

lasses helping pregnant women

-See Page B1



Baseball S Winston Salem, NC 27101 **Beatty hits** speaking circuit

-See Page A10



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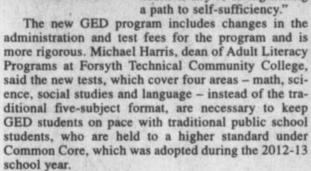
Change in **GED** format may be hinderance

BY LAYLA GARMS THE CHRONICLE

In keeping with North Carolina's adoption of the Common Core State Standards Initiative for students in grades K-12, the GED (General Education Development) program is also changing its standards. The North Carolina Justice Center, an advocacy

> group that pushes for the elimination of poverty, has stated that the changes, which will go into effect Jan. 1, could disproportionately "low-income, low impact skilled adults," who are among those most likely to be without a GED.

> "The goal of adult education should be to ensure that all students are equipped with the basic skills they need to access higher levels of education that will lead to good, quality jobs," stated the Center's Sabine Schoenbach. 'The GED represents an important bridge to further skills training and education. Adequate funding for basic skills training is therefore necessary, and the connection of basic skills to credential attainment in ways That engage low-income working adults is key to strengthening



"Just like public schools, we have to keep current,"

See GED on A10



'Thanksgiving Blessings

Mildred Black shows off the makings of a Thanksgiving meal that she received at Mt. Olive

Baptist Church on Saturday. She was one of hundreds who benefitted from the church's generosity. Read more on page A7.



Travellers (front row, from left) Beth Frack, Bray Barto, Jozy Unal, Jordan Shegog, Cashlyn Lovell, (back row) Parker Lovell, Shannon Barto, Don Shegog, Daniel Shegog, Chris Hawley and Dr. Medge Owen.

Selfless at Thanksqiving

Local group of volunteers on service trip to Ghana

BY TODD LUCK THE CHRONICLE

Don Shegog and his son Daniel are forgoing the Thanksgiving traditions of food, family and fun this year. They are a world away, enriching the lives of the people of Ghana.

The Shegogs are among a group of 12 Forsyth Country Day School students, faculty and parents who departed for Africa last Friday to help with the ongoing revitalization of Odoi Atsem Preparatory School in La, a suburb of Accra, Ghana's capital. The Shegogs will help set up an Internet-connected computer lab at the school. Local volunteers have taken the school under their wings, dubbing their efforts "The Bridge Project."



See Ghana on A9 Some of the clothing the group took for kids in Ghana.

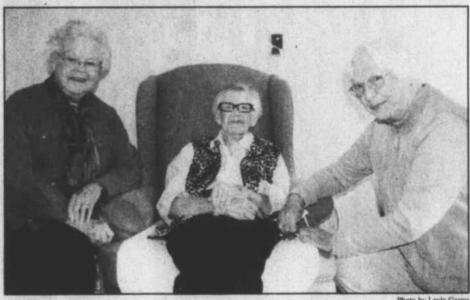
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BY LAYLA GARMS THE CHRONICLE

When it comes to U.S. history, Winston-Salem resident Ina Cook has practically seen it all.

Cook, a native of Stokes County, celebrated her 109th birthday on Nov. 18. The second of six children, Cook was born in 1904, one year after the Wright Brothers made their historic first flight in Kitty Hawk and when the country had only 45 states. Women weren't allowed to vote, the stock market had yet to crash and African Americans were decades away from achieving civil rights. The first silent film had premiered just the year before, and Henry Ford's Model T automobiles wouldn't go into production for another four years.

Life was different in those days, recalls Cook, the matriarch of five generations of Cooks. She grew up on a farm, where her daily chores included



Ina Cook (center) with her daughters Kathleen Satterfield (left) and Sue Vogler.

feeding the hogs, hoeing tobacco and corn in the growing season, and churning butter for the family. They worked hard, Cook said, but she and her siblings still found plenty of time to have fun.

"We'd ride horses and go to frolics until about 11 or 12 o'clock," she said, referencing the spirited dance parties she regularly attended as a young woman. Cook and her siblings would sneak away to the gatherings, where the music of banjos and fiddles filled the night.

"Paul wouldn't know," she said, referencing her father with a sly grin. "He

didn't want his horses out in the cold."

On her first day of school, Cook walked to the three room schoolhouse in town, carrying her lunch in a bucket. She remembers crying in embarrassment because she hadn't yet learned her

See Cook on A8

Couple looks to carve niche with new shop

BY LAYLA GARMS THE CHRONICLE

Lovers of all things vintage, antique and designer now have a new place to shop in Winston-Salem.

City natives Marshall and Cynthia Jeffries opened the doors to their upscale consignment shop, Jeff's Shared Treasures, in August.

Nestled in the heart of the East Winston community on New Walkertown Road, the shop represents both heartbreak and a the realization of a long-held dream for Marshall Jeffries. Roughly 75 percent



Marshall and ynthia

Photo by Layla Garme

Jeffries stand outside store on New Walkertown Road.



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