

Founder of Black family-owned nonprofit to give away \$50,000 twice a month for 100 years

Nationwide (BlackNews.com) - Niamke Muhammad wants to see more Black entrepreneurs become successful, so he formed The B Network Group. The company is family-owned and yearns to help Black people put their products in the marketplace and make a way to provide for their families. The B Network Group started the company with the core values of contributing to the community and building trust through transparency. Niamke knew that \$50,000 alone would NOT get a product into a major grocery store overnight, but he realized it would be the start of the process for a Black entrepreneur into becoming an organic household brand.

The B Network Group affirms that if you come up with a solid business plan, they will fund it. They aren't seeking corporate, celebrity backing, or sponsorships; they want the support to come from us, our people. A mere sacrifice of not hanging out and a donation of \$50, The B Network Group feels the company would be on its way to becoming financially independent and in a position to help individuals that are helping the community.

Furthermore, they firmly believe there to be thousands if not hundreds of thousands of African/African American people who have great ideas that can help and support the whole community, but can't find the finances to get started. Hence, The B Network Group wanted to fund those ideas. Believing that by funding these ideas, they will encourage millions of people to go after their dreams and live their best life.

The \$50K allotment will go to anyone who has a business plan that will create jobs and industry in the African/African American communities across the globe. He also plans to choose one company, corporation or nonprofit a year to give \$500,000 that aligns with the company's goals, principles, and advocations.

Niamke comments, "We are simply asking four million people to donate \$50. This small one-time donation will provide generational wealth and motivate millions to become entrepreneurs. We believe if we can show the world that by giving up one night of partying, we can provide one hundred years of financial independence, that will be a great



Submitted photo

Niamke Muhammad

start and a true sign of community maturity."

Additionally, The B Network Group has a vision to get Black entrepreneurs up and running and putting them in their marketplace. As an organization, they believe that when you go to the store, there should be African or African American choices on the shelves too.

An example of this desire would be to see Kenyatta's Kleaning Solutions

on the shelves as a possible disinfectant, not just Pine-Sol, Fabuloso, and Lysol.

Besides their vision to bring Black entrepreneurs into the marketplace, The B Network Group has developed a masterful strategy to achieve this goal. If four million people donate \$50, \$200 million dollars will be raised. The plan is to divide 85% of all donations to a charitable cause

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Healing Black birth: Fundraising campaign launches to pair victims of birth trauma with Black mental health therapists

Nationwide (BlackNews.com) - A new national campaign recently launched to raise funds and awareness for the need to provide professional mental health support to the thousands of Black women and birthing people who have experienced obstetric violence and other traumatic experiences during pregnancy and childbirth.

RESTORATION! The Healing Black Birth fund opened with an initial goal to raise \$50,000 to offer therapy by trained perinatal mental health

erage of Black maternal health.

"I started the Birthright podcast to share positive Black birth stories and to spark more joy in the Black birth space. But I realized that we can't have true joy without healing. We can't have restoration without reconciliation and that means acknowledging and supporting those who have already suffered harm within this system and not normalizing their distressing experiences," says Seals Allers, who is also the founder of Irth, a new

some of it being multi-generational," says Nneka Symister, a licensed psychotherapist in New York City, specializing in the parenting spectrum and one of the Heal Black Birth therapists. "We have to stop normalizing it. It needs to be acknowledged, addressed, and healed. It's important for us to show how, and to lead the process," adds Symister, who has been the lead therapist for Birthright.

"Historically, Black women have given more than enough to the ob-

of harassment, disrespectful, neglect, and obstetric violence. Black mothers experience severe maternal morbidity, defined as near deaths during or after



professionals of color to hundreds of Black birthing people.

The campaign is a new initiative of the Birthright podcast, hosted by national maternal and infant health advocate and Black maternal tech founder, Kimberly Seals Allers. Birthright features positive Black birth stories as a direct counter-narrative to the doom and gloom approach in mainstream media cov-

Yelp-like app for Black parents to find and leave reviews of OB/GYNs, birthing hospitals, and pediatricians.

Birthright's inaugural season features eight inspiring Black birth stories and two special "restoration" episodes, where victims of Black birth trauma sit with a therapist for a healing session.

"There is a lot of birth trauma in our community,

stetrics and gynecology field and it is time they get something in return," Seals Allers says. For example, Dr. Marion Sims, who was lauded as the "father" of the OB/GYN field, used enslaved Black women for experimentation, often without anesthesia, using their bodies to build his reputation.

Today, Black women and birthing people are disproportionately victims

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The Chronicle (USPS 067-910) was established by Ernest H. Pitt and Ndubis Egemonye in 1974 and is published every Thursday by Chronicle Media Group, LLC, 1300 E. Fifth St., Winston Salem, N.C. 27101. Periodicals postage paid at Winston-Salem, N.C. Annual subscription price is \$30.72.

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