

Carla Simpson performs.

BY BUSTA BROWN

THE CHRONICLE

"Crazy" Carla Simpson is a clean comedian. "Not a Christian comedian. I'm a comedian that happens to be a Christian." Her past standup comedy material and lifestyle use to be the total opposite. "I'm so glad they didn't have social media back when I was at Freak Nic and the black bike rally in South Carolina. I was wild. I tell my kids I use to be wild, they look at me like, sure mom.

I asked her if she liked the mental and spiritual place she's in now, and she gave me a soft and sweet said, "Yes." Carla had my ribs hurting with laughter as she shared stories about club days. "When I did comedy back then, most of the crowds were drunk; and I was drunk with them. I would cuss up a storm. I could cuss right now." She had me laughing for 10 straight minutes; I was barely able to do the interview; she is hilarious.

I asked why did she make the switch to clean comedy, and she immedi-

ately got serious. "When you start growing in your relationship with God, it's just any relationship. There's certain things you can and can't do within the perimeters of your relationship with another person. So I know God expects certain things of

She shared one of those moments that God is wherever she goes. "I did a show a little over a year ago. My friend begged me to do the comedy I used to do, and I was thinking OK, I can do that. Busta ... How about I got up there and it felt like someone was putting dirty clothes on me. So ... It's not the same anymore. I take my relationship with God seri-

like it." I asked Crazy Carla which style of comedy is more her. "Busta I have to be honest; it's somewhere in the middle." Carla is very raw with her honesty. "I may be a Christian, but don't push me, cuz you might get a good cussing out." She shared which

ous now, and He doesn't

crowd is the toughest to please. "The church crowd. I walk out onto the stage and they're sitting there with their arms folded, and mad. I'm thinking why are you even here."

I've interviewed several comedians that no longer use profanity, and they don't get as many gigs anymore. I asked Crazy Carla if that's happening to her. "No, I get even more now. God is so good to me." Carla said romance is her soft spot. "I love black love. I'm a cry baby. I could watch a romantic commercial and cry."

Crazy Carla Simpson is also a Sunday school teacher and actress. She landed her first leading roles in both stage and on screen. She plays a first lady in the upcoming play "Her Story, His Truth," and Mama Grace in the YouTube movie "A Cure for Kyle." Contact Carla Simpson aahfro10@gmail.com, or

on Facebook, or on Twitter @aahfro10.

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### April community health seminars, screenings and events

Visit WakeHealth.edu/BestHealth for class descriptions and other events. Events are FREE of charge and require registration, unless otherwise noted.



#### THURSDAY, APRIL 5

Lunch & Learn: Tobacco Cessation Noon to 12:45 pm Wake Forest Baptist Health Cancer Center, Medical Center Blvd., Winston-Salem. Park in lot C and proceed to conference room 9A.

#### SATURDAY, APRIL 7

Walk with a Doc \ 10 to 11 am William G. White Family YMCA indoor track, 775 West End Blvd., Winston-Salem

#### **MONDAY, APRIL 9**

Dine with the Doctors 5:30 to 7:30 pm Tanglewood Pizza Company, 5539 US 158, Bermuda Run

#### **TUESDAY, APRIL 10**

The Aging Well Series Aging & Memory: What's Normal and What's Not? \ 6 to 7 pm Forsyth County Central Library auditorium, 660 W. 5th St., Winston-Salem

#### WEDNESDAY, APRIL 11

Insomnia and Anxiety in Older Adults \ 11:30 am to 12:30 pm Hartley Drive YMCA, 150 W. Hartley Drive, High Point

#### THURSDAY, APRIL 19

Safe Sitter Basic® \ 9 am to 4 pm Wake Forest Baptist Health Lexington Medical Center, 250 Hospital Drive, Lexington

#### SATURDAY, APRIL 21

Safe Sitter Basic® \ 9 am to 4 pm Wake Forest Baptist Health Diabetes & Endocrinology Center, 4610 Country Club Road, Winston-Salem

#### **MONDAY, APRIL 23**

A Variety of Salads \ 5:30 to 7 pm Wilkes Medical Center, 1370 W. D St., N. Wilkesboro

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