



Submitted Photos

Left: Fraternity and Club members pose with BBBS officials.

Below: Sigma Beta Club President Micah Sims with BBBS' Pam Suber.

Sigmas take part in bowling fundraiser

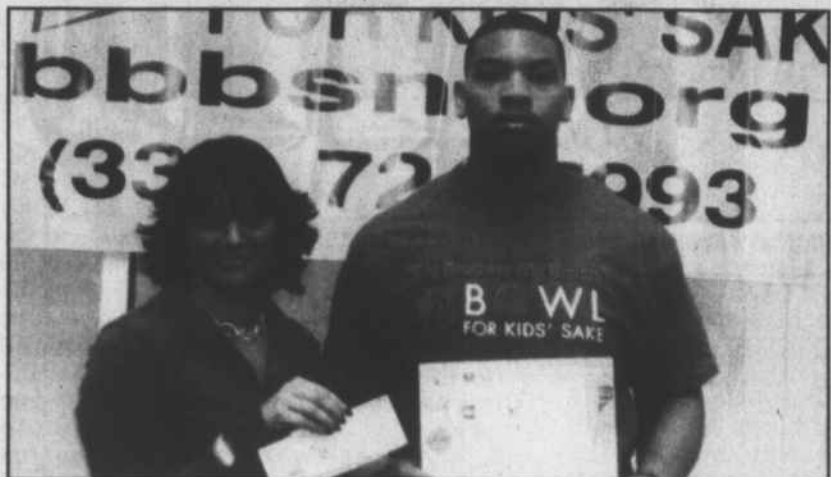
SPECIAL TO THE CHRONICLE

Members of the Greater Winston-Salem/Forsyth County Sigma Beta Club recently took part in the Big Brother Big Sisters' Bowl for Kids Sake fundraiser at AMF Bowling Center on Jonestown Road.

Members of the fraternity have participated in this event for the last 18 years. This year, members of the newly-chartered Sigma Beta Club, an organization for children, got involved.

"Bowl for Kids Sake was a great experience. It was a day of bowling for such a good cause, this is exactly what the Greater Winston-Salem/Forsyth County Sigma Beta Club members are striving to present to the community," stated Club President Micah Sims.

The Bowl for Kids Sake event was created to raise funds to carry out various BBBS programs. Each bowling team raised money by ask-



ing for sponsorships. This event alone raises 30 percent of the organization's operating budget. The goal for 2013 was to raise \$222,000.

The Sigma Beta Club offers a unique opportunity to develop values, leadership skills and social/cultural awareness. Phi Beta Sigma is

confident that investing in our youth today will produce the effective leaders of tomorrow.

To volunteer as a Big Brother or Big Sister, call Molly Allred at 336-773-9157.

Community

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more information, call 336-703-2850 or send an email to gordonkl@forsyth.cc.

Carter High hosts community event

Carter High School is hosting a community yard sale event on Saturday, March 23 at 851 Highland Court from 8 a.m.-1 p.m. There will be live music from Soulstice Seventh, food vendors, a car wash and games for children in addition to having items for sale. The proceeds will help special students go to a W-S Dash game in April.

Funtime Group trips

The Funtime Group is sponsoring a trip to Cherokee Casino on Friday, March 29 and a trip to "Joy Fest" featuring Kirk Franklin and Mary Mary at Carowinds on May 25. Call Cynthia Huntley at 336-767-0105 for more information.

AAU tryouts

The Kernersville Mavericks Basketball program is holding tryouts for boys in the second through eleventh grade for the 2013 AAU Spring Basketball season. Visit www.league-lineup.com/kvillemavs or call 336-462-1538 for more information or for other tryout dates and loca-

tions.

Football volunteers needed

The Winston-Salem Tiny Indians Football and Cheer organization is seeking volunteers for treasurer and concessions manager for the upcoming season. For more information, send an e-mail to winston-salemtinyindians@gmail.com.

Dance classes

The Winston Lake Family YMCA offers classes in ballet, tap, hip hop, jazz and tumbling for boys and girls ages 3-15. Boys dance for free. Call the Y at 336-724-9205 or visit www.winstonlakeymca.org for more informa-

tion.

Tennis club offers lessons

The Kimberly Park Tennis Club is offering lessons to junior players on Fridays through March 15 from 6-7 p.m. Contact Robert at 336-577-6323 for more information.

Free dance classes

The Exquisite Ladies will offer free dance classes at the Brown Douglas Recreation Center, 4725 Indiana Ave. Line dance classes will be held on Mondays from 6:30-7:30 p.m. Hip Hop classes will be held Wednesdays from 6:30-7:30 p.m. Call 336-661-4987 for more information.

Delta

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good turnout."

Soror ChiChi Okoroji said Chi Eta Phi members enjoy helping other Greek letter organizations further their efforts within the community.

