



Thousands take part in last year's event.

YMCA Photo

# Runners invited to take part in Mistletoe Run

SPECIAL TO THE CHRONICLE

Registration for the 29th Annual YMCA Mistletoe Run to be held on Saturday, Dec. 1, is going on now at the William G. White Jr. Family YMCA and online at [www.ymcamistletoe.org](http://www.ymcamistletoe.org).

For the second year, proceeds from the Mistletoe Half Marathon, 5k and One-Mile Fun Run will fund programs that fight childhood obesity in our community. The race is a longstanding community event popular among families, first-time runners and walkers, and serious athletes alike. Local law firm Bell, Davis & Pitt, P.A., is the presenting sponsor of the race.

Last year was the largest race to date, with more than 3,400 runners and walkers participating in the

event. The YMCA Mistletoe Run is dedicated to fighting childhood obesity in our community, where 41 percent of children in Forsyth County are considered overweight or obese – more than twice the national average.

"The overwhelming support of our community and sponsors makes the YMCA Mistletoe Run a festive tradition that meets a critical need in our community - to help kids and families live healthier," shared Darryl Head, vice president of Operations at the White Family YMCA. "This event is a great way for runners and walkers of all ability levels to make a commitment to physical activity."

The Mistletoe Run includes free childcare for all race partici-

pants, a beautiful course through Winston-Salem's Buena Vista, Graylyn and Wake Forest areas, and a community party at the Y following the race. Participants are encouraged to wear festive costumes.

"After a great run, we welcome race participants and the friends and family cheering them on to join us for festivities at the Y and the award ceremony following the race," said Head.

Registration will be open through the end of November with limited registration on race day.

For more information or to register, visit [ymcamistletoe.org](http://ymcamistletoe.org) or [Facebook.com/YMCAMistletoeRun](https://www.facebook.com/YMCAMistletoeRun).

# Local O.E.S. members take on new roles

SPECIAL TO THE CHRONICLE

Past Matron Gwendolyn Joyner was recently appointed District Deputy Grand Matron and Past Matron Justina Garrett was re-appointed Grand District Lecturer for the 30th District Order of the Eastern Stars, Prince Hall Affiliate.



Justina Garrett

Joyner is a member of Queens of Olympic Chapter #620 and has held various positions in her chapter. She served as Worthy Matron from 2005-2006. She has also held the positions of Grand Ruth and Grand Lecturer for the Grand Chapter OES of North Carolina. Joyner was installed into her new position on Saturday, Nov. 10 at the Grand Lodge building in Durham.

Garrett is a member of Beauty of the West Chapter #36 O.E.S. She has held various positions in her chapter and served as Worthy Matron from 2006 – 2009.



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Submitted Photo

Molene Johnson receives her award from Florence Darby, far right, as Carolyn Marcus and Pastor Godwin Mitchell look on.

## Academy

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it is more than passing a test.

"It's the harmonious development of the physical, mental and spiritual powers of the student. There are particular ways and measurements that a teacher can enforce to bring out the best in a student," she explained.

Hammond also urged parents to take more of an

active role in promoting good health to their kids and to work hard to steer them in the right direction.

"As children get older and leave the home place, they sometimes make the wrong choices. Still, parents who have taught all that they know should not feel guilty for their wrong choices. For when children leave home, they have the choice to make, and that could be good or bad. Parents, hope that

it's for the good," she said.

The Darby Vision Award was given to Molene Johnson, who has worked diligently for many years with the students at the Academy. Students ended the service with a pantamine performance.

Harvey Staplefoote is presently the school's secretary/promotion leader, and Joy Campbell is the principal.



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