



# AGING MATTERS

NEWS AND INFORMATION FROM SENIOR SERVICES

FEBRUARY 2021

## OUR MISSION

*Helping seniors in Forsyth County remain in their own homes for as long as possible, living with dignity.*

## OUR PROGRAMS

*Elizabeth and Tab Williams Adult Day Center*

*Meals-on-Wheels*

*Help Line*

*Home Care*

*Living-at-Home*

*Senior Lunch*

*Elder Care Choices*

## CONTACT US

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2895 Shorefair Drive  
Winston-Salem, NC 27105

[seniorservicesinc.org](http://seniorservicesinc.org)

336-725-0907



## WATCH FOR US

Watch for **AgeWise** each Monday. Submit your questions to [agewise@seniorservicesinc.org](mailto:agewise@seniorservicesinc.org).

**DONATE OR VOLUNTEER TODAY!**



## Mark Your Calendar!



Please make plans to join us for the 11th annual (and first online) **Art Show & Sale** benefiting **Meals-on-Wheels**! We're doing things a little differently in 2021, as we honor the life and works of **Bonnie Dempster**. While you will still find some of the most beautiful art from your favorite area artists, this time we're bringing it to you **online**. Learn more at [seniorservicesinc.org](http://seniorservicesinc.org).

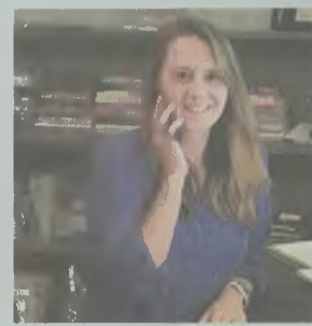
## Get the Latest Senior Services COVID-19 Updates

- 1 Health Care Workers and Long-term Care Staff and Residents ACTIVE GROUP
- 2 Older Adults ACTIVE GROUP

Are you looking for updates on Senior Services programs and operations? Are you interested in information about the COVID-19 vaccine and how to schedule a vaccine appointment when you're eligible? We're keeping information compiled and up to date on our website. Visit [seniorservicesinc.org](http://seniorservicesinc.org).

## Staff Spotlight: Sarah Finds Multiple Ways to Help!

Senior Services' staff is committed to helping older adults and their caregivers. Sarah, an Aging Resource Specialist on our **Help Line** team, is determined to do her part even while working remotely. Read about how she is finding ways to help at [seniorservicesinc.org](http://seniorservicesinc.org)



## Its...A New Car!



Thanks to a generous community of donors and volunteers we're even better equipped to meet the growing needs of older adults. Today, we're especially grateful to **Mary and Richard Hill** for providing a donation that helped Senior Services get this 2021 Toyota RAV4! Did you know Meals-on-Wheels has delivered approximately 200,000 meals since the pandemic started? We know this vehicle will be instrumental in helping us continue to deliver the vital services that help older adults remain at home.