



WFU faculty pen textbook

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Packers are on fire in PYFC League

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Celebrating 39 Years of Community Journalism 75 cents

THE CHRONICLE

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THURSDAY, October 17, 2013

Round Two

Voters to make selections in General Election contests

BY LAYLA GARMS
THE CHRONICLE

Four candidates are preparing to square off in the Nov. 5 General Election, vying for the chance to represent the city's North and Northwest Wards.

In the North Ward, incumbent Denise "DD" Adams is hoping to fend off her Republican challenger, Patricia Kleinmaier.

The Northwest Ward will receive new leadership this time

around as its current representative, Democrat Wanda Merschel, is not running for re-election. Lida Hayes-Calvert, a Republican and Jeff MacIntosh, a Democrat — both newcomers to politics — are campaigning for the open seat.

While they differ in some areas, all four candidates said they'd like to see the economic development efforts taking place downtown extended to other areas of the city, and expressed support for pay increases for public safety workers, who currently make less than their peers in other North Carolina cities.

Adams, the lone incumbent in the two races, said she has worked to recruit and retain jobs in the North Ward.

The Morgan State University alumna is hopeful her record will speak for itself.

"I think I did a good job during my first time in office, and I want to continue to work on my job," she said. "I laid structure, groundwork of economic development, trying to get small businesses more to the front and working on things that are important to the citizens, such as public safety, and this time around, those are the things I'm going to focus on."

Among her proudest accomplishments as a Council member

See Election on A9



Adams



Kleinmaier



Hayes-Calvert



MacIntosh



Black Girls RUN! members gather at the Gateway YWCA on Tuesday.

Photos by Layla Garms

Run, Girl!

Fitness movement catching fire

BY LAYLA GARMS
THE CHRONICLE

A women's health movement has taken Winston-Salem by storm.

Two years after its inception in the local community, Black Girls RUN!, a free running group for women with chapters all over the nation, has amassed hundreds of members, helping city residents to shed pounds, improve their cardiovascular health and even make a few friends along the way.

BGR's latest "Walk Before You Run" group attracted more than 150 novice runners to its launch in September, the largest group to date for the local outfit, said Kannapolis native Kelly Barr, one of Winston-Salem's three BGR ambassadors.

"The program is awesome to get ladies out and get them started in a healthy lifestyle," Barr noted. "...To me, it's a way of life for black women, but we have all types of women. It's very diversified



BGR member Margaret Epps



BGR member Gail Hosch

See BGR! on A8

Police trainees prepare for the 'expectant'

BY LAYLA GARMS
THE CHRONICLE

Greensboro native William Armstrong has always known he wanted to be a cop.

"I always wanted to help people and try to uphold the law as best as I can," commented the 23-year-old.

What the Winston-Salem Police

Department trainee didn't consider when plotting out his career in law enforcement was that delivering a baby might someday be a job requirement. Armstrong and his 29 fellow recruits visited Novant Forsyth Medical

Center last week, to bone up on their labor and delivery skills, in case such a situation ever does arise on the job. For Armstrong, visiting the simulation lab and aiding a lifelike mannequin in delivering her newborn was one of the most daunting challenges he has faced during his 18 weeks of training.

"I've been dreading this moment," the North Carolina Central University alumnus confessed. "That was well known."

Despite his reservations, Armstrong



Photos by Layla Garms

Dana Morris instructs William Armstrong as he delivers the "baby."

was able to successfully deliver the baby, under the watchful eye of Clinical Nurse Educator Dana Morris. Although he didn't exactly relish the experience, Armstrong said he did walk away feeling more confident to address an emergency delivery if the need ever arises.

The lesson for the day?

"Be prepared for anything," he said. "...Preparing for anything is what gets you ready for the field."

Armstrong's class is the second group of recruits Sgt. John Morris has brought to his wife's simulation lab to hone their

See Trainees on A10

CLASS OF '63 BALANCED CLASSES WITH CIVIL DISOBEDIENCE

Photos by Todd Luck

Larry Womble poses with classmate Decie Gunn.



BY TODD LUCK
THE CHRONICLE

The Winston-Salem State University Class of 1963 helped to shape the Civil Rights Movement and make inroads for those who followed them.

The past struggles and successes were a major topic of discussion last week during the class' four-day 50th reunion, which coincided with WSSU's Homecoming.

At an Oct. 10 banquet at WSSU's Enterprise Center, Chancellor Donald Reaves praised the class for its bravery



Tribble Wilson

See Reunion on A10

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