

# HEALTH BEAT

## P.A.C.E. slated for June 8

Gramercy Research Group is hosting its first ever Physical Activity Community Extravaganza (P.A.C.E.) to provide the community with health screenings and information, games, giveaways, music, fun and more.

This event will be held at the Ray Agnew Field Complex, near the corner of New Walkertown Road and Waterworks Road, on Sunday, June 8 from 2 - 5 p.m. Attendees are encouraged to bring their bicycles and wear walking shoes. The Newell Massey Greenway will be available for cyclists and walkers looking to enjoy a beautiful day.

The staff at Gramercy Research Group - an independent research firm focusing on community- and faith-based participatory research - envisions a fun environment for community members and leaders to congregate.



Collins

Officials want each participant to gain valuable knowledge about their health as well as health disparities throughout the county.

"This will be a great opportunity for the East Winston community to come together and be physically active. We hope that this event will provide people with the tools and resources to begin changing behaviors that cause health disparities," said Jonathan Collins, Project Coordinator for Gramercy Research Group.

This event is supported by grant funds from UCLA and the Centers for Disease Control and Prevention.

For more information, contact Collins at 336-293-8540, extension 109, or [jcollins@gramercyresearch.com](mailto:jcollins@gramercyresearch.com). For more information about Gramercy Research Group, visit [www.gramercyresearch.com](http://www.gramercyresearch.com).

## Dash picks Senior Services

Senior Services of Winston-Salem has been selected as 2014 Charity Partner by the Winston-Salem Dash baseball team.

"We are absolutely thrilled and so appreciative to be the Dash's 2014 Charity Partner," Richard Gottlieb, president and CEO of Senior Services, said. "It's great to be a part of the Dash's organization this year."



Gottlieb

Each year, the Dash chooses an outstanding nonprofit organization in Forsyth County as the charity sponsor for the new season. The selected charity is featured at games and in Dash promotions including the commemorative brick program. A portion of the sales of memorial bricks will be donated to Senior Services.

Senior Services helps older adults live at home with dignity through a broad range of programs including Meals-on-Wheels, the Williams Adult Day Center, Living-at-Home, Home Care and Help Line. The organization also provides support for caregivers through services and education designed especially for them.

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## New SSS web site

Stop Soldier Suicide, a national 501(c)3 organization serving veterans and active-duty service members, has launched a newly designed website, [www.stopsoldiersuicide.org](http://www.stopsoldiersuicide.org). The site, which was developed in conjunction with Greensboro-based Red Letter Marketing, advances the mission of Stop Soldier Suicide, the first civilian not-for-profit organization dedicated to preventing suicide in active-duty armed forces personnel and veterans.

"This was a much-needed refreshing of our prior website," stated Laura Black, chief marketing officer for Stop Soldier Suicide. "We needed our website to work harder for the people reaching out to us, making getting help easier and also offering education to those seeking more information about this growing military suicide epidemic in our country."

The site features research and information regarding the problem of suicide among those who have served, and the far-reaching impact it has on families and loved ones. It offers valuable resources to those seeking help, including links to partner organizations such as The Veterans' Administration, The Christopher and Dana Reeve Foundation, and the volunteer organization Give an Hour. Soldiers and veterans can access a page with a form for getting help, while friends and family can access a "Get Help for a Loved One" section that includes information on how to help a veteran or soldier in need.

Stop Soldier Suicide (SSS) was founded in 2010 by three veterans who were determined to help curb the epidemic rate of suicide among their fellow service members. Among veterans, the suicide rate is double and sometimes triple the rate of civilians.



## Fraternity welcomes public to free health talks

CHRONICLE STAFF REPORT

The Psi Phi Chapter of Omega Psi Phi Fraternity, Inc. will sponsor its Second Annual Health Initiative on Friday, June 14 from 9 a.m. - 1 p.m. at The Omega Friendship Center, 2336 Patterson Ave.

The public is invited to participate in this informal discussion of health issues that are affecting the community. A number of medical professionals are slated to discuss relevant topics throughout the morning. After the discussions end around 1 p.m., the public is invited to the Winston-Salem Family YMCA, 901 Waterworks Road, for a free exercise demonstration.

Dr. Jamehl Demons Shegog, an assistant professor of Gerontology and Geriatric Medicine at Wake Forest Baptist Medical Center, works with the Medical Center's Maya Angelou Center for Health Equity and Sticht Center on Aging. At 9 a.m., she will discuss the bone disorder osteoporosis. At 10 a.m., Dr. Kristen Hairston will lead "Diabetes 101." She is an assistant professor of Endocrinology & Metabolism Center for Biomolecular Imaging Wake Forest Baptist Medical.

