

PIEDMONT PLUS SENIOR GAMES

For Seniors age 50+ Register by April 30



SENIOR SWIMMING COMPETITION
 Wednesday, June 9 at 9 a.m.
 New location! BOLTON PARK POOL
 Register by April 30

Registration forms available at all YMCA and City Recreation Centers. OR register online at torch.ncseniorgames.org.
 Call 336-727-2325 for more information or email Chuck at chuck@cityofws.org.

SENIOR GAMES DISTANCE RACES
10K - SAT. MAY 1, 9 A.M.
 REGISTER BY APRIL 30
5K - SAT. MAY 22, 9 A.M.
 REGISTER BY APRIL 30
 JAMISON PARK ON THE MUDDY CREEK GREENWAY

Registration forms available at all YMCA and City Recreation Centers. OR register online at torch.ncseniorgames.org.
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REGISTER BY APRIL 30



SENIOR CYCLING COMPETITION
 Wednesday, May 19 at 9 a.m.
 WINSTON-SALEM FAIRGROUNDS

Registration forms available at all YMCA and City Recreation Centers. OR register online at torch.ncseniorgames.org.
 Call 336-727-2325 for more information or email Chuck at chuck@cityofws.org.

PIEDMONT INVITATIONAL GOLF TOURNAMENT
 NC Senior Games Qualifier
 Wednesday, June 2
 Pine Knolls
 & Thursday, June 3
 Tanglewood

ENTRY FEE: \$60
 REGISTER BY APRIL 30

Registration forms available at all YMCA and City Recreation Centers. OR register online at torch.ncseniorgames.org.
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PIEDMONT PLUS
Silver Arts CALL FOR ENTRIES

CATEGORIES
 Literary Arts:
 Heritage Arts:
 Visual Arts:
 Performing Arts:

Registration forms available at all Recreation Centers and online cityofws.org/seniors
 Early bird deadline - Sun. Feb. 28
 Literary Arts deadline - Mon., March 15
 Final deadline - Mon., March 31

SENIOR GAMES ARCHERY Friday, June 4 at 9 a.m.
 Old Town Recreation Center

REGISTER BY APRIL 30
 Registration forms available at all YMCA and City Recreation Centers. OR register online at torch.ncseniorgames.org.
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SENIOR TENNIS TOURNAMENT
 Tues., May 18 (Doubles/Mixed) and
 Mon. May 24 (Singles) at 9 a.m.
 Joe White Tennis Center/Hanes Park

REGISTER BY FRIDAY, APRIL 30

Registration forms available at all YMCA and City Recreation Centers. OR register online at torch.ncseniorgames.org.
 Call 336-727-2325 for more information or email Chuck at chuck@cityofws.org.

MINI GOLF
 Monday, June 1 at 9 a.m.
 Adventure Landing
 1600 S. Stratford Road

\$5 PLUS PPSG REGISTRATION FEE PER PLAYER
 REGISTER BY APRIL 30 contact
 Anna Mottram at 336-727-2325
 or annamottram@cityofws.org

REGISTER ONLINE AT torch.ncseniorgames.org




CELEBRATE OUR WATERWAYS!
 MARCH 20-28, 2021

Nine days of pandemic-friendly fun, educational and recreational events to help us enjoy and appreciate our local creeks and streams

VIRTUAL EVENTS

- DIY Seed Bombs
- Quarry Lake Walk
- Rain Water Harvesting Webinar
- Shade Your Stream! demonstration
- Water and Wastewater Plant Tours
- More!

SELF-GUIDED EVENTS

- Scavenger Hunt
- "Flat Lenny" Photo Contest
- Greenway Strava Club
- Stormwater Geocaching
- Virtual 5k Run/Walk
- More!

ATTENDANCE-LIMITED, SOCIALLY DISTANCED

OUTDOOR EVENTS


- DIY Rain barrel workshop
- Creekside Segway glides
- Team Bass Tournament
- Frog Listening Walks
- More!

FULL CALENDAR AT FORSYTHCREEKWEEK.ORG

Forsyth CREEK WEEK
 Presented by North State ENVIRONMENTAL



GET THE SHOT
 Now vaccinating 65 and older



Schedule your vaccination at
Forsyth.cc/CovidUpdate or call 336-582-0800

Forsyth County
 Department of Public Health
 Promoting Health. Improving Lives

think orange

Get Help During COVID-19
 Go to ThinkOrangeWS.org and use the COVID-19 Forsyth County Food Map

- Grocery Stores • Food Pantries
- Feeding Sites • Free/Discounted Services
- Stores Offering Senior Shopping Hours
- Stores Accepting SNAP/EBT