

**Sister's**

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open to the public, will be at the Malloy/Jordan Heritage Center Library, 1110 E. Seventh St., from 10 a.m. to 2 p.m. and will feature representatives from Family Services, the Winston-Salem Police Department's Domestic Violence Unit, the Hidden Jewel Project of N.C. and several domestic abuse survivors.

"Even though it is a tough topic, we want to be able to open up a place for the dialogue to begin," Archia said. "We want to get the conversation started and let them know about the resources that are available."

Latisha Alford worked with Bethea and participated alongside her in the exercise group Black Girls Run!

"She was a very chipper person, always smiling and was always a very positive person," Alford said. "She was always up for a challenge on the pavement."

One of her favorite routes was a very hilly route, that most people don't like, but she loved that route.

Alford thinks running was a release for Bethea, who she says was empowered to help other women see the benefits of exercise and sisterhood — hallmarks of BGR!

"She saw something in Black Girls Run! that she liked. This was an outlet for Cheryl, and she came to take advantage of it."

BGR! has partnered with the Bethea family and other organizations to bring awareness to domestic violence. Alford said educating the public is essential. Archia agrees.

In talking to survivors, Archia found that many abused women don't know that there are shelters and other resources available to them.

"We want to provide the resources and connections. Then we want to get them in a safe place and create the conversations that can led to their spiritual, physical and emotional healing," she said. "Some women don't know about shelters, how to get a 50-B (restraining order), and don't even know that the police department has a domestic violence unit. Part of this is just making them aware and educating them on what is available."

Archia said she also wants women to know that that there is a community that will stand with them.

"They are not alone, and they didn't do anything wrong. We are here as fellow sisters, and there are women that care about them and their safety enough to be able to be available in the event that they need assistance," she said.

For more information, email [chosenvesselconsulting@gmail.com](mailto:chosenvesselconsulting@gmail.com) or look for the organization on Facebook at [www.facebook.com/wsimmysisterskeeper](http://www.facebook.com/wsimmysisterskeeper).



Latisha Alford

File Photo

**UNION BAPTIST CHURCH**  
 Dr. Sir Walter Mack, Jr., Pastor and Teacher

# Cancer Survivors Faith Fashion Show

*A Celebration of the 15th Pastoral Anniversary of Dr. Sir Walter Mack, Jr.*

**Sunday, October 26, 2014**  
**4:00 pm**  
**Union Baptist Church**

*In Honor of Mother Frances Mack and Lady Sarah Mendez*

**A Fashion Show to increase awareness of all forms of cancer and celebrate Men and Women Survivors!**

**Prayers for Deliverance!**  
**Praise for Victory!**  
**Gala Reception for Cancer Survivors!**  
**Donation: \$10**

**A portion of the proceeds will be donated to Area Cancer Support Groups!**

Union Baptist Church - 1200 N. Trade Street - Winston-Salem, NC  
 336.724.9305 - [www.unionbaptistwanc.org](http://www.unionbaptistwanc.org)

# Russell's Funeral Home

**You are cordially invited**  
 to come and celebrate with Russell's Funeral Home as we commemorate  
**75 Years of Service**  
 and dedication to Winston-Salem and surrounding communities.

**Saturday October 25 at 5 pm**  
**Union Baptist Church**  
**1200 North Trade Street • Winston-Salem, NC**

Dion Owens & Renaissance Choir, The Queenette Gospel Singers, Keith Byrd & Company and many other guests will be a major part of this celebratory occasion.

Please come and share as we celebrate this milestone by our loving founders, Carl H Russell Sr. & Florrie S. Russell. We strive to continue carrying the legacy and motto: "Growing.....and Still Dedicated to Serve You Better"

**This event is free to the public.**  
 We ask you to direct any and all donations to the Carl H. & Florrie S. Russell Memorial Scholarship Fund.

*Warm, grateful and prayerful regards.*

**RUSSELL FUNERAL HOME, INC.**  
**336-722-3459**  
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