Winston-Salem Pediatrics' Dr. Karyn Gordon will lead a discussion about childhood obesity at 11 a.m. "What to Expect with Labor and Delivery" will be discussed by Dr. Vernon Ross at noon. He is an associate professor of Obstetrical and Gynecological Anesthesiology at Wake Forest Baptist Medical.



Shegog



Hairston



Gordon



Ross



Josie and Scotty Wooten with their son, Jarod.

## Heart Heroes honored at Ball

CHRONICLE STAFF REPORT

More than 250 guests attended the American Heart Association's Winston-Salem Heart Ball on April 25 at the Millennium Center. The event raised \$240,000 through tickets, tables sold, sponsorships, silent and live auctions and individual donations to benefit heart disease and stroke research and prevention education.

Tim Hicks, a sudden cardiac arrest survivor, and his wife, Jamie, who performed CPR to save his life, were honored as Faces of Heart survivors. Aubree Hardin, a two-year-old congenital heart disease survivor, was also honored as a Face of Heart survivor.

Josie Wooten was awarded with the inaugural Novant Health F.A.S.T.

Stroke Caregiver Award for her exemplary care of her husband, Scotty, after his second stroke.

The black-tie event, emceed by

WXII's Austin Caviness, included a silent auction, live auction, gourmet dinner and entertainment by Skate Rink Jukebox. Kirsten Royster, VP of Novant Health Heart and Vascular Institute and Maya Angelou Center for Women's Health & Wellness, and Dr. Bruce Walley, senior VP of Medical Staff Services for Novant Health, co-chaired the Ball with the assistance of a team of local executives.

Novant Health was the Signature Sponsor:

Premier Heart Sponsors included BB&T and Wake Forest Baptist Health. Womble Carlyle was the Ambassador of Hope Sponsor, and Belk was a Benefactor of Heart Sponsor.



Tim Hicks and his wife, Jamie.

## Trust grants help insure more in N.C.

SPECIAL TO THE CHRONICLE

Winston-Salem-based Kate B. Reynolds Charitable Trust has awarded grants of more than \$450,000 to support the expansion of North Carolina's health insurance options and to continue helping financially disadvantaged residents identify and secure health insurance under the Affordable Care Act.

By investing nearly \$1.5 million over the past year to help residents understand their new health insurance choices, the Trust has been a leader on the issue and supported statewide efforts to enroll more than 400,000 North Carolinians in health insurance plans in recent months.

Specifically, Trust funding announced this month includes \$25,000 to help low-income Latino residents of Chatham and surrounding counties with health insurance enrollment; \$82,500 to Enroll America to continue outreach efforts in Spanish-speaking communities around the state; and \$346,500 to the North Carolina Justice Center to continue education efforts in rural communities about the need for Medicaid expansion.

"The Affordable Care Act means health insurance is now available to millions of

people who had few options in the past. We want to ensure North Carolina's financially disadvantaged residents understand their choices and can access these new insurance plans," said Karen McNeil-Miller, president of the Trust. "Mrs. Reynolds advocated for quality health care for all when she was alive, and we continue to honor her vision by supporting quality health insurance for all of our state's residents today."

Overall, the Trust's Health Care Division made 24 grants totaling more than \$4.9 million this cycle to improve the health of low-income individuals across the state.

In addition to investing in health insurance access, the Trust also gave more than \$1.2 million to Halifax Regional Medical Center and the Halifax County Public Health System to combat childhood obesity as part of its Healthy Places NC work, a long-term Trust initiative announced last year to invest \$100 million in 10 to 15 rural, low-income North Carolina counties. The Trust has invited four counties—Halifax, Beaufort, McDowell and Rockingham—to participate to date. In



McNeil-Miller

See Grants on A9

## Acclaimed film shows different side of gun violence

SPECIAL TO THE CHRONICLE

The award-winning film "Changing the Conversation: America's Gun Violence Epidemic" will be shown on Tuesday, June 10 at 7 p.m. at The Enterprise Conference Center, 1922 South Martin Luther King Jr. Drive.



Hagler

The presentation of the 88-minute long film will be free. Following the screening, there will be a facilitated discussion about how to change our local thinking about gun violence in our community.

Stephanie Daniel, associate director of the Center for Youth, Family and Community Partnerships at UNCG; Andy Hagler, executive director of the Mental Health Association in Forsyth County; and Robert Rominger, president of the North Carolina Chapter of the American Foundation for Suicide Prevention; will answer questions and facilitate the discussion.

"Changing the Conversation: America's Gun Violence Epidemic" is the final film in the award-winning three-part documentary film series "Guns, Grief & Grace in America."

While gun violence is generally discussed in terms of urban homicides, the film reframes the conversation of America's gun violence

See Screening on A7

