



Alfeeda Golf, former senior associate commissioner of the Horizon League, talks about the future of sports during the third annual She's Got It Covered Class Hat Affair held last weekend.



More than 300 Women gathered at the Embassy Suites Hotel last Saturday morning for the third Annual She's Got It Covered Classy Hat Affair.

Classy Hat
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the project coordinator with Delhaize America in Salisbury, said she learned as a freshman while balancing her school work, cheer-leading and social life that it is important to prioritize and to be flexible.

"Sometimes in life things are going to come at you that you

aren't prepared for but, that's why you have to be flexible and you have to be willing to transition your priorities to get things done.

Porsche Jones, a graduate of Wake Forest University and member of the Lady Deacons basketball team from 2003 to 2006 said the experience of competing at a high level helped her to develop the skills to be victorious.

Jones said the same mindset she developed to win while at Wake is the same mindset she teaches today's youth through her organization B.O.N.D (Building On New Development), a sports event hosting company that sponsors dozens of youth basketball tournaments every year.

"The main thing I think helps as an athlete is being able to get the mindset of how to

win. I think that prepares us as adults to understand how to set goals," continued Jones. "The experience of going through some tough practices, tough losses and even having some tough coaches can build a lot of character and it's important that we share that experience."

When asked about the future of women's sports, Delores "Dee" Todd, the first female

and minority to serve as assistant commissioner of the Atlantic Coast Conference (ACC), said she would like to see more coaches and women administrators.

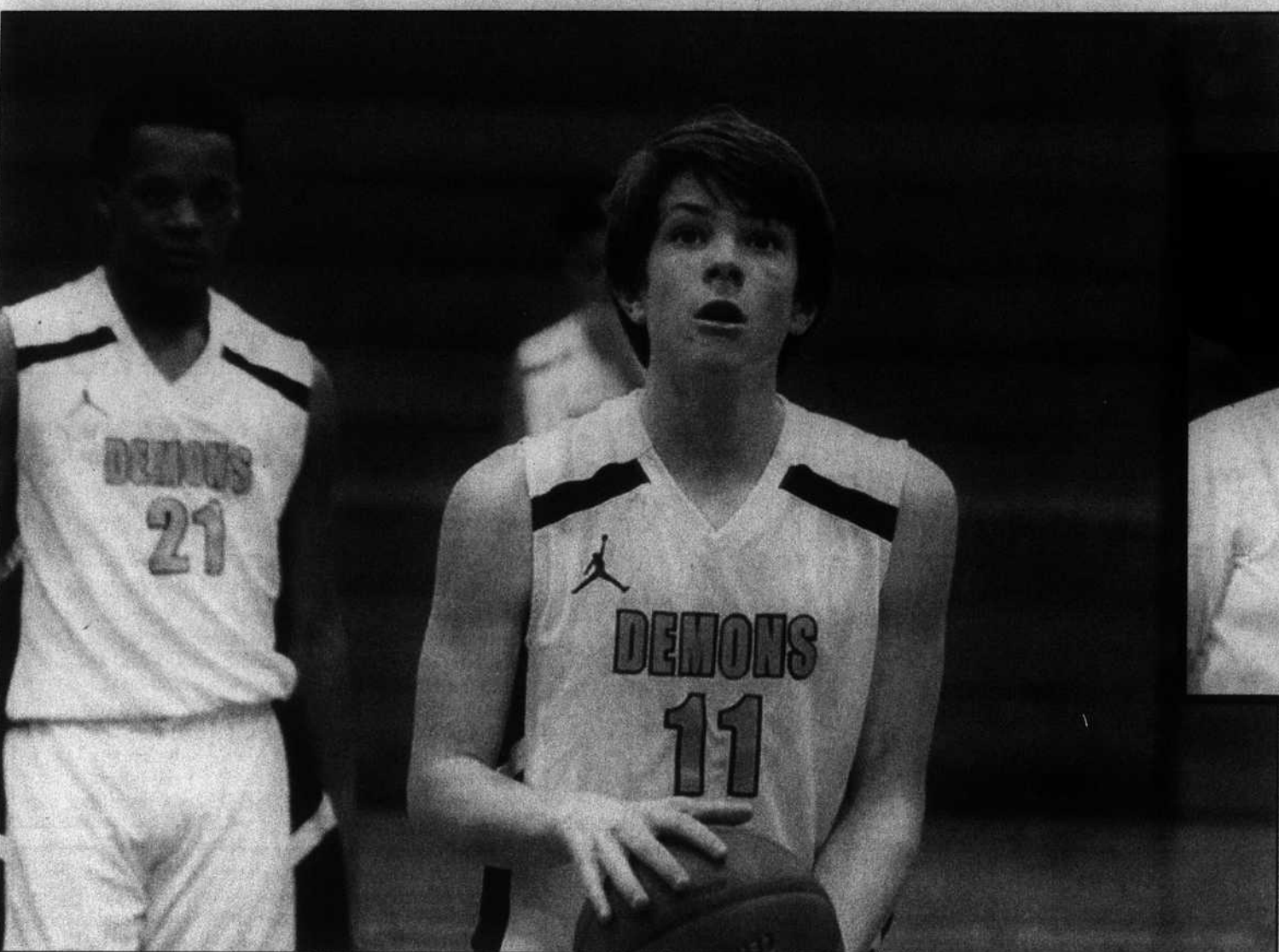
"We've come a long way but we still don't have any women of color who are head coaches at the college level. I would like to see that change," said Todd. "Before someone is hired a couple of