"We're out in the community - we try to do community service at least once a month," explained the Apex native. "...We're all about Greek unity, so anytime whenever we can participate with another sorority or fraternity, we're all in."

Jabberwock participant Jalyn Brim said she attended the event Saturday in hopes of increasing awareness and support for Jabberwock, which will also be held in the Williams Gymnasium.

"I'm excited because I've never done something like this," said the

aspiring nurse, who has been selling candy to raise money for the May 19 event. "It's a good experience."

Brim, who is headed to UNC Greensboro in the fall, said getting a chance to meet and interact with members of Chi Eta Phi was an added bonus.

"I found people who are interested in the same things as me," she related.

Lumberton native Eyanna Thompson conducted glucose screenings for participants at the event.

"I think it's a part of giving back to the community," said Thompson, a senior in the clinical lab science program at WSSU. "Clinical lab scientists, (are) usually behind the scenes in the lab, but I think it's very important and enlightening to be out here ... as a health professional, we

have to give back."

Dr. George Harwell, chair of the Clinical Laboratory Sciences Department, said events like the Journey to Wellness provide valuable learning opportunities for his students.

"It's very important for our students at WSSU to have clinical experiences within their own community," Harwell said. "...Our students are learning in the labs, but they are also learning within health centers, the mobile clinic and other health fairs like this one today. It's part of their complete education at Winston-Salem State University."

Admission to the Journey to Wellness was a nonperishable food item. The event attracted over 120 attendees and amassed 336 nonperishable food items, which sorors donated to AIDS Care Service food pantry

Monday. Chapter President Lisa Smith said she was pleased by the turnout at the event.

"I think it's wonderful that so many came to get their screenings done because it's all about being healthy and this is one way we can help people to get healthy, to know their numbers," said Smith, who has worked as a licensed insurance adjuster for the past two decades. "I'm just glad that the community came out to support us because we couldn't do what we do without the support of the community. Those are the people that we aim to serve."

Nominate a senior citizen for state honor

SPECIAL TO THE CHRONICLE

The Salute to Senior Service program, sponsored by Home Instead, Inc., the franchisor of the Home Instead Senior Care network, honors the contributions of adults 65 and older who give at least 15 hours a month of volunteer service to their favorite causes.

Nominations for outstanding senior volunteers will be accepted through March 31. State winners then will be selected by popular vote at SalutetoSeniorService.com. Online voting will take place from April 15 to April 30. From those state winners, a panel of senior care experts will pick the national Salute to Senior Service honoree.

Home Instead, Inc. will donate \$500 to each of the state winners' favorite nonprofit organizations and their stories will be posted on the Salute to Senior Service Wall of Fame. In addition, \$5,000 will be donated to the national winner's nonprofit charity of choice.

"We all know seniors who do so much for our community," said Jeff Huber, president of Home Instead, Inc. "These silent heroes give selflessly, expecting nothing in return. And yet, their contributions often make a difference not only to the organizations they serve, but in changing how the public views growing older."

Senior care professionals and those who work at hospitals, senior care facilities and other places where seniors volunteer are encouraged to nominate older adults. So, too, are family caregivers and the adult children of aging parents. Older adults also may self-nominate.

To complete and submit a nomination form, visit SalutetoSeniorService.com. Completed nomination forms also can be mailed to Salute to Senior Service, P.O. Box 285, Bellevue, NE 68005.

Williams takes home Human Relations honor

SPECIAL TO THE CHRONICLE

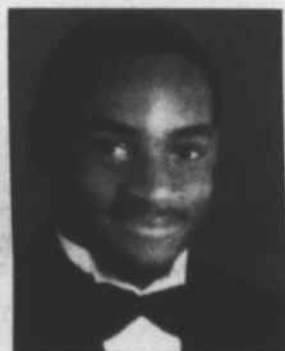
Forsyth Country Day School student Rodney Williams was one of the students chosen to receive an award at the recent 33rd Annual Human Relations Student Awards Banquet.

He was honored for his positive attitude, community service and efforts to build bridges between students of different races.

Rodney, a senior, is the founder and president of the Forsyth Country Day African American Culture Club, which has taken part in a number of community service projects. Recently, Club members helped the Salvation Army distribute toys to kids.

Rodney will attend Gardner-Webb University in the fall. He recently preached his first sermon, "Staying on the Path." His busy schedule includes playing football, lacrosse and taking part in track and field. He also holds down a part-time job at Lowes Foods and is the youth choir leader at Whole Man Ministries, which is led by his parents, Pastor Barry Washington and Co-Pastor Camilla Washington.

"We are proud of him and all that he has achieved these last four years, we know he put in a great deal of work in school and our community," his parents said. "He is really a great young man who is taking the necessary steps to success."



Rodney Williams

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Photo by Layla Garms

Journey to Wellness participants pause for a photo before the Zumba event.

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