## IT TAKES A VILLAGE

# Thank you Winston-Salem for your support for Amadi, Gus, Martin & Marcus Hummings

Sister Clara, Muhammad School Salvation Army Boys Club Forest Park School Moore School Hill Middle School Summit School

North Carolina School of the Arts
Winston-Salem Piedmont Triad Symphony
First Baptist Church (Highland Avenue)
Wayside CME Church
Saints Holmes Methodist Church
WSSU Fine Arts Department

Emmanuel Baptist Church Glade Street YMCA Salem College Boys Choir Greyhounds Football Team Family Lake YMCA

## Where were they? Where are they now?



Amadi Azikiwe (Nigerian name meaning warrior).

Education: New England Conservatory Post Graduate Rice University, University of Indiana. Presently tenured professor James Madison University, Harrisonburg Virginia. Violist, violinist, conductor. Music Director/Harlem Symphony. Married.



#### **Gus Hummings**

Education: UNC Chapel Hill. Two year tour of duty in Iraq.
Presently information officer. Afghanistan (contractor). Married with three daughters: Zoe, Alexis and Rose Hummings. He is a resident of Raleigh, North Carolina.



#### **Martin Hummings**

Education: Morehouse College; Post Graduate, Grand Canyon University. Doctor of Instructional Leadership, University of Phoenix, Arizona. Class of 2014. Presently: fifth grade teacher, Atlanta, Georgia. Married with one son: Gabriel Martin Hummings.



#### **Dr. Marcus Hummings**

Education: Morehouse College; Post Graduate, Chicago Professional School of Psychology. Presently: Howard University Counseling Services Staff.

### Fifty Years Without Any Medication



#### Armenta Adams Dumisani

(formerly Hummings) was honored in 2007 during the centennial celebration of the Julliard School as one of their 100 Most Outstanding Graduates. She is deeply grateful for the community support for the Gateways Music Festival (www.gatewaysmusicfestival.com), which began here in Winston-Salem in 1993. "Miss Armenta", as the children call her, still performs for private gatherings but her attention has turned to the devastating health problems that affect African Americans. Her life without either prescription or non-prescription drugs began over 50 years ago. She has lost eighty pounds along the way. Living outside of the norm requires creativity and an unusual support system, such as the Pilot Mountain Park Rangers and staff who encourage her mountain climbing there. Her goal is to climb Mt. Kilimanjaro in East Africa in January 2014. Last but not least, she is especially grateful for the nutritional guidance and alternatives found at the Abundant Life Health Store (located in the Marketplace Mall for the past twentyeight years). She is willing to share details of any of her journeys in appropriate settings, Address: P.O. Box 20412, Winston-Salem, North Carolina 27120. Tel: 336-771-0623. Email: armentaadams@bellsouth.net. She is a member of the Fulton Family YMCA.