women should be in that poll.

Former senior associate commissioner of the Horizon League Alfreed Goff echoed Todd's sentiments when asked the same question. She said although women sports have grown over the past 40 years it hasn't grown fast enough. Goff mentioned more than anything women's sports needs more support from the

community.

"We need to encourage our young girls to chase their dreams. Let's allow them to grow. We need people in our community to spark that at a young age," said Goff. "Encourage them to be leaders, encourage them to be dreamers and set the example."



Reynolds JV basketball Head Coach Mike McCulloch looks on as his team fights back against Mt. Tabor.

Photos by Timothy Ramsey

Sophomore guard John Powers provided much needed leadership for the Demons this season.

Wins

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worked out concerning his lineup and gave some of the freshman more minutes, things started to work out for them.

"I really thought with not just the wins and losses that we did improve as a team from week to week," McCulloch said. "I thought we were improving almost every game. That's kind of my goal of the season, to improve every week."

The Demons finished the season with a 7-3 record overall in the conference. McCulloch says he was extremely proud and happy for his team. He says even

though they may not receive a plaque or anything for this accomplishment, he knows it means a great deal to his team.

They have many fond memories from this past season. Ingram and Powers say that for all the guys the overwhelming moment of the year was sweeping in-town rival Mt. Tabor.

"Beating Tabor that second time was the thing I wanted the most," Ingram said. "This is a rivalry and we can always say that we swept them and they have nothing to back up their claim when they say they are better than us. I don't like Tabor because when they win they do a whole bunch of talking."

Powers said, "My most memorable moment is playing Tabor and beating them twice. But also starting out the

year as we did and to finish the year with like a 10-2 record is really good."

For McCulloch he says he used to teach at Tabor and for them to sweep the Spartans was very nice. He says they used them as a measuring stick as the team to beat since they won the Lash/Chronicle tournament. He also said the game against North Davidson sticks out in his mind because they were down double figures in the fourth quarter and came back to win.

McCulloch said this team was a collection of a good group of guys. He says they had a maturity that's atypical of such a young team. He credits Ingram and Powers for leading the guys in practice. For him he says he just likes to stay consistent and keep expectations clear and the kids respond well for the most part.

Bobcats

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"I really enjoyed coaching these kids this season," Geter continued. "The thing that stands out with Chance is that he can shoot that ball. Since I have been at Glenn he's probably one of the purest shooters I've seen here but he knows he needs to work on his defense."

"For Ben he brings that toughness and I like that about him. He has a whole lot of heart and can score when he wants to but prefers to be the floor general. Going forward he has to pick and choose his spots and learn to play through a missed call because you are not going to get every call."

Williams says as the season progressed, the team began to start playing together, which correlated into more wins.

"I get the team in order and regulate what goes on, on the court," Williams said. "I think at the beginning of the year we played more individually but as coach says when we starve together we eat together, so that's what we did."

Carter says over time the guys really started to buy in to what Coach Geter was trying to implement on the court. He said when Geter started coaching harder, the team began to play harder.

"Well at the beginning of the season, I was kind of nervous and didn't like dribbling the rock," Carter said. "But later on coach started giving me the green light and I started dribbling more and getting up more shots."

For Carter and Williams, they both say their favorite moment of the year was their 20-point comeback against

Thomasville.

Williams says his favorite subjects in school are math and science. Outside of basketball he would love to become a doctor. The University of North Carolina at Chapel Hill would be his school of choice if he had it his way.

English and science are Carter's favorite subjects in school. He said he enjoys business and would like to pursue that career field as he gets older. He says he doesn't have a dream school but would love to play at any Division I college.

Assistant coach Tega Carter, Chances' father, says the comebacks during the Lash tournament really brought them together, in his opinion. He says this team will be together on the Varsity level and expects them to continue to get better.



Glenn JV basketball Head Coach Chris Geter, right, stands with assistant coach Tega Carter.

Photo by Timothy Ramsey