered greetings from Gov. Bev Perdue, who penned a letter in honor of the occasion.

"The Civil Rights era ... brought out some of the best this nation has to offer," the governor wrote. "...These peaceful protests resonated across our state and our nation."

Swimming

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children surveyed with no to low swimming ability plan to spend time in and around the water this summer at least once per month.

The study was conducted between Feb. 1, 2010 and May 26, 2010 and surveyed more than 2,000 children and parents in six cities across the U.S. - Atlanta, Boston, Denver, Memphis, Minneapolis and San Diego.

The end goal is to create real solutions designed to ensure children are water safe, especially minority youth who are at a higher risk for drowning. The USA Swimming Foundation, Olympic gold medalist swimmer Cullen Jones and Make a Splash are teaming up this summer and will utilize the information from the findings as they travel across the country to educate parents and kids about the importance of learning to swim and the resources available for families in need.

State Rep. Earline Parmon read a letter from House Speaker Joe Hackney.

"This historic anniversary reminds us how far we have come and how far we have left to go to ensure that all people are treated equally across our state and around our world," Hackney wrote.

School Board Member Vic Johnson, one of the sit-in protesters, gave remarks about Carl Matthews, the local man who sparked the local sit-in movement.

"I appreciate the tenacity that he had," Johnson said of Matthews, who did not attend any of the ceremonies. "He

wouldn't give up."

Johnson, who was active in the 107 day-long movement, said he was proud to have been a part of it.

"It was something that needed to be done," he commented. "I've been seeing a lot of great changes in ... this community because of what happened all those years ago."

Though he only sat-in one day, Stevens said he is also glad to have been a part of the Movement.

"It was the beginning of 50 years of victories," he remarked. "This society that we live in today is so radically different than what it was 50 years ago."



Johnson

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Surface Design on Paper (Thurs am or pm, 8/12 - 8/26)
Portrait Drawing (Thurs. pm, 7/22 - 8/26)
Intro & Intermediate Acrylic Painting (Tues. pm, 7/20 - 8/24)

Fibers

Beginning & Intermediate Weaving (Tues. pm, 7/6 - 8/24)
Rags to Riches Weaving (Mon. - Fri., 8/30 - 9/3)
You Can Sew! (Sat. am, 7/31 - 8/7)

Glass / Metals / Wood

Glass Beadmaking (Thurs. pm, 8/5 - 9/2)
Focus on Focal Beads (Tues. pm, 7/20 - 8/17)
Glassblowing/Lampworking (Wed. pm, 7/21 - 9/8)
Stained Glass (Mon. pm 7/19 - 9/13 or M-F, 8/9 - 8/13)
Stained Glass Mosaics (Thurs. am, 7/29 - 8/26)
Jewelry Fabrication, (Mon., 7/20 - 8/31, or Thurs, 7/22 - 9/9)
Miniature Forming in Metal (Fri. am, 7/16 - 9/3)
Intermediate Jewelry Reticulation (Tues pm, 8/3 - 8/24)
PMC (Thurs. pm, 8/12 - 9/9)
Jewelry Casting (Wed. pm, 7/21 - 9/8)
Beginning Lathe Turning (Mon. pm, 7/19 - 8/9)
Scrimshaw (Thurs. pm, 7/29 - 8/26)
Woodworking: Box Construction (Wed. pm, 7/28 - 8/25)
Birdcarving (Tues pm, 7/20 - 9/7)

Photography / Digital Photography

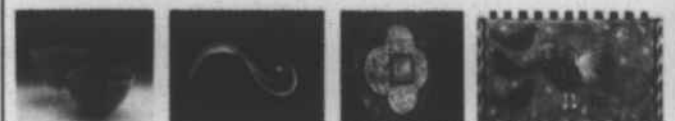
Intro to Digital SLR Photo (Mon. pm, 7/19 - 8/23)
Intro to Digital Point & Shoot (Wed. pm, 8/4 - 8/18)
Portraiture (Tues pm, 8/3 - 8/24)
Intro to Black & White Photography (Wed. pm, 7/21 - 8/25)
Photographing Children (Thurs. pm, 7/22 - 8/12)
Low Tech, High Quality Holga Camera (Tues., 7/27 - 8/31)
Intro to Photoshop Elements (Tues pm, 8/3 - 8/17)

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Rep. Larry Womble

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